

EDGBARROW TRAMPOLINE CLUB NEWSLETTER SEPTEMBER 2017

Sunday	September 10th	- Regional Cup Team Squad – Bracknell Trampoline Centre
Sunday	September 17th	- ‘First 100’ Competition – BTC + coaches meeting
Sat-Sun	September 23rd/24th	- British Finals – Liverpool
Sat-Sun	October 7th/8th	- League event 4 – Gillingham
Saturday	October 14th	- English Championship Finals – EIS Sheffield
Sunday	October 15th	- English Regional Cup – EIS Sheffield
Sat-Sun	October 21st – 29th	- Half term signed training

COMPETITION CLOSING DATES – The following online competition closing dates have now passed:

‘First 100’ Competition - 17th September - Trampoline Centre – online closing date - **September 3rd**

League Event 4 - 7th/8th October – Gillingham – online closing date - **September 6th**

WELCOME to our new club members.

ALL CLUB MEMBERS - You should have received your annual update membership form by email, please ensure you return it by the due date. If you haven’t received one, please contact Heather asap.

‘FIRST 100’ COMPETITION – The ‘First 100’ competition will take place on Sunday 17th September. The timetable will be distributed at the beginning of next week.

HALF TERM TRAINING – The signed training lists for half term (Saturday 21st October – Sunday 29th October) will go up on the website next week for you to sign if you would like to train over the holiday. Please be reminded that if you miss the signing deadline you will not be permitted to train.

CLUB CHAMPIONSHIPS – Any suggestions welcomed for our annual get-together following the club championships competition on Saturday 9th December? Barn dance, talent show, quiz and fish/chip dinner, etc? Please put forward any thoughts and ideas.

CONGRATULATIONS to Edgbarrow competitors for a successful league competition in Birmingham last weekend. Medal winners were as follows. TRI: Ben W placed 1st in both categories, Callum P 1st, Freddie 1st, Jamie 2nd, Tahlia 2nd, Paige 2nd, Phoenix 3rd, Ben C 3rd, Caitlin M 3rd. TRS: Asha+Georgie 2nd. DMT: Kai 1st, Caitlin M 2nd.

BRITISH CHAMPIONSHIPS - Ben Watts and Caitlin Tarrant will be competing at the British Championships in Liverpool on 23rd and 24th September. You can follow the event on British Gymnastics live feed and see some of the best in Britain competing for a British title.

CONGRATULATIONS to those who have been selected to represent the Southern Region at the English Regional Cup (15/10/17) in either individual, synchro, DMT or as a reserve: Sophie D, Megan, Caitlin T, Asha, Lucas, Freddie, Jamie, Ben W, Tom, Eleanor, Tahlia, Callum W, Georgie, Ben S, Georgia, Sophie B, Natasha, Rachel, Caitlin M, Kai, Leah.

ENGLAND REGIONAL TEAM SQUAD – All those who receive places to compete for the Southern Region in the Regional Team Cup in October will be attending a squad session on Sunday September 10th. Have fun!

ALGARVE CAMP – The training camp in Portugal was a big success with everyone learning new skills throughout the week and having a lovely holiday in the sun. We trained 2-4 hours a day with time at an outdoor swimming pool in between sessions. Everyone enjoyed a trip to the beach and an afternoon at the local waterpark. The application form for the 2018 Algarve Camp and criteria for attendance will be distributed shortly.

PIT SOCK VOTES – Thank you all for the last minute surge of votes. We rose from 6th place to 3rd place in the last two days, which means we could receive a prize and will know details in a few weeks.

WELCOME BACK – To Rachel T and Megan G who have begun training again after returning from injury/ an operation.

GOODBYE – Sadly last month we said goodbye to one of our top elite trampolinists, Kate Small, who will be moving to Leicester to begin a degree in American History. Kate was not only a BG elite competitor but was Scottish champion and competed internationally representing Scotland. Good luck for the next chapter of your life, we will miss you at Edgbarrow!

Yours,

The ETC Coaches