

CLUB NEWSLETTER – MARCH 2019



RED NOSE DAY



Onesies for Red Noses
4th March - 10th March

Join in by wearing your onesie to training!

Suggested donation £2.00
£1.00 to club and £1.00 to Comic Relief









Wear your onesie next week and help raise money for red nose day and for new equipment for club (suggested donation £2.00).

Please give donations to your coach for the fundraising tin. Thank you!!

Upcoming Dates for the Diary:

- Sun March 3rd** Senior Elite Squad Session 10-1pm
BTC
- Sat March 9th** NDP Compulsory Event 2,
Fleming Park, Eastleigh
- Sun March 31st** Regional NDP Compulsory Final/
Regional Team Finals Qualifier
Fleming Park, Eastleigh
- Sun March 31st** First 100 Competition 2
BTC

COMPETITION CLOSING DATES:

- 1. Reg NDP Compulsory Final – March 31st**
Entries close midnight Sunday 10th March
- 2. First 100 Competition 2 – March 31st**
Entries close midnight Friday 22nd March
- 3. Spring Event Series 1 – April 27th / 28th**
Entries close midnight Saturday 9th March
- 4. English Qualifier 2 – May 11th/12th**
Entries close midnight Saturday 23rd March

[Click link to enter: www.edgbarrow.co.uk/competition/entry/](http://www.edgbarrow.co.uk/competition/entry/)


EASTER HOLIDAY SIGNED TRAINING:

Follow the link below to sign for training. Online signing will close midnight Friday 29th March

[Click link to sign up: www.edgbarrow.co.uk/membership/sign-up/](http://www.edgbarrow.co.uk/membership/sign-up/)



Congratulations

Lucy Barker and **Caitlin Macgregor** who competed in the Ontario Cup in Canada last month. Lucy  won her competition category and both girls had an amazing experience training in Dave Ross's gym and learning from Olympians Jason Burnett and Rosie Maclennan! They also enjoyed once in a life time experiences such as visiting Niagra Falls!

Congratulations

To **Eleni Psyllides**, who recently passed her level 1 coaching exam and has already taken the lead on a community BTC class. Welcome to the team, Eleni !!

ETC Coaches Update

Congratulations to Pernille Dietz and Sophie Brady on your new jobs!

Pernille Dietz sadly had her last coaching session at ETC in the half term holidays. She had a very last minute offer of a job at Tik Tok so made the difficult decision to take her career in England in a new direction. Whilst we will miss her greatly we are pleased that Pernille's huge knowledge of the sport will be utilised in her judging for ETC at as many events as possible. For those who don't know, Pernille was a member of the Danish National team, competing for her country for many years before moving to England. She was Nordic champion alongside many other achievements during her teenage years. Well done on your job offer, P, and good luck on your first day!!



Sophie Brady has also just started a new job. She will be working in Reading as a physiotherapist's assistant whilst continuing to coach and train in the evenings. Unfortunately she is unable to be at ETC in time for her Monday 4pm coaching session but luckily we have Caitlin Tarrant joining our coaching team who has taken on the Monday group. Congratulations to both girls on your new positions!!

Regional NDP Competition 1

Well done to all competitors who attended the first NDP competition of 2019. You had outstanding results with 33 out of 36 competitors gaining qualification scores to proceed to the NDP

Compulsory Final/ RTF qualifier! There is a second chance to qualify for anyone level 1-6 and practise your routines next weekend at the second NDP event. Good luck to those competing in NDP L1-6 and also those competing at Regional Development A level for the 1st time on March 9th.

Medal positions from February 9th are as follows:

- Level 1: 🥇Katie Hammond 🥈Lilly Goswell 🥉Oscar Wicks 🏆Harvey Ryder
Level 2: 🥇Erin Taylor 🥈Leia-Mai Hawthorne 🥉Seth Green
Level 3: 🥇Ben Shearer 🥈Emma Hoyle 🥉Bea O'Brien
Level 4: 🥇George Dollery
Level 6: 🥇Cerys McIntosh 🥈Grace Titheridge

Yours,

The ETC Coaches

