

EDGBARROW TRAMPOLINE CLUB NEWSLETTER AUGUST 2017

Monday-Friday July 31st - August 4th - Centre closed for essential heating and lighting repairs
Saturday/Sunday September 2nd/3rd - League Event 3 - Birmingham
Monday September 4th - Training returns to normal
Sunday September 10th - Regional Cup Team Squad – Bracknell Trampoline Centre
Sunday September 17th - ‘First 100’ Competition – Bracknell Trampoline Centre
Saturday-Sunday September 23rd/24th - British Finals - Liverpool

COMPETITION CLOSING DATES – Please note the following August and early September online closing dates for competitions. All entries are now placed online and permission must be sought from your coach to enter –
‘First 100’ Competition - 17th September - Trampoline Centre – online closing date - **September 3rd**
British Championships - 23rd-24th September - Echo Arena, Liverpool – online closing date - **August 5th**
League Event 4 - 7th/8th October – Gillingham – online closing date - **September 2nd**

‘FIRST 100’ COMPETITION – all Regional and beginner trampolinists should enter the ‘First 100’ competition on September 17th. Please get advice from your coach before entering, and then enter online. You will receive a confirmation email after you have placed entry.

LEAGUE ENTRY FOR BIRMINGHAM – If you have entered the League event in Birmingham, please note the following – You must have trained for a minimum of two weeks in August including the week before the event.

GOOD LUCK to everyone who has entered.

CENTRE CLOSURE – Due to essential work on the centre’s heating system, the centre will be closed from Monday July 31st to Friday 4th August. Anyone who would have trained during this week (i.e. not those on holiday or at the Algarve Camp) may pick up their lost sessions by accessing any sessions of choice over the holidays. Apologies for any inconvenience caused.

CONGRATULATIONS to Tahlia placed 3rd, Lucy 4th and Lucas 6th at the NDP Finals last month in Telford. Sadly Megan and Vicky were unable to compete despite qualifying too.

CONGRATULATIONS to Ben W and Caitlin on achieving qualification to the British Championships in Liverpool in September. Caitlin has ‘achieved a double’ in qualifying for both DMT and trampolining. **Well done to both of you.**

EDGBARROW LOTTERY – The lucky July winners will be contacted shortly.

SUMMER HOLIDAY TRAINING SCHEDULE – Training sessions over the summer holiday will mainly remain as normal and you do not have to sign for training. The summer training schedule, Version 2, is attached for your convenience. You may experience different coaches during the summer holiday period due to coaches taking holiday and reduced club attendance. You will however always have relevantly qualified coaches for your level in attendance. You can also supplement your training by attending our **EDGBARROW SUMMER SESSIONS** – information attached. The sessions are open to all. The dates for the camps are - **Camp 1** - Monday to Wednesday 7th - 9th August, **Camp 2** - Wednesday to Friday 16th – 18th August and **Camp 3** - Tuesday to Thursday 22nd – 24th August. The camps will run from **9am to 3pm** and will include trampoline technical sessions, games, bouncy castle, synchronised trampolining and trampoline wall training.

ELITE SQUAD – SUNDAY 16th JULY – Well done to everyone who attended, and had a terrific session last month.

CONGRATULATIONS to Tahlia, Eleanor, Natasha, Freddie and Jamie who all trialled on July 23rd at the Regional Cup trials. The teams will be announced on August 6th.

ENGLAND REGIONAL TEAM SQUAD – All those who receive places on August 6th to compete for the Southern Region in the Regional Team Cup in October must attend a squad session on Sunday September 10th.

SUMMER CAMP – We had a great Summer Camp last week and campers all worked very hard and had a lot of fun.

Thanks too to the staff and coaches who worked so hard to make the camp a success.

ALGARVE CAMP – We have 22 club members attending the Algarve Camp on August 1st. We hope you all have a great time training and holidaying.

SAD NEWS – Sadly at the end of this month after more than 25 years as initially a trampolinist and latterly a coach, Sian will be leaving us. Sian joined Edgbarrow as a trampolinist aged six and had a fantastic career. She was a Welsh Squad member who competed regularly for Wales and represented GB in World Age Games Championships. Sian and Hannah B took the 11/12 World title in synchronised trampolining and to this day are the youngest world title holders from Edgbarrow. Thank you Sian for being a great competitor and coach and for everything you have done for Edgbarrow over the years, we will really miss you. We also say goodbye to Gemma who was a League 1 competitor and also has had a terrific career.

Yours,

Sue and the Coaches