



# Bell Book 2017

All Bell Rings in 2017

| Trampolinist       | Rings | Trampolinist           | Rings | Trampolinist       | Rings | Trampolinist        | Rings |
|--------------------|-------|------------------------|-------|--------------------|-------|---------------------|-------|
| Clarissa Seraphin  | 39    | Lara Carr              | 10    | Polly Westbury     | 3     | Lilly Goswell       | 2     |
| Amelia Shaw        | 33    | Hannah Devlin          | 10    | Nicole Rhind       | 3     | Emily Dymond        | 2     |
| Eleanor Edwards    | 27    | Caitlin Tarrant        | 9     | Sophie Rentell     | 3     | Purdie Clifton      | 1     |
| Caitlin MacGregor  | 25    | Katelyn Dale           | 9     | Emma Hoyle         | 3     | Hannah Edwards      | 1     |
| Olivia Hoskin      | 24    | Paige Corfield         | 9     | Bethany McGowan    | 3     | Toby Oliver         | 1     |
| Sophie Dowrich     | 23    | Rachel Tapster         | 8     | Clara Bally        | 3     | Harry Minter        | 1     |
| Amy Ingle          | 22    | Fran Pool              | 8     | Katy Brewster      | 3     | Ellie Avery         | 1     |
| Tahlia Williams    | 20    | George Dollery         | 8     | Leia-Mai Hawthorne | 3     | Charlie Kirkpatrick | 1     |
| Lucas Dollery      | 20    | Nathalie Prevost-Snell | 8     | Phoebe Elkington   | 3     | Millie Cottrell     | 1     |
| Abby Shearer       | 19    | Megan Glover           | 8     | Melanie Garred     | 3     | Sarah Dearman       | 1     |
| Bailee Gillard     | 16    | Reuben Shaw            | 8     | Lara Groom         | 3     | Katie Holmes        | 1     |
| James Dowrich      | 16    | Sophie Brady           | 8     | Harry Davis        | 3     | Katie Abrahams      | 1     |
| Amelie Cunningham  | 15    | Ben Watts              | 7     | Megan Mansfield    | 3     | Alyssa Abbott       | 1     |
| Leo Kennedy        | 15    | Lucy Titheridge        | 7     | Sam Fearnley       | 3     | Jessica Daniel      | 1     |
| Callum Whitehead   | 15    | Tayla Porter           | 7     | Maisey Wain        | 3     | Stephanie Bezman    | 1     |
| Danielle Dickinson | 15    | Callum Parsley         | 6     | Katie Hammond      | 3     | Milly Fox           | 1     |
| Romy Gillard       | 15    | Bea O'Briyen           | 6     | Jacob Douglas      | 3     | Gemma Lane          | 1     |
| Bozena Jaasi       | 14    | Emma Russell           | 6     | Lottie Morris      | 3     | Emma Terry          | 1     |
| Erin Taylor        | 13    | Freddie Foster         | 6     | Frankie Dayani     | 3     | Milly Delnevo       | 1     |
| Phoenix Jeffries   | 13    | Teddy Woodbridge       | 6     | Imojen Brown       | 3     | Seth Green          | 1     |
| Enya Hawthorne     | 13    | Georgie Hughes         | 6     | Sophie Rance       | 2     | Ray Barry           | 1     |
| Douglas Bibby      | 13    | Florence Haigh         | 5     | Kai Juttla         | 2     | Cerys Underdown     | 1     |
| Asha Chaudhry      | 12    | Harry Mauger           | 5     | Tom Henderson      | 2     | Alessandra          | 1     |
| Natasha Tapster    | 12    | Frank Smith            | 5     | Lily Pickering     | 2     | Sinead Patrick      | 1     |
| Ben Shearer        | 12    | Sienna Gumbs           | 5     | Oscar Wicks        | 2     | Briony              | 1     |
| Lucy Barker        | 11    | Scarlett Macdonald     | 4     | Celia Rice         | 2     | Amy Ness            | 1     |
| Jamie Hudson       | 11    | Mitya Lark             | 4     | Penelope Bowker    | 2     |                     |       |
| Grace Titheridge   | 11    | Mia-Rose Hawthorne     | 4     | Maddie Smith       | 2     |                     |       |
| Charlotte Brooks   | 10    | Nicolas Bowker         | 4     | Sara Kydd          | 2     |                     |       |
| Leah Knapp         | 10    | Izzy Cunningham        | 4     | Oliver Robinson    | 2     |                     |       |



# Individual Bell Rings of 2017

| Person               | Date   | Skill                         |
|----------------------|--------|-------------------------------|
| <b>Abby Shearer</b>  | Jan 17 | 13/14 WAG Set                 |
|                      | Jan 17 | 3/4 BSS Cruise                |
|                      | Jan 17 | Bar (S) DBSS (T)              |
|                      | Feb 17 | BSS (T), Rudi, Bar (T)        |
|                      | Feb 17 | BSS (S), Bar (S), DBSS (T)    |
|                      | Feb 17 | Half to 3/4 FSS (T) to Seat   |
|                      | Feb 17 | 1/2 to FSS                    |
|                      | Mar 17 | NDP 8 Set                     |
|                      | Mar 17 | BSS (S), Bar (S), DBSS (T)    |
|                      | Apr 17 | NDP8 Vol                      |
|                      | Apr 17 | Full, Rudi                    |
|                      | May 17 | 1/2 to FSS to Front           |
|                      | Jun 17 | Full, Rudi, BSS (P)           |
|                      | Jun 17 | 3/4 BSS, Cody (P)             |
|                      | Jun 17 | Half out (T)                  |
|                      | Jun 17 | Rudi Ball out (S)             |
|                      | Oct 17 | HO, BSS                       |
|                      | Nov 17 | 2 Double Vol                  |
|                      | Dec 17 | HO (P)                        |
| <b>Alessandra</b>    | Nov 17 | 3/4 BSS (P)                   |
| <b>Alyssa Abbott</b> | Jun 17 | BSS (P)                       |
| <b>Amelia Shaw</b>   | Jan 17 | Half to 3/4 FSS               |
|                      | Jan 17 | Bar (S) DBSS (T)              |
|                      | Jan 17 | BSS (S) Bar (S) DBSS (T)      |
|                      | Jan 17 | 1 3/4 FSS BoB                 |
|                      | Feb 17 | 6.1 Vol                       |
|                      | Feb 17 | Rudi                          |
|                      | Feb 17 | Half to 3/4 FSS, BoB, BSS (T) |
|                      | Feb 17 | BSS (P), Rudi                 |
|                      | Feb 17 | BSS (P), Rudi, Straddle       |

| Person                     | Date   | Skill   |
|----------------------------|--------|---|
| <b>Amelia Shaw (cont.)</b> | Mar 17 | Half out (T)  |
|                            | Apr 17 | BSS (T), 1 3/4 FSS (T)                                      |
|                            | Apr 17 | BSS (T), 1 3/4 FSS (P)                                      |
|                            | Apr 17 | NDP 8 Vol   |
|                            | Apr 17 | BSS (P), Bar (P), Full (S), BSS (T), 1 3/4 FSS (T), BoB (T) |
|                            | Apr 17 | New Vol (DBSS (T)) 6.7 Tariff                               |
|                            | May 17 | BSS (S), Bar (S), Full, Rudi                                |
|                            | May 17 | BSS (S), Bar (S), Full, Rudi, Straddle on Bed               |
|                            | May 17 | Half out (T) on the bed                                     |
|                            | May 17 | Half out (T) Vol  |
|                            | Jun 17 | 3/4 BSS, Cody (P)   |
|                            | Jun 17 | 3/4 BSS, Cody (S)   |
|                            | Jun 17 | BSS (S), Bar (S), Full, Rudi, BSS (P)                       |
|                            | Jul 17 | BSS (S), DBSS (T)   |
|                            | Aug 17 | 2 double vol with Full, Rudi                                |
|                            | Aug 17 | Half out (P)  |
|                            | Aug 17 | Full Twisting Cody  |
|                            | Oct 17 | BSS (S), HO (T)   |
|                            | Oct 17 | HO (P)  |
|                            | Oct 17 | HO (P)  |
|                            | Oct 17 | BSS (S), HO (T), BSS (P)                                    |
|                            | Oct 17 | HO (P), BSS (S)   |
|                            | Nov 17 | New 7.1 Vol   |
|                            | Dec 17 | Double Full   |
| <b>Amelie Cunningham</b>   | Jan 17 | BSS (P) Barani (P)  |
|                            | Apr 17 | 3/4 FSS, BoB  |
|                            | May 17 | BSS (T), Full twisting front                                |
|                            | May 17 | Full (T)  |
|                            | Jul 17 | Bar (S), BSS (S)  |
|                            | Jul 17 | Bar (P), BSS (S)  |
|                            | Jul 17 | 3/4 FSS (S), Bounce Roll                                    |
|                            | Sep 17 | 3/4 front, BoB  |
|                            | Sep 17 | League 3 Routine with BoB                                   |

| Person                           | Date   | Skill                                   |
|----------------------------------|--------|---|
| <b>Amelie Cunningham (cont.)</b> | Oct 17 | 1&3                                     |
|                                  | Oct 17 | 1&3, Bounce Roll                        |
|                                  | Nov 17 | Rudi (S)                                |
|                                  | Nov 17 | New Vol 4.5                             |
|                                  | Nov 17 | 3/4 BSS (S), Cody (T)                   |
|                                  | Dec 17 | 1&3, BoB (T)                            |
| <b>Amy Ingle</b>                 | Jan 17 | E Routine                               |
|                                  | Feb 17 | FSS (T) to Front                        |
|                                  | Feb 17 | FSS (P) to Front                        |
|                                  | Feb 17 | BSS (P), Bar (P), BSS (T), Bar (T)      |
|                                  | Mar 17 | BSS (S), Bar (S), Bar (T)               |
|                                  | Mar 17 | BSS (S), Bar (T), Bar (P)               |
|                                  | Mar 17 | Vol first 6 somersaults                 |
|                                  | Mar 17 | 3/4 FSS, BoB (T), FSS (P)               |
|                                  | Mar 17 | BSS (T), 3/4 FSS, BoB (T)               |
|                                  | Mar 17 | 3/4 FSS, BoB, FSS (P), FSS (T)          |
|                                  | Mar 17 | BSS (T), 3/4 FSS, Bob, FSS (P), FSS (T) |
|                                  | Mar 17 | NDP 8 Vol                               |
|                                  | May 17 | BSS 1/2 Twist                           |
|                                  | Jun 17 | 3/4 FSS, BoB (P)                        |
|                                  | Jul 17 | 3/4 Back, Cody (T)                      |
|                                  | Jul 17 | WAG Set (11-12)                         |
|                                  | Oct 17 | 1&3, Bounce Roll                        |
|                                  | Oct 17 | 1&3 (P)                                 |
|                                  | Oct 17 | 1&3 (P), Bounce Roll                    |
|                                  | Oct 17 | 1&3 (T), BoB (T)                        |
|                                  | Oct 17 | 1&3 (T), BoB (P)                        |
|                                  | Nov 17 | 1&3 FSS Routine                         |
| <b>Amy Ness</b>                  | Dec 17 | BSS (T), 3/4 FSS, BoB                   |
| <b>Asha Chaudhry</b>             | Jan 17 | HO (T) DBSS (P)                         |
|                                  | Feb 17 | HO (T), Half to 1&3/4 FSS (P)           |
|                                  | Mar 17 | Barani in Back (T)                      |
|                                  | Jun 17 | Rudi Out (P), Straddle                  |

| Person                       | Date   | Skill                               |
|------------------------------|--------|-------------------------------------|
| <b>Asha Chaudhry (cont.)</b> | Jun 17 | 1/2 in 1/2 (P)                      |
|                              | Jun 17 | Barani in Back (P)                  |
|                              | Jul 17 | Barani in Back (T), BSS (S)         |
|                              | Jul 17 | Rudi Out (P), BSS (S)               |
|                              | Jul 17 | Rudi Out (P), BSS (S), Half Out (P) |
|                              | Sep 17 | Ladies Set                          |
|                              | Sep 17 | Moves 2-10 of Vol                   |
|                              | Oct 17 | New Rudi Out (P) Vol                |
| <b>Bailee Gillard</b>        | Jan 17 | FSS to front (P)                    |
|                              | Feb 17 | 3/4 BSS, Cody                       |
|                              | Apr 17 | Full Twisting 3/4 Back              |
|                              | Jun 17 | 1/2 to 3/4 front                    |
|                              | Sep 17 | 1/2 to 3/4 FSS                      |
|                              | Sep 17 | Rudi                                |
|                              | Oct 17 | BSS (T), Rudi (T)                   |
|                              | Oct 17 | Full (T)                            |
|                              | Oct 17 | Full (T)                            |
|                              | Dec 17 | 3/4 BSS, Cody (P)                   |
|                              | Dec 17 | BSS (S), Bar (S), Full              |
|                              | Dec 17 | BSS (S), Bar (S), BSS (T), Rudi     |
|                              | Dec 17 | 3/4 BSS (T), Cody (P)               |
|                              | Dec 17 | 3/4 BSS (T), Cody (T)               |
|                              | Dec 17 | 3/4 BSS (P), Cody (P)               |
|                              | Dec 17 | BSS (S), Bar (S), Full              |
| <b>Bea O'Briyen</b>          | Feb 17 | Hand and Knees Turnover             |
|                              | Apr 17 | Turnover                            |
|                              | May 17 | Turnover                            |
|                              | Sep 17 | FSS                                 |
|                              | Oct 17 | Arm Set, FSS (P)                    |
|                              | Dec 17 | BSS (T)                             |
| <b>Ben Shearer</b>           | Jan 17 | Bar (T)                             |
|                              | Apr 17 | BSS (T)                             |
|                              | Apr 17 | Bar (P)                             |

| Person                     | Date   | Skill   |
|----------------------------|--------|---|
| <b>Ben Shearer (cont.)</b> | Jun 17 | BSS (P)   |
|                            | Jul 17 | Bar (T), Straddle                                     |
|                            | Jul 17 | BSS (T), Bar (T)                                      |
|                            | Sep 17 | F Routine   |
|                            | Sep 17 | BSS (T) To Seat                                       |
|                            | Dec 17 | BSS (T), Bar (P)                                      |
|                            | Dec 17 | 3/4 FSS, Bounce Roll                                  |
|                            | Dec 17 | Bar (P), BSS (T)                                      |
|                            | Dec 17 | 3/4 BSS (T)   |
| <b>Ben Watts</b>           | Jan 17 | Triff (P) Half in Half (T) Triff (T) Half in Half (P) |
|                            | Feb 17 | 14.4 Vol  |
|                            | Jun 17 | Full in Rudi  |
|                            | Jun 17 | Rudi out (P), 1/2 in rudi out (T), rudi out (T)       |
|                            | Jul 17 | Half Out (T), Half in Rudi Out (P)                    |
|                            | Sep 17 | 3/4 BSS, 1/2 in 1/2 Cody (T)                          |
|                            | Dec 17 | 1/2 in Triff (P)                                      |
| <b>Bethany McGowan</b>     | Apr 17 | Turnover to Back, to Feet                             |
|                            | Jul 17 | FSS to feet on mat                                    |
|                            | Sep 17 | FSS   |
| <b>Bozena Jaasi</b>        | Apr 17 | BSS (P)   |
|                            | Apr 17 | Straight Barani                                       |
|                            | May 17 | BSS (P), Bar (P)                                      |
|                            | Jun 17 | 3/4 BSS to H&K  |
|                            | Jun 17 | 3/4 BSS (S) (on Bed)                                  |
|                            | Jun 17 | BSS (S), Bar (S)                                      |
|                            | Jun 17 | 3/4 front, BoB  |
|                            | Jul 17 | FSS to Front  |
|                            | Aug 17 | D Routine   |
|                            | Oct 17 | BSS (T), 3/4 FSS                                      |
|                            | Oct 17 | Bar (T), BSS (T), 3/4 FSS                             |
|                            | Oct 17 | BSS (T), 3/4 FSS, BoB                                 |
|                            | Oct 17 | New Routine   |

| Person                   | Date   | Skill   |
|--------------------------|--------|---|
| <b>Briony</b>            | Nov 17 | BSS (T)   |
| <b>Caitlin MacGregor</b> | Jan 17 | HO (T) BSS (S) DBSS (T)   |
|                          | Jan 17 | HO (P) BSS (S) DBSS (T)   |
|                          | Jan 17 | HO (T) DBSS (T)   |
|                          | Jan 17 | HO (P) DBSS (T)   |
|                          | Jan 17 | HO (T) BSS (S) x5   |
|                          | Jan 17 | HO (P) DBSS (T) Straight Jump                                       |
|                          | Jan 17 | BSS (S) Bar (S) Full Rudi Bar (T)                                   |
|                          | Jan 17 | BSS (S) DBSS (T) Bar (S)  |
|                          | Jan 17 | BSS (S) DBSS (P)  |
|                          | Jan 17 | HO (P) DBSS (T) 3/4 FSS   |
|                          | Feb 17 | HO (P), DBSS (T), 1&3 (T)   |
|                          | Feb 17 | HO (P), DBSS (T), HO (T)  |
|                          | Feb 17 | HO (P), DBSS (P)  |
|                          | Feb 17 | Bar (T) to Front  |
|                          | Feb 17 | HO (P), DBSS (T), HO (T), BSS (S), Bar (S), Full, Bar (T), DBSS (P) |
|                          | Feb 17 | 3 Doubles in 10 Move Routine  |
|                          | Feb 17 | 4 Double Vol  |
|                          | Apr 17 | Elite Set   |
|                          | May 17 | Fib B / League 1 Set  |
|                          | May 17 | League 1 Col  |
|                          | Jun 17 | A stage of building full in 1/2                                     |
|                          | Sep 17 | Texas Trial Set   |
|                          | Oct 17 | Gainer  |
|                          | Oct 17 | BSS (T), Back Landing, BoB (T)                                      |
|                          | Nov 17 | Straddle, BSS, Bar, DBSS x3   |
| <b>Caitlin Tarrant</b>   | Jan 17 | Vol First 4   |
|                          | Feb 17 | 5 Double Start  |
|                          | Feb 17 | 10.1 Vol  |
|                          | Feb 17 | 10.2 Vol  |
|                          | Mar 17 | Full in Half (T)  |
|                          | Jun 17 | Last 6 of ladies Set  |
|                          | Oct 17 | Bar (S), DBSS (T), HO (T), 1/2 in 1/2 (T), BSS (S)                  |

| Person                         | Date   | Skill                                |
|--------------------------------|--------|--------------------------------------|
| <b>Caitlin Tarrant (cont.)</b> | Oct 17 | Full in Half (T), DBSS (T)           |
|                                | Nov 17 | 11 Tariff Vol                        |
| <b>Callum Parsley</b>          | Feb 17 | Full                                 |
|                                | Mar 17 | Rudi                                 |
|                                | Apr 17 | 4.5 Vol                              |
|                                | Jul 17 | 5.1 Vol                              |
|                                | Jul 17 | 5.2 Vol                              |
|                                | Nov 17 | 1/2 FSS, Bar (P)                     |
| <b>Callum Whitehead</b>        | Jan 17 | BSS To Seat                          |
|                                | Jan 17 | E Routine                            |
|                                | Jan 17 | 3/4 BSS (S) (on Bed)                 |
|                                | Feb 17 | Bar (T), BSS (T)                     |
|                                | Feb 17 | Bar (P), BSS (T)                     |
|                                | Feb 17 | English Championships Set            |
|                                | Apr 17 | 3/4 FSS, Ballout Barani              |
|                                | Jun 17 | Last 4 of league 3 routine           |
|                                | Jul 17 | League 3 Routine                     |
|                                | Aug 17 | H&K FSS to Front                     |
|                                | Aug 17 | FSS to Front                         |
|                                | Aug 17 | FSS (P) to Front                     |
|                                | Sep 17 | English Synchro Set                  |
|                                | Oct 17 | BSS (T), 3/4 FSS                     |
|                                | Nov 17 | Tuck, Bar (T), BSS (T), 3/4 FSS, BoB |
| <b>Celia Rice</b>              | Mar 17 | BSS (T), Bar (T)                     |
|                                | Dec 17 | BSS (T) To Seat                      |
| <b>Cerys Underdown</b>         | Oct 17 | BSS (T)                              |
| <b>Charlie Kirkpatrick</b>     | Mar 17 | 3 Double Vol                         |
| <b>Charlotte Brooks</b>        | Jan 17 | Rudi                                 |
|                                | Jan 17 | Full                                 |
|                                | Feb 17 | BSS (T), Rudi                        |
|                                | Feb 17 | BSS (S), Bar (S), Full, Bar (T)      |
|                                | Feb 17 | NDP 6 Routine                        |
|                                | Feb 17 | 1 3/4 FSS (T), BoB (T)               |



| Person                          | Date   | Skill  |
|---------------------------------|--------|--|
| <b>Charlotte Brooks (cont.)</b> | Mar 17 | 1 3/4 FSS (P)  |
|                                 | Mar 17 | 5.7 vol  |
|                                 | Apr 17 | BSS (T), 1 3/4 FSS (T)                               |
|                                 | Dec 17 | Club Champs Vol (6.4)                                |
| <b>Clara Bally</b>              | Apr 17 | Regional G Routine                                   |
|                                 | Aug 17 | Bar (P)  |
|                                 | Oct 17 | New Routine  |
| <b>Clarissa Seraphin</b>        | Jan 17 | BSS (T) FSS (T)                                      |
|                                 | Jan 17 | BSS (T) Bar (T)                                      |
|                                 | Jan 17 | Bar (P)  |
|                                 | Feb 17 | BSS (T), Bar (T)                                     |
|                                 | Feb 17 | BSS (S), Bar (T)                                     |
|                                 | Feb 17 | 3/4 FSS  |
|                                 | Feb 17 | BSS (T) To Seat                                      |
|                                 | Feb 17 | Bar (T), BSS (T)                                     |
|                                 | Mar 17 | F Routine  |
|                                 | Mar 17 | BSS (S), Bar (T)                                     |
|                                 | Mar 17 | 3/4 BSS  |
|                                 | Mar 17 | BSS (S), Bar (T), BSS (T)                            |
|                                 | Mar 17 | 3/4 FSS, to feet                                     |
|                                 | Mar 17 | 3/4 FSS, Bounce Roll                                 |
|                                 | Apr 17 | BSS (S), Bar (S)                                     |
|                                 | Apr 17 | 3/4 FSS, Ballout                                     |
|                                 | May 17 | BSS with half twist                                  |
|                                 | Jun 17 | BSS (P), Bar (P), BSS (T), Bar (T)                   |
|                                 | Jun 17 | BSS (S), Bar (S), BSS (T), Bar (T)                   |
|                                 | Jun 17 | BSS (S), Bar (S), BSS (T), Bar (T), BSS (P)          |
|                                 | Jun 17 | BSS (T), 3/4 FSS                                     |
|                                 | Jun 17 | BSS (S), Bar (S), BSS (T), Bar (T), BSS (P), Bar (P) |
|                                 | Jun 17 | BSS (S), Bar (S) x6                                  |
|                                 | Jun 17 | 3/4 BSS, To Back, Back Pullover                      |
|                                 | Jun 17 | 1/2 twisting BSS                                     |
|                                 | Jul 17 | Barani   |

| Person                           | Date   | Skill                            |
|----------------------------------|--------|----------------------------------|
| <b>Clarissa Seraphin (cont.)</b> | Jul 17 | 3/4 Back, Cody                   |
|                                  | Jul 17 | FSS to Front                     |
|                                  | Sep 17 | 3/4 front, BoB                   |
|                                  | Sep 17 | League 3 Routine with BoB        |
|                                  | Sep 17 | 3/4 BSS, Cody, Straddle, BSS (P) |
|                                  | Sep 17 | BSS to back                      |
|                                  | Sep 17 | BoB to Front                     |
|                                  | Nov 17 | Full                             |
|                                  | Nov 17 | BSS (S), Full                    |
|                                  | Dec 17 | Bar (T), Full, Straddle          |
|                                  | Dec 17 | BSS (T), Bar (T), Full           |
|                                  | Dec 17 | BSS (S), Bar (S), Full           |
|                                  | Dec 17 | BSS (T), 3/4 FSS, BoB            |
| <b>Danielle Dickinson</b>        | Jan 17 | FSS (P)                          |
|                                  | Jan 17 | G Routine                        |
|                                  | Feb 17 | BSS (T)                          |
|                                  | Feb 17 | FSS Drill                        |
|                                  | Feb 17 | FSS (P) Drill                    |
|                                  | Feb 17 | Bar (T)                          |
|                                  | Mar 17 | BSS (T), Straddle, Tuck, FSS (T) |
|                                  | Apr 17 | BSS (P)                          |
|                                  | Apr 17 | Bar (T)                          |
|                                  | May 17 | BSS (P)                          |
|                                  | Jun 17 | BSS (T), Bar (T)                 |
|                                  | Jul 17 | Bar (T), FSS (T)                 |
|                                  | Oct 17 | BSS to Seat                      |
|                                  | Oct 17 | BSS (T) to Seat, 1/2 to Feet     |
|                                  | Oct 17 | BSS (P)                          |
| <b>Douglas Bibby</b>             | Feb 17 | BSS (P)                          |
|                                  | Feb 17 | F Routine                        |
|                                  | May 17 | BSS (T), Bar (T)                 |
|                                  | May 17 | Bar (S) Full                     |
|                                  | Jul 17 | BSS (P), Straddle, BSS (T)       |

| Person                       | Date   | Skill                                    |
|------------------------------|--------|--|
| <b>Douglas Bibby (cont.)</b> | Jul 17 | BSS (S)                                  |
|                              | Sep 17 | BSS (P), Straddle                        |
|                              | Sep 17 | BSS (P), Bar (T)                         |
|                              | Oct 17 | BSS (P), Bar (P)                         |
|                              | Dec 17 | Bounce Roll                              |
|                              | Dec 17 | Ballout (T)                              |
|                              | Dec 17 | BSS (P), Bar (T)                         |
|                              | Dec 17 | BSS (P), Bar (P)                         |
| <b>Eleanor Edwards</b>       | Jan 17 | Ballout Barani                           |
|                              | Jan 17 | NDP 5 Set 1                              |
|                              | Jan 17 | End of NDP 5 Routine                     |
|                              | Jan 17 | NDP 5 Routine                            |
|                              | Feb 17 | Bar (S) to Front                         |
|                              | Mar 17 | BSS (S), Bar (S), Bar (T)                |
|                              | Mar 17 | NDP 8 vol 5.5                            |
|                              | Apr 17 | Full                                     |
|                              | Jun 17 | 1/2 to 3/4 front                         |
|                              | Jun 17 | BSS (S) to back                          |
|                              | Jul 17 | 3/4 Back                                 |
|                              | Jul 17 | 3/4 Back (P)                             |
|                              | Jul 17 | 1 and 3                                  |
|                              | Jul 17 | Cody (P)                                 |
|                              | Jul 17 | Ball Out Barani (P)                      |
|                              | Jul 17 | Rudi                                     |
|                              | Jul 17 | BSS (S), Full                            |
|                              | Jul 17 | Bar (P), BSS (P), Bar (S), BSS (S), Full |
|                              | Jul 17 | NDP 8 11-12 Set 1                        |
|                              | Sep 17 | Bar (T), 3/4 FSS, BoB (T), BSS (T)       |
|                              | Sep 17 | Bar (S), Full                            |
|                              | Sep 17 | BSS (S), Bar (S), Full                   |
|                              | Sep 17 | Half in BoB                              |
|                              | Sep 17 | 1&3, BoB                                 |
|                              | Nov 17 | BSS (S), Bar (S), Full (S)               |

| Person                         | Date   | Skill   |
|--------------------------------|--------|---|
| <b>Eleanor Edwards (cont.)</b> | Nov 17 | BSS (S), Bar (S), Full (S), Bar (T)                           |
|                                | Dec 17 | New Vol (6.3)   |
| <b>Ellie Avery</b>             | Feb 17 | 7.8 Vol   |
| <b>Emily Dymond</b>            | Oct 17 | FSS   |
|                                | Nov 17 | Routine with Somersault                                       |
| <b>Emma Hoyle</b>              | Mar 17 | FSS (T)   |
|                                | Apr 17 | FSS (P)   |
|                                | Dec 17 | Bar (T)   |
| <b>Emma Russell</b>            | Feb 17 | BSS (P), Bar (P), BSS (S), Bar (S), BSS (T), Bar (T), FSS (P) |
|                                | Mar 17 | New Vol 5.6   |
|                                | Apr 17 | BSS (T), 1 3/4 FSS (T)  |
|                                | Jul 17 | 3/4 FSS (T), BOB (T), FSS (P)                                 |
|                                | Sep 17 | 1&3 (P), BoB (T)  |
|                                | Nov 17 | New Vol 6.0   |
| <b>Emma Terry</b>              | Sep 17 | BSS (T) to Seat   |
| <b>Enya Hawthorne</b>          | Jan 17 | 1 & 3/4 (P)   |
|                                | Jan 17 | Rudi  |
|                                | Feb 17 | WAGC 11-12  |
|                                | May 17 | 3/4 FSS (T), BOB (T)  |
|                                | May 17 | 3/4 FSS (P), BOB (T)  |
|                                | Jun 17 | Full  |
|                                | Aug 17 | New Vol (9 somersaults)                                       |
|                                | Nov 17 | 3/4 FSS, BoB (T)  |
|                                | Nov 17 | 3/4 FSS, BoB (P)  |
|                                | Nov 17 | BSS (T), Rudi   |
|                                | Nov 17 | BSS (S), Rudi   |
|                                | Dec 17 | New Routine with Rudi   |
|                                | Dec 17 | BSS (T), Rudi, Bar (T)  |
| <b>Erin Taylor</b>             | Jan 17 | Armset FSS (T)  |
|                                | Feb 17 | Tuck Jump, Half Twist, FSS (T)                                |
|                                | Feb 17 | G Routine   |
|                                | Feb 17 | Tuck, Half Twist, FSS (P)                                     |
|                                | May 17 | FSS (P), Tuck Jump  |

| Person                     | Date   | Skill                                  |
|----------------------------|--------|--|
| <b>Erin Taylor (cont.)</b> | Jul 17 | Arm Set, FSS x2                        |
|                            | Jul 17 | Armset, FSS (P), Armset, FSS (T)       |
|                            | Aug 17 | G Routine with FSS (P)                 |
|                            | Aug 17 | Bar (T)                                |
|                            | Sep 17 | Bar (T)                                |
|                            | Nov 17 | BSS (T)                                |
|                            | Dec 17 | A/S BSS (T)                            |
|                            | Dec 17 | NDP 1 Routine                          |
| <b>Florence Haigh</b>      | Jan 17 | G Routine                              |
|                            | Jun 17 | FSS (P)                                |
|                            | Jun 17 | BSS (P)                                |
|                            | Jul 17 | Full twist to seat, Full twist to feet |
|                            | Oct 17 | BSS (T) to Seat                        |
| <b>Fran Pool</b>           | Jan 17 | BSS (T) BSS (P)                        |
|                            | Jan 17 | BSS (T) BSS (S)                        |
|                            | Feb 17 | BSS (P), DBSS (P)                      |
|                            | Mar 17 | Bar (P), BSS (P)                       |
|                            | Apr 17 | BSS (P), Bar (P), BSS (P)              |
|                            | Jun 17 | Bar (S), BSS (S)                       |
|                            | Oct 17 | BSS (T), Bar (T), BSS (T), Bar (T)     |
|                            | Oct 17 | BSS (S), Bar (S), BSS (S)              |
| <b>Frank Smith</b>         | May 17 | BSS with half twist                    |
|                            | Jun 17 | 3/4 BSS, Cody on bed                   |
|                            | Jul 17 | 3/4 BSS, Cody                          |
|                            | Nov 17 | 3/4 BSS, Cody to Front                 |
|                            | Dec 17 | Rudi                                   |
| <b>Frankie Dayani</b>      | Nov 17 | FSS (T)                                |
|                            | Nov 17 | Tuck, FSS (T)                          |
|                            | Dec 17 | NDP 1 Routine 1                        |
| <b>Freddie Foster</b>      | Jun 17 | Half out (P)                           |
|                            | Jul 17 | BSS (S), Half Out (T)                  |
|                            | Jul 17 | Half Out (T), BSS (S), Half Out (T)    |
|                            | Jul 17 | Half Out (P), BSS (S), Half Out (T)    |

| Person                        | Date                  | Skill   |                                 |
|-------------------------------|-----------------------|---|---------------------------------|
| <b>Freddie Foster (cont.)</b> | Jul 17                | 7.8 Routine                                       |                                 |
|                               | Oct 17                | HO (T), DBSS (T)                                  |                                 |
| <b>Gemma Lane</b>             | Aug 17                | Routine   |                                 |
| <b>George Dollery</b>         | Feb 17                | BSS (T) To Seat                                   |                                 |
|                               | Mar 17                | BSS (S), Bar (T)                                  |                                 |
|                               | Jul 17                | BSS (P)   |                                 |
|                               | Jul 17                | 3/4 Back (T)                                      |                                 |
|                               | Jul 17                | Ballout   |                                 |
|                               | Sep 17                | 1/2 twisting BSS                                  |                                 |
|                               | Sep 17                | Full  |                                 |
|                               | Sep 17                | Ballout Barani                                    |                                 |
|                               | <b>Georgie Hughes</b> | Jul 17  | DBSS on bed                     |
|                               |                       | Sep 17  | 1 1/2 twisting 3/4 back to seat |
| Nov 17                        |                       | A/S, DBSS (T)                                     |                                 |
| Nov 17                        |                       | New Vol (7.5)                                     |                                 |
| Nov 17                        |                       | Baby Fliff  |                                 |
| Nov 17                        |                       | Double Back Drill (all shapes)                    |                                 |
| <b>Grace Titheridge</b>       | Feb 17                | BSS (T), Rudi                                     |                                 |
|                               | Feb 17                | NDP 8 Routine                                     |                                 |
|                               | Apr 17                | BSS (S), Bar (S), Full, Rudi                      |                                 |
|                               | May 17                | League 2 Vol                                      |                                 |
|                               | Aug 17                | 3/4 Front, Double Bounce Roll                     |                                 |
|                               | Sep 17                | 1&3 (P), Double Bounce Roll                       |                                 |
|                               | Sep 17                | 15-16 NDP 8 Set                                   |                                 |
|                               | Sep 17                | New Vol (7.0) with DBSS                           |                                 |
|                               | Sep 17                | BSS (T), 1&3 (P), Double Bounce Roll (T), BoB (T) |                                 |
|                               | Nov 17                | BSS (T), Rudi (S) x6                              |                                 |
|                               | Dec 17                | Ballout Rudi                                      |                                 |
| <b>Hannah Devlin</b>          | Jun 17                | Cody (T)  |                                 |
|                               | Jun 17                | 3/4 BSS, Cody                                     |                                 |
|                               | Aug 17                | BSS (T), 3/4 Front                                |                                 |
|                               | Aug 17                | BSS (S), Bar (S), BSS (S), Bar (S)                |                                 |
|                               | Aug 17                | BSS (S), Bar (S), BSS (P), Bar (P)                |                                 |

| Person                       | Date   | Skill  |
|------------------------------|--------|--|
| <b>Hannah Devlin (cont.)</b> | Sep 17 | D Routine with Ballout                         |
|                              | Sep 17 | 8 Somersault Routine                           |
|                              | Oct 17 | BSS (T), 3/4 FSS, BoB                          |
|                              | Dec 17 | 3/4 BSS (T)                                    |
|                              | Dec 17 | 3/4 BSS (P)                                    |
| <b>Hannah Edwards</b>        | Jan 17 | Ball Out                                       |
| <b>Harry Davis</b>           | Aug 17 | Bar (P)  |
|                              | Oct 17 | BSS (T), Bar (T)                               |
|                              | Dec 17 | Bar (T), BSS (T)                               |
| <b>Harry Mauger</b>          | May 17 | FSS  |
|                              | May 17 | FSS (P)  |
|                              | May 17 | FSS Linked                                     |
|                              | Jul 17 | FSS (T)  |
|                              | Jul 17 | Back Pullover to Back                          |
| <b>Harry Minter</b>          | Jan 17 | HO (P) BSS (S) HO (P) DBSS (T) HO (T) DBSS (P) |
| <b>Imogen Brown</b>          | Mar 17 | BSS (S)  |
| <b>Imojen Brown</b>          | May 17 | BSS to Seat                                    |
|                              | Jun 17 | FSS (T), FSS (P)                               |
| <b>Izzy Cunningham</b>       | Apr 17 | BSS (T)  |
|                              | Jun 17 | BSS (P)  |
|                              | Aug 17 | F Routine                                      |
|                              | Oct 17 | BSS (T) to Seat                                |
| <b>Jacob Douglas</b>         | Oct 17 | BSS (T)  |
|                              | Oct 17 | Full (T)                                       |
|                              | Nov 17 | BSS (P)  |
| <b>James Dowrich</b>         | Jan 17 | 1 3/4 FSS (T)                                  |
|                              | Apr 17 | Rudi   |
|                              | May 17 | Cody (S)                                       |
|                              | Jun 17 | 1 3/4 (T)                                      |
|                              | Jun 17 | Half out (T), half in rudi (P)                 |
|                              | Jul 17 | New vol with 1 and 3                           |
|                              | Aug 17 | DBSS (T), Bar (T)                              |
|                              | Sep 17 | 3/4 BSS, Cruise to feet (P)                    |

| Person                       | Date                  | Skill                         |
|------------------------------|-----------------------|-------------------------------|
| <b>James Dowrich (cont.)</b> | Sep 17                | New Vol                       |
|                              | Oct 17                | New Vol with Half Out         |
|                              | Oct 17                | New Vol with Half Out and 1&3 |
|                              | Oct 17                | HO (T), BSS (S), HO (T)       |
|                              | Oct 17                | HO (P)                        |
|                              | Nov 17                | Half Out Drill                |
|                              | Nov 17                | Halfout, BSS (S) x5           |
|                              | Dec 17                | 1/2 in FSS (P)                |
| <b>Jamie Hudson</b>          | Jan 17                | NDP7 2nd Routine              |
|                              | Feb 17                | HO (T), BSS (S)               |
|                              | Jun 17                | Half out (P)                  |
|                              | Jun 17                | BSS (T), DBSS                 |
|                              | Jun 17                | BSS (S), Half out             |
|                              | Jun 17                | Half out, BSS (S), Half out   |
|                              | Jun 17                | Ballout to front              |
|                              | Oct 17                | BSS (S), DBSS                 |
|                              | Oct 17                | HO (P), BSS (S), HO (T)       |
|                              | Oct 17                | New Vol                       |
|                              | Oct 17                | HO, DBSS                      |
|                              | <b>Jessica Daniel</b> | Jul 17                        |
| <b>Kai Juttla</b>            | Jan 17                | Ballout Barani                |
|                              | Oct 17                | DBSS (P)                      |
| <b>Katelyn Dale</b>          | Feb 17                | BSS (S), Bar (S), Full        |
|                              | Jul 17                | BSS (P), Rudi (S)             |
|                              | Aug 17                | New Vol (6.0)                 |
|                              | Oct 17                | 3/4 BSS, Cruise               |
|                              | Dec 17                | 1/2 to FSS (P & T)            |
|                              | Dec 17                | 3/4 BSS (T)                   |
|                              | Dec 17                | 3/4 BSS (P)                   |
|                              | Dec 17                | Full Twisting Back Pullover   |
|                              | Dec 17                | 1/2 to 3/4 FSS, BoB (P)       |
| <b>Katie Abrahams</b>        | May 17                | Full twisting cody            |
| <b>Katie Hammond</b>         | Sep 17                | FSS (T)                       |



| Person                       | Date              | Skill                             |                       |
|------------------------------|-------------------|-----------------------------------|-----------------------|
| <b>Katie Hammond (cont.)</b> | Sep 17            | FSS (P)                           |                       |
|                              | Nov 17            | NDP 1 Routine 1                   |                       |
| <b>Katie Holmes</b>          | May 17            | BSS (T), Bar (T) x8               |                       |
| <b>Katy Brewster</b>         | May 17            | BSS (T), BSS (T)                  |                       |
|                              | May 17            | BSS to Seat                       |                       |
|                              | Sep 17            | BSS, BSS to Seat                  |                       |
| <b>Lara Carr</b>             | Jan 17            | 1 3/4 FSS (P)                     |                       |
|                              | Jun 17            | 3/4 BSS, Cody (P)                 |                       |
|                              | Jul 17            | 3/4 BSS, Cody (T)                 |                       |
|                              | Aug 17            | New vol with 1&3 and Rudi         |                       |
|                              | Sep 17            | BSS (T), Rudi, Bar (T)            |                       |
|                              | Sep 17            | BSS (T), Rudi, Bar (P)            |                       |
|                              | Sep 17            | New Sequence with Rudi            |                       |
|                              | Sep 17            | League 3 Vol (6.4)                |                       |
|                              | Nov 17            | Rudi Drill                        |                       |
|                              | Dec 17            | 1/2 to 3/4 FSS, Bounce Roll       |                       |
|                              | <b>Lara Groom</b> | Jul 17                            | Back Pullover to Back |
|                              |                   | Nov 17                            | NDP1 Routine 2        |
| Nov 17                       |                   | BSS (S)                           |                       |
| <b>Leah Knapp</b>            | Jan 17            | Half to 1 & 3/4 FSS               |                       |
|                              | Jan 17            | HO (P) DBSS (T)                   |                       |
|                              | Feb 17            | HO (P), DBSS (T), 3/4 FSS         |                       |
|                              | Feb 17            | HO (P), DBSS (T), 1&3 (T)         |                       |
|                              | Feb 17            | HO (P), DBSS (T), HO (T)          |                       |
|                              | Feb 17            | BSS (S), Bar (S), DBSS (P)        |                       |
|                              | Feb 17            | HO (P), DBSS (T), HO (T), BSS (S) |                       |
|                              | Mar 17            | 3 Double Vol                      |                       |
|                              | Jun 17            | 3/4 FSS, to feet, 1&3 (T)         |                       |
|                              | Aug 17            | New League 1 Set                  |                       |
| <b>Leia-Mai Hawthorne</b>    | May 17            | FSS to mat                        |                       |
|                              | Jul 17            | FSS to feet on bed                |                       |
|                              | Jul 17            | FSS (P) on mat                    |                       |
| <b>Leo Kennedy</b>           | Jan 17            | BSS (P)                           |                       |

| Person                     | Date   | Skill                                   |
|----------------------------|--------|---|
| <b>Leo Kennedy (cont.)</b> | Jan 17 | BSS (T) Bar (T)                         |
|                            | Mar 17 | BSS (P), Bar (P)                        |
|                            | Mar 17 | BSS (P), Bar (T)                        |
|                            | Mar 17 | BSS (T), Bar (P)                        |
|                            | Mar 17 | BSS (P), Bar (P)                        |
|                            | Mar 17 | BSS (T), Bar (P), BSS (T) to seat       |
|                            | Apr 17 | 3/4 Back                                |
|                            | Jun 17 | BSS (S), Bar (T)                        |
|                            | Jun 17 | Bar (S)                                 |
|                            | Jul 17 | BSS (S), Bar (S), BSS (P)               |
|                            | Sep 17 | F Routine                               |
|                            | Oct 17 | Ballout                                 |
|                            | Dec 17 | Ballout Barani                          |
|                            | Dec 17 | Ballout (P)                             |
| <b>Lilly Goswell</b>       | Aug 17 | Armset, FSS (P)                         |
|                            | Nov 17 | NDP 1 Routine 2                         |
| <b>Lily Pickering</b>      | Jan 17 | FSS (T)                                 |
|                            | Oct 17 | FSS (P)                                 |
| <b>Lottie Morris</b>       | Oct 17 | BSS (T)                                 |
|                            | Nov 17 | FSS (T)                                 |
|                            | Dec 17 | FSS (P)                                 |
| <b>Lucas Dollery</b>       | Feb 17 | BSS (S), Bar (S), DBSS (T)              |
|                            | Feb 17 | BSS (S), Bar (S), DBSS (T), Straddle    |
|                            | Feb 17 | HO (T)                                  |
|                            | Feb 17 | HO, Straddle                            |
|                            | Mar 17 | First half of new vol with Half out (T) |
|                            | Mar 17 | Full twisting cody                      |
|                            | Mar 17 | New Vol with Halfout                    |
|                            | May 17 | DBSS (P)                                |
|                            | Jun 17 | BSS (S), Bar (S), Full, Rudi, BSS (P)   |
|                            | Jul 17 | Back to Back Wall Run (tramp wall)      |
|                            | Jul 17 | Half Out (P), BSS (S)                   |
|                            | Jul 17 | BSS (S), Halfout (T)                    |

| Person                       | Date   | Skill                                 |
|------------------------------|--------|---------------------------------------|
| <b>Lucas Dollery (cont.)</b> | Aug 17 | 1-9 of New Routine                    |
|                              | Aug 17 | New Routine                           |
|                              | Oct 17 | BSS (P), Bar (P), Full, Rudi, BSS (T) |
|                              | Oct 17 | Last 7 of new routine                 |
|                              | Nov 17 | Last 8 of 7.8 Vol                     |
|                              | Dec 17 | New Routine (7.5)                     |
|                              | Dec 17 | New Routine                           |
|                              | Dec 17 | HO (T), DBSS (T)                      |
| <b>Lucy Barker</b>           | Jan 17 | BSS (S) DBSS (P)                      |
|                              | Jan 17 | HO (T) DBSS (T)                       |
|                              | Jan 17 | HO (P) DBSS (T)                       |
|                              | Jan 17 | DBSS 3/4 FSS                          |
|                              | Feb 17 | HO (P) DBSS (T) 3/4 FSS               |
|                              | Feb 17 | HO (P), DBSS (T), 1&3 (T)             |
|                              | Feb 17 | HO (P), DBSS (T), HO (T)              |
|                              | Apr 17 | BSS (S), DBSS (P)                     |
|                              | Apr 17 | Elite Vol                             |
|                              | Jun 17 | 1/2 to FSS to front                   |
|                              | Sep 17 | Full Twisting Bounce Roll             |
| <b>Lucy Titheridge</b>       | Feb 17 | F Routine                             |
|                              | Mar 17 | 3/4 FSS                               |
|                              | Mar 17 | BSS (T), Bar (T)                      |
|                              | Apr 17 | Ballout                               |
|                              | May 17 | BSS (P), Bar (P)                      |
|                              | Jun 17 | 3/4 BSS                               |
|                              | Dec 17 | Ball Out Routine                      |
| <b>Maddie Smith</b>          | Jul 17 | Routine                               |
|                              | Nov 17 | Club 3 Routine                        |
| <b>Maisey Wain</b>           | Aug 17 | Regional G Routine                    |
|                              | Oct 17 | BSS (T)                               |
|                              | Oct 17 | NDP 1 Vol                             |
| <b>Megan Glover</b>          | Feb 17 | Half Twisting 3/4 FSS                 |
|                              | Feb 17 | Full                                  |

| Person                      | Date   | Skill                     |
|-----------------------------|--------|---------------------------|
| <b>Megan Glover (cont.)</b> | Feb 17 | Rudi                      |
|                             | Mar 17 | BSS (P), Bar (S), BSS (S) |
|                             | Mar 17 | Full                      |
|                             | Mar 17 | NDP 8 Set                 |
|                             | Dec 17 | Club Champs Vol           |
|                             | Dec 17 | Club Champs Set           |
| <b>Megan Mansfield</b>      | Aug 17 | FSS (T)                   |
|                             | Aug 17 | FSS (P)                   |
|                             | Aug 17 | FSS (P), Straddle         |
| <b>Melanie Garred</b>       | Jun 17 | H&K FSS                   |
|                             | Aug 17 | First half of F routine   |
|                             | Nov 17 | 3/4 BSS Chaired           |
| <b>Mia-Rose Hawthorne</b>   | Mar 17 | Cody                      |
|                             | Jun 17 | Cruise                    |
|                             | Jul 17 | Cody (T) to Seat          |
|                             | Nov 17 | Codi (T) to Front         |
| <b>Millie Cottrell</b>      | Apr 17 | Chair Full                |
| <b>Milly Delnevo</b>        | Sep 17 | BSS (T), 1&3              |
| <b>Milly Fox</b>            | Aug 17 | Barani to Front           |
| <b>Mitya Lark</b>           | Feb 17 | G Routine                 |
|                             | Mar 17 | Bar (P)                   |
|                             | Apr 17 | BSS (T), Bar (T)          |
|                             | Apr 17 | BSS (P), Bar (P)          |
| <b>Natasha Tapster</b>      | Jan 17 | Half to 3/4 FSS           |
|                             | Feb 17 | BSS (T) to Back           |
|                             | Feb 17 | Half twisting 3/4 BSS     |
|                             | Feb 17 | Full Twisting FSS         |
|                             | Jun 17 | Rebuilt Rudi              |
|                             | Jun 17 | 1&3 on bed, bounce roll   |
|                             | Jul 17 | Cody (P)                  |
|                             | Sep 17 | Ball Out Barani (P)       |
|                             | Oct 17 | Full                      |
|                             | Oct 17 | New Vol (5.6)             |

| Person                         | Date   | Skill                     |
|--------------------------------|--------|---------------------------|
| <b>Natasha Tapster (cont.)</b> | Dec 17 | Club Champs Set           |
|                                | Dec 17 | BSS (S), Full             |
| <b>Nathalie Prevost-Snell</b>  | Feb 17 | Bar (S)                   |
|                                | Feb 17 | BSS (P)                   |
|                                | Apr 17 | BSS (T), Bar (T)          |
|                                | May 17 | BSS (T) to Seat           |
|                                | Aug 17 | BSS (T) x3                |
|                                | Aug 17 | BSS (P)                   |
|                                | Sep 17 | BSS (S)                   |
|                                | Dec 17 | Bounce Roll               |
| <b>Nicolas Bowker</b>          | Apr 17 | BSS (P)                   |
|                                | Jul 17 | BSS (S)                   |
|                                | Jul 17 | Barani (T)                |
|                                | Jul 17 | Straight Barani           |
| <b>Nicole Rhind</b>            | Feb 17 | BSS (T) To Seat           |
|                                | Feb 17 | BSS (P)                   |
|                                | Apr 17 | BSS (T), Bar (T)          |
| <b>Oliver Robinson</b>         | Aug 17 | G Routine                 |
|                                | Sep 17 | BSS (T), Bar (T)          |
| <b>Olivia Hoskin</b>           | Jan 17 | NDP 8 Routine             |
|                                | Feb 17 | Bar (T), FSS (P)          |
|                                | Feb 17 | Bar (S), FSS (P)          |
|                                | Feb 17 | Bar (S), Bar (T)          |
|                                | Feb 17 | Bar (S), Bar (P)          |
|                                | Feb 17 | FSS (T) to Front          |
|                                | Feb 17 | FSS (P) to Front          |
|                                | Feb 17 | BSS (T) to Back           |
|                                | Feb 17 | BSS (P) to Back           |
|                                | Feb 17 | BSS (S) to Back           |
|                                | Feb 17 | BSS (S), Bar (S), Bar (P) |
|                                | Mar 17 | English Championships Set |
|                                | Jun 17 | BoB, FSS (T)              |
|                                | Aug 17 | BSS (T), 3/4 Front        |

| Person                       | Date   | Skill  |
|------------------------------|--------|--|
| <b>Olivia Hoskin (cont.)</b> | Aug 17 | BSS (S) to Back  |
|                              | Aug 17 | BSS (S), Bar (S), BSS (P), Bar (P), BSS (T), Bar (T)                 |
|                              | Sep 17 | BSS (S), Bar (S) Drill   |
|                              | Sep 17 | English Champs Set   |
|                              | Oct 17 | BSS (T), 3/4 FSS, BoB (T), FSS                                       |
|                              | Oct 17 | 3/4 BSS, Cody  |
|                              | Oct 17 | 3/4 FSS, BoB (T)   |
|                              | Oct 17 | Straddle, BSS (P), Bar (P), Tuck, Bar (T), BSS (T), 3/4 FSS, BoB (T) |
|                              | Nov 17 | WAG Routine  |
|                              | Dec 17 | BSS (S) to Back  |
| <b>Oscar Wicks</b>           | Mar 17 | Forward turnover to back, to feet                                    |
|                              | Jul 17 | FSS (T) on mat   |
| <b>Paige Corfield</b>        | May 17 | BSS (T), Bar (S), Full   |
|                              | May 17 | New Vol  |
|                              | May 17 | 1/2 to 3/4 Front   |
|                              | Jun 17 | BSS (S), Bar (S), Full (S), Bar (T)                                  |
|                              | Jun 17 | BSS (S), Bar (S), Full (S), Rudy (S)                                 |
|                              | Jun 17 | 1/2 o 3/4 front, BoB (T)   |
|                              | Jun 17 | BSS (S), Bar (S), Full (S), Rudi (S), BSS (T)                        |
|                              | Jun 17 | BSS (T), 1&3 (T)   |
|                              | Sep 17 | 3/4 FSS, Ballout Rudi  |
| <b>Penelope Bowker</b>       | May 17 | 3/4 FSS  |
|                              | Jul 17 | Barani (T)   |
| <b>Phoebe Elkington</b>      | Jun 17 | BSS (T)  |
|                              | Sep 17 | Barani   |
|                              | Oct 17 | New Routine  |
| <b>Phoenix Jeffries</b>      | Jan 17 | Rudi   |
|                              | Jan 17 | 3/4 BSS,Cruise   |
|                              | Jan 17 | Bar (S) Full   |
|                              | Feb 17 | 1 & 3/4 FSS  |
|                              | Apr 17 | 1 3/4 FSS (T), BoB (T)   |
|                              | Apr 17 | 5.7 vol  |
|                              | Jul 17 | Rudi   |

| Person                          | Date   | Skill                                    |
|---------------------------------|--------|--|
| <b>Phoenix Jeffries (cont.)</b> | Jul 17 | 1 and 3 (P)                              |
|                                 | Aug 17 | New Vol (6.1)                            |
|                                 | Sep 17 | League 2 Routine (inc rudi)              |
|                                 | Oct 17 | BSS (T), Rudi, Bar (T)                   |
|                                 | Oct 17 | BSS (T), Rudi, Bar (P)                   |
|                                 | Dec 17 | Simulated Performance Set 1              |
| <b>Polly Westbury</b>           | Jan 17 | D Routine                                |
|                                 | Feb 17 | BSS to Back                              |
|                                 | Sep 17 | BSS (P) to Back                          |
| <b>Purdie Clifton</b>           | Jan 17 | BSS Barani (T)                           |
| <b>Rachel Tapster</b>           | Jan 17 | NDP 7 Set 2                              |
|                                 | Feb 17 | BSS (S), Bar (S), DBSS (T), Bar (T)      |
|                                 | Feb 17 | BSS (S), Bar (S), DBSS (P)               |
|                                 | Feb 17 | 6.8 Vol                                  |
|                                 | Feb 17 | 3/4 FSS, BoB (S)                         |
|                                 | May 17 | 1/2 to FSS (T)                           |
|                                 | May 17 | 1/2 to FSS (P)                           |
|                                 | Dec 17 | BSS (S), Bar (S), DBSS (T), Bar (S)      |
| <b>Ray Barry</b>                | Oct 17 | Full in 1/2 to 1&3                       |
| <b>Reuben Shaw</b>              | Apr 17 | 3/4 FSS                                  |
|                                 | May 17 | F Routine                                |
|                                 | May 17 | BSS (S)                                  |
|                                 | May 17 | Straddle, BSS (T)                        |
|                                 | Jun 17 | BSS (T), Bar (T)                         |
|                                 | Jun 17 | BSS (S), Bar (S)                         |
|                                 | Jul 17 | Arm Set, BSS (T), Arm Set, Bar (T) Drill |
|                                 | Jul 17 | BSS (S), Bar (T), BSS (T)                |
| <b>Romy Gillard</b>             | Jan 17 | Turnover                                 |
|                                 | Feb 17 | FSS (T)                                  |
|                                 | Feb 17 | FSS (P)                                  |
|                                 | Apr 17 | FSS (T)                                  |
|                                 | Jun 17 | Back pullover to back                    |
|                                 | Jun 17 | Last 5 of G Routine                      |

| Person                      | Date   | Skill                          |
|-----------------------------|--------|--------------------------------|
| <b>Romy Gillard (cont.)</b> | Jun 17 | G Routine                      |
|                             | Jul 17 | Turnover, Full Twist to Feet   |
|                             | Jul 17 | Arm Set, FSS x2                |
|                             | Sep 17 | BSS                            |
|                             | Oct 17 | BSS (T)                        |
|                             | Oct 17 | Bar (T)                        |
|                             | Oct 17 | BSS (T) with arm set           |
|                             | Dec 17 | Back Pullover to Feet, FSS (T) |
|                             | Dec 17 | Back Pullover to Feet, FSS (P) |
| <b>Sam Fearnley</b>         | Aug 17 | BSS (P), Bar (P)               |
|                             | Sep 17 | Bar (P)                        |
|                             | Dec 17 | Bar (S)                        |
| <b>Sara Kydd</b>            | Aug 17 | 3/4 Back                       |
|                             | Nov 17 | BSS (P), Bar (P)               |
| <b>Sarah Dearman</b>        | Apr 17 | HO (P), DBSS (T)               |
| <b>Scarlett Macdonald</b>   | Jan 17 | FSS (P)                        |
|                             | Feb 17 | G Routine                      |
|                             | Jul 17 | Back Pullover to Feet          |
|                             | Jul 17 | Back Pullover to Seat          |
| <b>Seth Green</b>           | Sep 17 | FSS (P)                        |
| <b>Sienna Gumbs</b>         | Jun 17 | BSS (S)                        |
|                             | Sep 17 | BSS (T) To Seat                |
|                             | Oct 17 | BSS (S)                        |
|                             | Dec 17 | BSS (T), Bar (T)               |
|                             | Dec 17 | BSS (P), Bar (P)               |
| <b>Sinead Patrick</b>       | Nov 17 | BSS (T), Bar (T)               |
| <b>Sophie Brady</b>         | Jun 17 | Half out (P), DBSS (T)         |
|                             | Jun 17 | 3/4 BSS, Cody to Back          |
|                             | Jun 17 | BSS (S), DBSS (T), 1&3 (T)     |
|                             | Sep 17 | BSS (S), DBSS (T), 1&3 FSS (T) |
|                             | Oct 17 | Triple Cat Twist               |
|                             | Oct 17 | 3 Double Start Vol             |
|                             | Dec 17 | BSS (S), DBSS (P)              |



| Person                      | Date   | Skill                                 |
|-----------------------------|--------|---------------------------------------|
| <b>Sophie Brady (cont.)</b> | Dec 17 | HO (P), DBSS (P)                      |
| <b>Sophie Dowrich</b>       | Jan 17 | BSS (S) DBSS (P)                      |
|                             | Jan 17 | HO (T)                                |
|                             | Jan 17 | HO on bed Straddle                    |
|                             | Feb 17 | HO (T), BSS (S)                       |
|                             | Feb 17 | HO (T), BSS (S), DBSS (T)             |
|                             | Feb 17 | BSS (S), DBSS (T), Bar (T)            |
|                             | Feb 17 | BSS(S), DBSS (T), Bar (T), Full, Rudi |
|                             | Feb 17 | 3-7 Elite Vol                         |
|                             | Feb 17 | BSS (S), HO (T)                       |
|                             | Apr 17 | 7.8 Vol (2 Halfouts)                  |
|                             | May 17 | Fig B Set                             |
|                             | May 17 | 7.8 vol (armsets every move)          |
|                             | Jun 17 | Cody (S)                              |
|                             | Jun 17 | BSS (S), DBSS (T), 3/4 FSS            |
|                             | Jun 17 | BSS (S), DBSS (T), HO (T)             |
|                             | Jul 17 | Half Out (P), DBSS (T)                |
|                             | Jul 17 | Half Out (P), DBSS (T), Half Out (T)  |
|                             | Jul 17 | Half Out (P), DBSS (P)                |
|                             | Aug 17 | Double Bounce Roll                    |
|                             | Aug 17 | 1/2 in 3/4 Front, BoB (T)             |
|                             | Oct 17 | Rudi                                  |
|                             | Dec 17 | 1/2 in FSS to Front                   |
|                             | Dec 17 | 1/2 in 1&3 (T)                        |
| <b>Sophie Rance</b>         | Jan 17 | FSS (P)                               |
|                             | Apr 17 | BSS (T)                               |
| <b>Sophie Rentell</b>       | Mar 17 | Ballout Barani                        |
|                             | Jul 17 | Half of 4.7 Vol                       |
|                             | Sep 17 | 3/4 FSS, BoB, FSS                     |
| <b>Stephanie Bezman</b>     | Aug 17 | Barani                                |
| <b>Tahlia Williams</b>      | Jan 17 | NDP 5 Set 1                           |
|                             | Jan 17 | NDP 5 Set 2                           |
|                             | Feb 17 | BSS to Back                           |

| Person                         | Date   | Skill  |
|--------------------------------|--------|--|
| <b>Tahlia Williams (cont.)</b> | Mar 17 | English Championships Set                            |
|                                | Mar 17 | Spring Series Vol                                    |
|                                | Jun 17 | 1/2 to 3/4 Front                                     |
|                                | Jun 17 | BSS (S) to back                                      |
|                                | Jul 17 | 3/4 Front, BoB (P)                                   |
|                                | Jul 17 | Full   |
|                                | Jul 17 | 3/4 Back, Cody (T)                                   |
|                                | Sep 17 | 3/4 BSS, Cody (P)                                    |
|                                | Sep 17 | BSS (S), Full  |
|                                | Oct 17 | Performance Set (with Full)                          |
|                                | Oct 17 | BSS (S), Bar (S), Full                               |
|                                | Oct 17 | BSS (S), Bar (S), Full, FSS (P)                      |
|                                | Nov 17 | New Vol (5.1)  |
|                                | Nov 17 | Half in 3/4, BoB (T)                                 |
|                                | Nov 17 | 1&3 (T)  |
|                                | Dec 17 | 1&3, BoB (T)   |
|                                | Dec 17 | 3/4 BSS, Cruise to Back                              |
| <b>Tayla Porter</b>            | Jun 17 | 1/2 in 1&3 (T)                                       |
|                                | Oct 17 | Last 7 of Vol (with DBSS (P))                        |
|                                | Nov 17 | 4 Double Vol   |
|                                | Dec 17 | BSS (S), DBSS (P), Bar (T)                           |
|                                | Dec 17 | BSS (S), HO (T), DBSS (P)                            |
|                                | Dec 17 | HO (P), DBSS (T), Bar (S), BSS (S), HO (T), DBSS (P) |
|                                | Dec 17 | 8.5 Vol  |
| <b>Teddy Woodbridge</b>        | Jul 17 | Full, Straddle                                       |
|                                | Sep 17 | BSS (P) to Back                                      |
|                                | Oct 17 | NDP 5 Set  |
|                                | Oct 17 | Bar (T) x2   |
|                                | Nov 17 | BSS (S), Full  |
|                                | Dec 17 | BSS (S), Bar (S)                                     |
| <b>Toby Oliver</b>             | Jan 17 | HO (T) BSS (S) HO (T)                                |
| <b>Tom Henderson</b>           | Jan 17 | HO (T) Half in Half (P)                              |
|                                | Feb 17 | HO (T), Half in Half (P), HO (T)                     |

# December 2017

In the book this month:  
77 bell rings for 135.75 somersaults, 35 twists & 13 routines.

## Trampolinists achieving first bell rings of 2017 in December

|                                  |
|----------------------------------|
| Amy Ness - BSS (T), 3/4 FSS, BoB |
|----------------------------------|

## Trampolinists total bell rings in December

| Trampolinist      | No. of Rings | Trampolinists          | No. of Rings |
|-------------------|--------------|------------------------|--------------|
| Bailee Gillard    | 7            | Olivia Hoskin          | 1            |
| Katelyn Dale      | 5            | Rachel Tapster         | 1            |
| Clarissa Seraphin | 4            | Charlotte Brooks       | 1            |
| Ben Shearer       | 4            | Amelia Shaw            | 1            |
| Douglas Bibby     | 4            | Ben Watts              | 1            |
| Tayla Porter      | 4            | Phoenix Jeffries       | 1            |
| Lucas Dollery     | 3            | James Dowrich          | 1            |
| Sophie Dowrich    | 2            | Lara Carr              | 1            |
| Erin Taylor       | 2            | Lucy Titheridge        | 1            |
| Tahlia Williams   | 2            | Grace Titheridge       | 1            |
| Leo Kennedy       | 2            | Nathalie Prevost-Snell | 1            |
| Enya Hawthorne    | 2            | Bea O'Briyen           | 1            |
| Natasha Tapster   | 2            | Emma Hoyle             | 1            |
| Romy Gillard      | 2            | Celia Rice             | 1            |
| Megan Glover      | 2            | Frank Smith            | 1            |
| Hannah Devlin     | 2            | Teddy Woodbridge       | 1            |
| Sophie Brady      | 2            | Harry Davis            | 1            |
| Sienna Gumbs      | 2            | Sam Fearnley           | 1            |
| Abby Shearer      | 1            | Lottie Morris          | 1            |
| Eleanor Edwards   | 1            | Frankie Dayani         | 1            |
| Amelie Cunningham | 1            |                        |              |

# November 2017

In the book this month:  
52 bell rings for 66 somersaults, 21 twists & 16 routines.

## Trampolinists achieving first bell rings of 2017 in November

|                  |                          |
|------------------|--------------------------|
| Briony - BSS (T) | Frankie Dayani - FSS (T) |
|------------------|--------------------------|

## Trampolinists total bell rings in November

| Trampolinist      | No. of Rings | Trampolinists      | No. of Rings |
|-------------------|--------------|--------------------|--------------|
| Enya Hawthorne    | 4            | Grace Titheridge   | 1            |
| Georgie Hughes    | 4            | Lucas Dollery      | 1            |
| Amelie Cunningham | 3            | Emma Russell       | 1            |
| Tahlia Williams   | 3            | Mia-Rose Hawthorne | 1            |
| Eleanor Edwards   | 2            | Frank Smith        | 1            |
| Clarissa Seraphin | 2            | Melanie Garred     | 1            |
| James Dowrich     | 2            | Tayla Porter       | 1            |
| Lara Groom        | 2            | Teddy Woodbridge   | 1            |
| Frankie Dayani    | 2            | Maddie Smith       | 1            |
| Abby Shearer      | 1            | Sara Kydd          | 1            |
| Caitlin MacGregor | 1            | Lilly Goswell      | 1            |
| Olivia Hoskin     | 1            | Katie Hammond      | 1            |
| Erin Taylor       | 1            | Jacob Douglas      | 1            |
| Amelia Shaw       | 1            | Lottie Morris      | 1            |
| Callum Whitehead  | 1            | Emily Dymond       | 1            |
| Lara Carr         | 1            | Alessandra         | 1            |
| Amy Ingle         | 1            | Sinead Patrick     | 1            |
| Caitlin Tarrant   | 1            | Briony             | 1            |
| Callum Parsley    | 1            |                    |              |

# October 2017

In the book this month:  
83 bell rings for 159 somersaults, 38 twists & 14 routines.

## Trampolinists achieving first bell rings of 2017 in October

|                                |                           |
|--------------------------------|---------------------------|
| Ray Barry - Full in 1/2 to 1&3 | Cerys Underdown - BSS (T) |
| Jacob Douglas - BSS (T)        | Emily Dymond - FSS        |
| Lottie Morris - BSS (T)        |                           |

## Trampolinists total bell rings in October

| Trampolinist       | No. of Rings | Trampolinists    | No. of Rings |
|--------------------|--------------|------------------|--------------|
| Amelia Shaw        | 5            | Abby Shearer     | 1            |
| Amy Ingle          | 5            | Kai Juttla       | 1            |
| Jamie Hudson       | 4            | Asha Chaudhry    | 1            |
| Olivia Hoskin      | 4            | Leo Kennedy      | 1            |
| James Dowrich      | 4            | Callum Whitehead | 1            |
| Bozena Jaasi       | 4            | Lily Pickering   | 1            |
| Tahlia Williams    | 3            | Florence Haigh   | 1            |
| Danielle Dickinson | 3            | Douglas Bibby    | 1            |
| Bailee Gillard     | 3            | Katelyn Dale     | 1            |
| Romy Gillard       | 3            | Bea O'Briyen     | 1            |
| Caitlin MacGregor  | 2            | Clara Bally      | 1            |
| Amelie Cunningham  | 2            | Izzy Cunningham  | 1            |
| Fran Pool          | 2            | Phoebe Elkington | 1            |
| Phoenix Jeffries   | 2            | Hannah Devlin    | 1            |
| Natasha Tapster    | 2            | Sienna Gumbs     | 1            |
| Caitlin Tarrant    | 2            | Tayla Porter     | 1            |
| Lucas Dollery      | 2            | Freddie Foster   | 1            |
| Sophie Brady       | 2            | Harry Davis      | 1            |
| Teddy Woodbridge   | 2            | Ray Barry        | 1            |
| Maisey Wain        | 2            | Lottie Morris    | 1            |
| Jacob Douglas      | 2            | Cerys Underdown  | 1            |
| Sophie Dowrich     | 1            | Emily Dymond     | 1            |

# September 2017

In the book this month:  
68 bell rings for 94 somersaults, 26.5 twists & 17 routines.

## Trampolinists achieving first bell rings of 2017 in September

|                              |                              |
|------------------------------|------------------------------|
| Katie Hammond - FSS (T)      | Milly Delnevo - BSS (T), 1&3 |
| Emma Terry - BSS (T) to Seat | Seth Green - FSS (P)         |

## Trampolinists total bell rings in September

| Trampolinist      | No. of Rings | Trampolinists          | No. of Rings |
|-------------------|--------------|------------------------|--------------|
| Eleanor Edwards   | 5            | Phoenix Jeffries       | 1            |
| Clarissa Seraphin | 5            | Natasha Tapster        | 1            |
| Lara Carr         | 4            | Romy Gillard           | 1            |
| Grace Titheridge  | 4            | Polly Westbury         | 1            |
| George Dollery    | 3            | Nathalie Prevost-Snell | 1            |
| Amelie Cunningham | 2            | Bea O'Briyen           | 1            |
| Olivia Hoskin     | 2            | Emma Russell           | 1            |
| Tahlia Williams   | 2            | Sophie Rentell         | 1            |
| Asha Chaudhry     | 2            | Bethany McGowan        | 1            |
| Bailee Gillard    | 2            | Katy Brewster          | 1            |
| James Dowrich     | 2            | Paige Corfield         | 1            |
| Ben Shearer       | 2            | Phoebe Elkington       | 1            |
| Douglas Bibby     | 2            | Sophie Brady           | 1            |
| Hannah Devlin     | 2            | Sienna Gumbs           | 1            |
| Katie Hammond     | 2            | Teddy Woodbridge       | 1            |
| Lucy Barker       | 1            | Georgie Hughes         | 1            |
| Caitlin MacGregor | 1            | Oliver Robinson        | 1            |
| Erin Taylor       | 1            | Sam Fearnley           | 1            |
| Ben Watts         | 1            | Emma Terry             | 1            |
| Leo Kennedy       | 1            | Milly Delnevo          | 1            |
| Callum Whitehead  | 1            | Seth Green             | 1            |

# August 2017

In the book this month:  
43 bell rings for 28 somersaults, 13 twists & 15 routines.

## Trampolinists achieving first bell rings of 2017 in August

|                             |                                  |
|-----------------------------|----------------------------------|
| Harry Davis - Bar (P)       | Gemma Lane - Routine             |
| Sara Kidd - 3/4 Back        | Megan Mansfield - FSS (T)        |
| Oliver Robinson - G Routine | Lilly Goswell - Armset, FSS (P)  |
| Stephanie Bezman - Barani   | Sam Fearnley - BSS (P), Bar (P)  |
| Milly Fox - Barani to Front | Maisey Wain - Regional G Routine |

## Trampolinists total bell rings in August

| Trampolinist           | No. of Rings | Trampolinists    | No. of Rings |
|------------------------|--------------|------------------|--------------|
| Amelia Shaw            | 4            | Katelyn Dale     | 1            |
| Olivia Hoskin          | 3            | Bozena Jaasi     | 1            |
| Callum Whitehead       | 3            | Clara Bally      | 1            |
| Hannah Devlin          | 3            | Izzy Cunningham  | 1            |
| Megan Mansfield        | 3            | Melanie Garred   | 1            |
| Sophie Dowrich         | 2            | Harry Davis      | 1            |
| Erin Taylor            | 2            | Sara Kidd        | 1            |
| Lucas Dollery          | 2            | Oliver Robinson  | 1            |
| Nathalie Prevost-Snell | 2            | Stephanie Bezman | 1            |
| Phoenix Jeffries       | 1            | Milly Fox        | 1            |
| Enya Hawthorne         | 1            | Gemma Lane       | 1            |
| Leah Knapp             | 1            | Lilly Goswell    | 1            |
| James Dowrich          | 1            | Sam Fearnley     | 1            |
| Lara Carr              | 1            | Maisey Wain      | 1            |
| Grace Titheridge       | 1            |                  |              |

# July 2017

In the book this month:  
81 bell rings for 136.25 somersaults, 32.5 twists & 9 routines.

## Trampolinists achieving first bell rings of 2017 in July

|                                    |                                   |
|------------------------------------|-----------------------------------|
| Teddy Woodbridge - Full, Straddle  | Jessica Daniel - BSS (T), Bar (T) |
| Maddie Smith - Routine             | Georgie Hughes - DBSS on bed      |
| Lara Groom - Back Pullover to Back |                                   |

## Trampolinists total bell rings in July



| Trampolinist       | No. of Rings | Trampolinists      | No. of Rings |
|--------------------|--------------|--------------------|--------------|
| Eleanor Edwards    | 9            | Harry Mauger       | 2            |
| Freddie Foster     | 4            | Ben Watts          | 1            |
| Sophie Dowrich     | 3            | Leo Kennedy        | 1            |
| Amelie Cunningham  | 3            | Callum Whitehead   | 1            |
| Tahlia Williams    | 3            | Danielle Dickinson | 1            |
| Asha Chaudhry      | 3            | Natasha Tapster    | 1            |
| Clarissa Seraphin  | 3            | James Dowrich      | 1            |
| Lucas Dollery      | 3            | Florence Haigh     | 1            |
| George Dollery     | 3            | Lara Carr          | 1            |
| Nicolas Bowker     | 3            | Katelyn Dale       | 1            |
| Erin Taylor        | 2            | Emma Russell       | 1            |
| Scarlett Macdonald | 2            | Sophie Rentell     | 1            |
| Phoenix Jeffries   | 2            | Mia-Rose Hawthorne | 1            |
| Romy Gillard       | 2            | Oscar Wicks        | 1            |
| Amy Ingle          | 2            | Bozena Jaasi       | 1            |
| Ben Shearer        | 2            | Bethany McGowan    | 1            |
| Callum Parsley     | 2            | Penelope Bowker    | 1            |
| Douglas Bibby      | 2            | Frank Smith        | 1            |
| Reuben Shaw        | 2            | Teddy Woodbridge   | 1            |
| Leia-Mai Hawthorne | 2            |                    |              |



# June 2017

In the book this month:  
84 bell rings for 174.5 somersaults, 50.5 twists & 5 routines.

## Trampolinists achieving first bell rings of 2017 in June

|                                       |                               |
|---------------------------------------|-------------------------------|
| Alyssa Abbott - BSS (P)               | Melanie Garred - H&K FSS      |
| Phoebe Elkington - BSS (T)            | Sienna Gumbs - BSS (S)        |
| Hannah Devlin - Cody (T)              | Tayla Porter - 1/2 in 1&3 (T) |
| Sophie Brady - Half out (P), DBSS (T) | Freddie Foster - Half out (P) |



## Trampolinists total bell rings in June

| Trampolinist      | No. of Rings | Trampolinists      | No. of Rings |
|-------------------|--------------|--------------------|--------------|
| Clarissa Seraphin | 8            | Caitlin MacGregor  | 1            |
| Jamie Hudson      | 5            | Olivia Hoskin      | 1            |
| Abby Shearer      | 4            | Fran Pool          | 1            |
| Bozena Jaasi      | 4            | Callum Whitehead   | 1            |
| Sophie Dowrich    | 3            | Danielle Dickinson | 1            |
| Asha Chaudhry     | 3            | Enya Hawthorne     | 1            |
| Amelia Shaw       | 3            | Bailee Gillard     | 1            |
| Romy Gillard      | 3            | Leah Knapp         | 1            |
| Eleanor Edwards   | 2            | Lara Carr          | 1            |
| Tahlia Williams   | 2            | Amy Ingle          | 1            |
| Ben Watts         | 2            | Ben Shearer        | 1            |
| Leo Kennedy       | 2            | Caitlin Tarrant    | 1            |
| Natasha Tapster   | 2            | Lucy Titheridge    | 1            |
| James Dowrich     | 2            | Lucas Dollery      | 1            |
| Florence Haigh    | 2            | Mia-Rose Hawthorne | 1            |
| Reuben Shaw       | 2            | Izzy Cunningham    | 1            |
| Lucy Barker       | 1            |                    |              |

# May 2017

In the book this month:  
45 bell rings for 53 somersaults, 16.5 twists & 9 routines.

## Trampolinists achieving first bell rings of 2017 in May

|   |                                     |
|---|-------------------------------------|
| Katy Brewster - BSS (T), BSS (T)        | Harry Mauger - FSS                  |
| Paige Corfield - BSS (T), Bar (S), Full | Frank Smith - BSS with half twist   |
| Leia-Mai Hawthorne - FSS to mat         | Katie Holmes - BSS (T), Bar (T) x8  |
| Penelope Bowker - 3/4 FSS               | Katie Abrahams - Full twisting cody |

## Trampolinists total bell rings in May

| Trampolinist      | No. of Rings | Trampolinists          | No. of Rings |
|-------------------|--------------|------------------------|--------------|
| Amelia Shaw       | 4            | Clarissa Seraphin      | 1            |
| Reuben Shaw       | 3            | Danielle Dickinson     | 1            |
| Sophie Dowrich    | 2            | James Dowrich          | 1            |
| Caitlin MacGregor | 2            | Amy Ingle              | 1            |
| Amelie Cunningham | 2            | Lucy Titheridge        | 1            |
| Rachel Tapster    | 2            | Grace Titheridge       | 1            |
| Enya Hawthorne    | 2            | Lucas Dollery          | 1            |
| Douglas Bibby     | 2            | Nathalie Prevost-Snell | 1            |
| Abby Shearer      | 1            | Bea O'Briyen           | 1            |
| Erin Taylor       | 1            | Bozena Jaasi           | 1            |

# April 2017

In the book this month:  
39 bell rings for 74.75 somersaults, 17 twists & 9 routines.

## Trampolinists achieving first bell rings of 2017 in April

|   |                                  |
|---|----------------------------------|
| Bozena Jaasi - BSS (P)                      | Millie Cottrell - Chair Full     |
| Bethany McGowan - Turnover to Back, to Feet | Sarah Dearman - HO (P), DBSS (T) |
| Clara Bally - Regional G Routine            | Izzy Cunningham - BSS (T)        |
| Nicolas Bowker - BSS (P)                    | Rouben Shaw - 3/4 FSS            |



## Trampolinists total bell rings in April

| Trampolinist       | No. of Rings | Trampolinists          | No. of Rings |
|--------------------|--------------|------------------------|--------------|
| Amelia Shaw        | 5            | Charlotte Brooks       | 1            |
| Lucy Barker        | 2            | Leo Kennedy            | 1            |
| Abby Shearer       | 2            | Callum Whitehead       | 1            |
| Clarissa Seraphin  | 2            | Bailee Gillard         | 1            |
| Danielle Dickinson | 2            | James Dowrich          | 1            |
| Phoenix Jeffries   | 2            | Romy Gillard           | 1            |
| Ben Shearer        | 2            | Callum Parsley         | 1            |
| Mitya Lark         | 2            | Lucy Titheridge        | 1            |
| Bozena Jaasi       | 2            | Grace Titheridge       | 1            |
| Sophie Dowrich     | 1            | Nicole Rhind           | 1            |
| Caitlin MacGregor  | 1            | Nathalie Prevost-Snell | 1            |
| Eleanor Edwards    | 1            | Bea O'Briyen           | 1            |
| Amelie Cunningham  | 1            | Emma Russell           | 1            |
| Fran Pool          | 1            | Emma Hoyle             | 1            |
| Sophie Rance       | 1            |                        |              |

# March 2017

In the book this month:  
53 bell rings for 79 somersaults, 18.5 twists & 15 routines.

## Trampolinists achieving first bell rings of 2017 in March

|                                    |   |
|------------------------------------|---|
| Imojen Brown - BSS (S)             | Oscar Wicks - Forward turnover to back, to feet |
| Sophie Rentell - Ballout Barani    | Emma Hoyle - FSS (T)                            |
| Mia-Rose Hawthorne - Cody          | Celia Rice - BSS (T), Bar (T)                   |
| Charlie Kirkpatrick - 3 Double Vol |   |

## Trampolinists total bell rings in March

| Trampolinist      | No. of Rings | Trampolinists       | No. of Rings |
|-------------------|--------------|---------------------|--------------|
| Amy Ingle         | 8            | Danielle Dickinson  | 1            |
| Clarissa Seraphin | 6            | Leah Knapp          | 1            |
| Leo Kennedy       | 5            | Caitlin Tarrant     | 1            |
| Lucas Dollery     | 3            | Callum Parsley      | 1            |
| Megan Glover      | 3            | George Dollery      | 1            |
| Abby Shearer      | 2            | Mitya Lark          | 1            |
| Eleanor Edwards   | 2            | Emma Russell        | 1            |
| Charlotte Brooks  | 2            | Imojen Brown        | 1            |
| Tahlia Williams   | 2            | Sophie Rentell      | 1            |
| Lucy Titheridge   | 2            | Mia-Rose Hawthorne  | 1            |
| Olivia Hoskin     | 1            | Charlie Kirkpatrick | 1            |
| Fran Pool         | 1            | Oscar Wicks         | 1            |
| Asha Chaudhry     | 1            | Emma Hoyle          | 1            |
| Amelia Shaw       | 1            | Celia Rice          | 1            |

# February 2017

In the book this month:  
66 bell rings for 230 somersaults, 57.5 twists & 18 routines.

## Trampolinists achieving first bell rings of 2017 in February

|  |   |
|--|---|
| Callum Parsley - Full                      | Megan Glover - Half Twisting 3/4 FSS  |
| Lucy Titheridge - F Routine                | Mitya Lark - G Routine  |
| Grace Titheridge - BSS (T), Rudi           | Douglas Bibby - BSS (P)   |
| Lucas Dollery - BSS (S), Bar (S), DBSS (T) | Katelyn Dale - BSS (S), Bar (S), Full   |
| George Dollery - BSS (T) To Seat           | Bea O'Briyen - Hand and Knees Turnover  |
| Nicole Rhind - BSS (T) To Seat             | Ellie Avery - 7.8 Vol   |
| Nathalie Prevost-Snell - Bar (S)           | Emma Russell - BSS (P), Bar (P), BSS (S), Bar (S),<br>BSS (T), Bar (T), FSS (P) |

## Trampolinists total bell rings in February

| Trampolinist       | Rings | Trampolinists          | Rings | Trampolinists    | Rings |
|--------------------|-------|------------------------|-------|------------------|-------|
| Olivia Hoskin      | 10    | Amy Ingle              | 3     | Phoenix Jeffries | 1     |
| Caitlin MacGregor  | 7     | Caitlin Tarrant        | 3     | Tom Henderson    | 1     |
| Sophie Dowrich     | 6     | Megan Glover           | 3     | Enya Hawthorne   | 1     |
| Amelia Shaw        | 5     | Romy Gillard           | 2     | Bailee Gillard   | 1     |
| Clarissa Seraphin  | 5     | Grace Titheridge       | 2     | Polly Westbury   | 1     |
| Leah Knapp         | 5     | Nicole Rhind           | 2     | Callum Parsley   | 1     |
| Abby Shearer       | 4     | Nathalie Prevost-Snell | 2     | Lucy Titheridge  | 1     |
| Rachel Tapster     | 4     | Douglas Bibby          | 2     | George Dollery   | 1     |
| Charlotte Brooks   | 4     | Jamie Hudson           | 1     | Mitya Court      | 1     |
| Danielle Dickinson | 4     | Eleanor Edwards        | 1     | Katelyn Dale     | 1     |
| Lucas Dollery      | 4     | Fran Pool              | 1     | Bea O'Briyen     | 1     |
| Lucy Barker        | 3     | Scarlett Macdonald     | 1     | Ellie Avery      | 1     |
| Erin Taylor        | 3     | Tahlia Williams        | 1     | Emma Russell     | 1     |
| Callum Whitehead   | 3     | Asha Chaudry           | 1     |                  |       |
| Natasha Tapster    | 3     | Ben Watts              | 1     |                  |       |

# January 2017

In the book this month:  
76 bell rings for 156 somersaults, 31.5 twists & 14 routines.

## Trampolinists achieving first bell rings of 2017 in January

|  |  |
|--|--|
| Lucy Barker - BSS (S) DBSS (P)                                       | Leo Kennedy - BSS (P)  |
| Sophie Dowrich - BSS (S) DBSS (P)                                    | Callum Whitehead - BSS To Seat                                   |
| Abby Shearer - 13/14 WAG Set   | Danielle Dickinson - FSS (P)                                     |
| Caitlin MacGregor - HO (T) BSS (S) DBSS (T)                          | Phoenix Jeffries - Rudi  |
| Jamie Hudson - NDP7 2nd Routine                                      | Tom Henderson - HO (T) Half in Half (P)                          |
| Eleanor Edwards - Ballout Barani                                     | Enya Hawthorne - 1 & 3/4 (P)                                     |
| Amelie Cunningham - BSS (P) Barani (P)                               | Natasha Tapster - Half to 3/4 FSS                                |
| Olivia Hoskin - NDP 8 Routine  | Bailee Gillard - FSS to front (P)                                |
| Rachel Tapster - NDP 7 Set 2   | Hannah Edwards - Ball Out  |
| Fran Pool - BSS (T) BSS (P)  | Leah Knapp - Half to 1 & 3/4 FSS                                 |
| Sophie Rance - FSS (P)   | James Dowrich - 1 3/4 FSS (T)                                    |
| Kai Juttla - Ballout Barani  | Lily Pickering - FSS (T)   |
| Charlotte Brooks - Rudi  | Florence Haigh - G Routine                                       |
| Erin Taylor - Armset FSS (T)   | Romy Gillard - Turnover  |
| Scarlett Macdonald - FSS (P)   | Lara Carr - 1 3/4 FSS (P)  |
| Tahlia Williams - NDP 5 Set 1  | Amy Ingle - E Routine  |
| Purdie Clifton - BSS Barani (T)                                      | Toby Oliver - HO (T) BSS (S) HO (T)                              |
| Asha Chaudhry - HO (T) DBSS (P)                                      | Harry Minter - HO (P) BSS (S) HO (P) DBSS (T)<br>HO (T) DBSS (P) |
| Amelia Shaw - Half to 3/4 FSS  | Polly Westbury - D Routine                                       |
| Ben Watts - Triff (P) Half in Half (T) Triff (T) Half in<br>Half (P) | Ben Shearer - Bar (T)  |
| Clarissa Seraphin - BSS (T) FSS (T)                                  | Caitlin Tarrant - Vol First 4                                    |

# January 2017 Continued



## Trampolinists total bell rings in January

| Trampolinist       | No. of Rings | Trampolinists      | No. of Rings |
|--------------------|--------------|--------------------|--------------|
| Caitlin MacGregor  | 10           | Kai Juttla         | 1            |
| Lucy Barker        | 4            | Erin Taylor        | 1            |
| Eleanor Edwards    | 4            | Scarlett Macdonald | 1            |
| Amelia Shaw        | 4            | Purdie Clifton     | 1            |
| Sophie Dowrich     | 3            | Asha Chaudhry      | 1            |
| Abby Shearer       | 3            | Ben Watts          | 1            |
| Clarissa Seraphin  | 3            | Tom Henderson      | 1            |
| Callum Whitehead   | 3            | Natasha Tapster    | 1            |
| Phoenix Jeffries   | 3            | Bailee Gillard     | 1            |
| Fran Pool          | 2            | Hannah Edwards     | 1            |
| Charlotte Brooks   | 2            | James Dowrich      | 1            |
| Tahlia Williams    | 2            | Lily Pickering     | 1            |
| Leo Kennedy        | 2            | Florence Haigh     | 1            |
| Danielle Dickinson | 2            | Romy Gillard       | 1            |
| Enya Hawthorne     | 2            | Lara Carr          | 1            |
| Leah Knapp         | 2            | Amy Ingle          | 1            |
| Jamie Hudson       | 1            | Toby Oliver        | 1            |
| Amelie Cunningham  | 1            | Harry Minter       | 1            |
| Olivia Hoskin      | 1            | Polly Westbury     | 1            |
| Rachel Tapster     | 1            | Ben Shearer        | 1            |
| Sophie Rance       | 1            |                    |              |