

## EDGBARROW TRAMPOLINE CLUB NEWSLETTER OCTOBER 2016

Dear Club Member,

**Thurs-Saturday October 6<sup>th</sup>-8<sup>th</sup>**

- Friendship Cup - Prague (Edgbarrow Team attending)

**Sunday October 9<sup>th</sup>**

- Regional Team Competition, Haslemere, Surrey

**Wed-Sunday October 19<sup>th</sup>-23<sup>rd</sup>**

- Alpen Cup, Salzburg (Welsh Squad)

**Saturday/Sunday October 29/30<sup>th</sup>**

- League Event, Wigan

**Friday-Sunday November 4-6<sup>th</sup>**

- Dave Ward Hunt International, Gillingham

**Saturday/Sunday November 19<sup>th</sup>/20<sup>th</sup>**

- English Championships – Coventry

**Saturday November 19<sup>th</sup>**

- Pre-League Finals preparation

**Saturday/Sunday November 26/27<sup>th</sup>**

- League Finals – Velodrome – Olympic Park, London

**Saturday December 10<sup>th</sup>**

- Club Championships

**24 HOUR BOUNCE-A-THON** – We would really appreciate the last of the sponsorship money being brought in this week. Please hand your money in a named envelope to Pernille. Thanks to everyone for your wonderful support of this event.

**EDGBARROW LOTTERY** – The lucky September winners were Sue Williams - £40.00, Hannah Lawton - £20.00 and ME! - £12.00 (my first ever win). Congratulations to all. The lottery contribution has dropped a little for this cycle. We still have some lottery numbers available. If anyone would like to persuade a friend or family member to buy a number for £2.00 per month please contact Kim through me at my 'haystack' email account asap.

**CONGRATULATIONS** to everyone who competed in the South Shields League event last month. **Well done** to our medallists and finalists – L1 Charlie 7<sup>th</sup>, Gemma 3<sup>rd</sup>, Ben W 1<sup>st</sup>, Harry 2<sup>nd</sup>, Charlotte M 2<sup>nd</sup>, Georgia 3<sup>rd</sup>, Rosh 6<sup>th</sup>, Tayla 7<sup>th</sup>. L2 – Sophie D 3<sup>rd</sup>, Lucy 6<sup>th</sup>, Holly 7<sup>th</sup>. L3 – Abby 1<sup>st</sup>, Lara 4<sup>th</sup>, Freddie 8<sup>th</sup>. Super League – Charlotte M 3<sup>rd</sup>, Rosh 6<sup>th</sup>, Georgia 7<sup>th</sup>, Ben W 1<sup>st</sup>, Graham 3<sup>rd</sup>. TRS – Charlie/Harry 1<sup>st</sup>, Sophie/Rosh 1<sup>st</sup>.

**GOOD LUCK** – Good luck to everyone competing in Wigan at the end of this month. Please make sure you carry out a 'pre-competition' in full kit on or before Wednesday October 26<sup>th</sup> and put your completed tariff sheet by the 'bell' trampoline.

**WIGAN LEAGUE EVENT ENTRY** – Last call for Wigan entries - please let Sue W know immediately if you want to enter or to alter your entry. Please speak to your coach re entering.

**CLUB BAR-B-QUE** – Thank you so much to Jackie and her family for hosting yet another really enjoyable bar-b-que last month. Despite a little rain we all had a lovely time. Jackie has retired after many, many years as our fundraising officer and a team of willing parents have offered to take over from Christmas. **Thank you** Jackie and your team for raising literally £1,000.00's for club over the years. We are so grateful for your help.

**Thank you** too to our new team taking over who will be in touch next month regarding the Christmas fund raising events.

**EDGBARROW AGM** – We are still looking for an appropriate date for the deferred AGM. We will keep you informed.

**UNDER 15 SQUAD – Sunday September 11<sup>th</sup>** – Congratulations to everyone on a great squad session.

**ENGLISH CHAMPIONSHIPS** – Entries from those who have accepted the invitation to compete in the English Championships will be placed this week. Congratulations to everyone chosen. We do not yet know whether there will be Friday night orientation for this event. We will keep you informed.

**DAVID WARD-HUNT INVITATIONAL INTERNATIONAL** – Everyone who has entered this event should now be preparing routines.

**GOOD LUCK** to everyone competing on Sunday October 9<sup>th</sup> at the Regional Team Championships. Your tariff sheet must be left by the bell bed by Thursday and a pre-competition undertaken by tomorrow. This entails dressing as you would for a competition in full kit, preparing and showing your routines. Tony and Katie H are your coaches for the event. Please arrive one hour earlier than timetable schedule unless the first group of the day in which case please arrive 20 minutes early and undertake a floor warm up.

**HELP!** If anyone accidentally took a pair of 'Frozen' crocs with Elsa and Anna depicted on them from reception yesterday at approximately 6.00pm, please let me know asap and please return them to the shoe rack when next in. Thank you.

**HALF TERM SIGNED TRAINING** - Please remember to sign for half term training asap. You have until midnight on Sunday October 16<sup>th</sup> to do so. The lists are on the club website and everybody needs to sign if they wish to train over half term. New club members please ask for help from your coach if you are unsure what to do.

**GOOD LUCK** to everyone competing in Prague at the Friendship Cup International event on October 8<sup>th</sup>. Thanks to Emily for doing a magnificent job in organising her first international event. Have fun everyone and enjoy the experience.

**MORE DISRUPTIONS TO TRAINING** – There are many changes again this week due to the Prague event. Next week I will be in Namibia with the Welsh Team for the Junior Commonwealth Games event. I am unsure whether I will have access to wifi for the week so please direct any club queries to your coaches next week. Thank you.

**CHANGES TO TRAINING IN NOVEMBER** – We have three big events in November, the David Ward-Hunt International, the English Championships and the League Finals. It is likely that on all three Saturdays training will be condensed into two sessions only for those not involved in the events. You will all be given notice by mid October of the changes for the relevant dates. After the end of November things will return to normal for a few months. We apologise for so many changes.

**FINANCES** – Many of you are outstanding entry money for the upcoming events and the Algarve Camp deposit. Please pay what you owe immediately into the club account. Thank you.

**THANK YOU** – to everyone who sent their best wishes to Sue W for a speedy recovery after she was taken ill in South Shields. We are happy to report that Sue is now recovering well.

**LEOTARDS** – Last call for you to sign for your new leotards (male and female) – Those entitled to buy the new leotard are everyone in the Edgbarrow Elite Programme (optional) and all League 1 and Super League competitors. The prototype should be with us any day now for you to see.

**GOOD LUCK** to Lara, Caitlin, Lucy and Grace when they compete for Wales in the Alpen Cup International later this month. Well done on your selection and have a great time in Salzburg.

**FINALLY** – Love was in the air for Sian and Michael on September 24<sup>th</sup> when they married locally and for Kirsten and Nico last weekend when they married in the South of France (hence the missing coaches from club). We are so pleased for all four of our newlyweds and you can see pictures of both weddings on the club facebook page. Thank you to everyone who worked so hard covering us to enable us to attend the weddings. We are very grateful.

Yours,

# *Sue and the Coaches*