

EDGBARROW TRAMPOLINE CLUB OCTOBER NEWSLETTER 2014

Dear Club Member,

Sat/Sun October 4th/5th - Home Nations International/National League event – Perth, Scotland
Sunday October 5th - Under 15 Squad – 10.00-12.15pm
Saturday October 18th - ATP/U15 Psychology session
Sunday October 19th - Southern Region Team Event, Haslemere
Sat/Sun October 25th/26th - League qualification event - Gillingham
Sat/Sun November 1st/2nd - Final League qualification event - Liverpool
Mon-Mon Nov 3rd-10th - World Championships, Daytona

EDGBARROW LOTTERY- Our lucky winners in September were number 23, Karen Venning who wins £50, number 90, Martin Davitt who wins £25 and Rosita Purdy-Finn number 58 who also wins £25. Congratulations to all three. Good luck everyone for the remaining monthly draws.

CONGRATULATIONS to Emily M and Zara who both competed for Wales in the Friendship Cup International in Prague last weekend. Both ladies competed superbly to take 2nd and 3rd place respectively in the Ladies Open group.

GOOD LUCK to Kate S (Scotland) and Emily M and Zara (Wales) who are all competing in the Home Nations International in Perth, Scotland on Sat 4th.

GOOD LUCK to Kate S who is competing in the Scottish Nationals over the weekend of the 11th/12th October.

GOOD LUCK to everyone competing in the League events on Saturday/Sunday 4th/5th in Perth.

CONGRATULATIONS to Emily M, Charlotte, Alice and Rhianna all of whom passed their Level 2 Coaching exams recently. Thanks to everyone who acted as their 'bodies' and mentors to help them through their assessments.

GOOD LUCK to everyone who is competing in the David Ward-Hunt Cup International and the League 3 events in Gillingham this month.

LIVERPOOL ENTRY – everyone wishing to enter the Liverpool League event on November 1st/2nd must confirm entry with Sue W by Thursday 9th if you haven't already entered. This is the final League qualifying event before the League final in December and the last chance to achieve League points.

EDGBARROW T.C. MEMBERSHIP - URGENT – As of yesterday the 2013/2014 BG membership lapsed which means if you have not paid your membership to club you are now uninsured. As many members have not yet paid their membership please note you have one week to pay after which time you will be unable to train. This is not within our control as it is mandatory to have BG insurance. Seven people have paid membership into the Nationwide account but because of their method of payment we are unable to identify them. A full list of those who have paid will be distributed shortly. Please contact Carol at carolh2004@yahoo.com and Heather if you haven't paid and make arrangements to do so immediately. Thank you for your co-operation.

ALGARVE CAMP 2015 – We still have a few spaces left and will extend the application time to a few more days. See attached information. The camp is a great mix of training and holiday in one of Europe's most lovely holiday resorts. Anyone aged 10 and over in 2015 may apply and must be a minimum of Regional E or League 3.

EDGBARROW CLUB BAR-B-QUE – Thanks to Jackie and Richard for hosting a great club bar-b-que last month.

ATP MEMBERS & UNDER 15 A SQUAD MEMBERS We have booked psychology sessions for all ATP members and U15 squad members – Juniors (U15) 3.00pm to 4.00pm and Senior's (15+) 4.00pm – 5.00pm on Saturdays 18th October, 8th and 22nd November at Bracknell Leisure Centre. Please meet in the Time Out Cafe. There will be a list placed on the store cupboard door for you to sign to confirm attendance from next week. For non ATP members the cost will be £3.00 per session, for ATP members there is no cost.

CONGRATULATIONS to everyone who competed in the Elite National Finals last month - Victoria (TRI) 3rd, DMT – Gemma 4th and Caitlin 6th with a special mention to Freddie the 2014 National Champion for 13/14 DMT. Sadly Amanda and Emily D were not fit to compete.

UNDER 15 'A' SQUAD SESSION – There will be an Under 15 A Squad session on Sunday 5th October at the centre from 10.00am to 12.15pm. Cost £5.00 cash on the day please. Please confirm attendance with Hannah L.

REGIONAL TEAM EVENT – Please note that with only two weeks to go before the Regional Team Event, all selected team members must be working their routines from this weekend. Coaches and competitors please arrange a pre-competition session in kit to be carried out by Wednesday October 15th.

CONGRATULATIONS to Ella Mae and Georgia who were selected to trial to represent GB in the World Age Games last weekend and Amanda who was trialling for a senior World Championship team place.

LEOTARDS – Thanks to those who ordered a competition leotard. Unfortunately we require a minimum order of 6 female leotards for Milano re ordering which we didn't get, so I was unable to order. Please note if you are a League 3 competitor and you don't own a national competition leotard you may wear the Egbarrow blue training leotard and we will order competition leotards in time for the League Final. If you don't have one please order from Elite International immediately if competing in Gillingham. Go to the www.elitegymwear.co.uk and click on gym link, look for Edgbarrow. When ordering use the code EDG12. If you need one for Gillingham you must order before Monday 6th October. Any male entering League 3 please see me regarding competition leotards.

CLUB CHAMPIONSHIPS – This year the Club Championships is on December 13th. Please put this date in your diary. On the evening of December 13th we will be holding a Barn Dance back at our old training venue Edgbarrow Sports Centre to celebrate our 30 year anniversary as one of Britain's top clubs. There will be further details regarding both events disseminated in November.

SAD NEWS – Due to long term injury Aoife (Welsh International) has retired. Thanks to Aoife for the many years you represented club. We will miss you.

GET FIT SOON Liam. Most of you know that Liam suffered a serious ankle injury a couple of weeks ago requiring two operations. Liam is at home recovering and has asked me on his behalf to thank everyone for their kindness. He has been overwhelmed with the kindness of club members and we all hope his recovery continues well. As Liam was airlifted by the air ambulance to hospital we would like to do some fundraising at our club championships and barn dance for the charity. We will continue to cover Liam's groups whilst he is recovering and thank you for your patience and co-operation during this time.

Yours,

Sue and the Coaches