

EDGBARROW TRAMPOLINE CLUB NOVEMBER NEWSLETTER 2012

Dear Club Member,

Saturday/Sunday November 3rd/4th

Thursday – Monday Nov 8th to 12th

Saturday November 10th

Saturday November 17th

Saturday December 1st

Saturday/Sunday December 1st/2nd

Monday December 10th

Saturday December 15th

Monday December 17th

- David Ward Hunt International - Gillingham

- Flanders Cup International - Belgium

- ATP sessions, amended time – see below

- Christmas Signed Training Lists - posted on the board

- ATP sessions, amended time, see below

- GB v Germany Youth International – Poole

- Signed training lists removed from board

- **CLUB CHAMPIONSHIPS & RACE NIGHT**

- Signed training commences

ATP SESSIONS November 10th & December 1st – the sessions are listed on the back of the store cupboard

now for all ATP members to sign. Please do so asap. NB the time has changed from 3.00pm to **2.00pm** for all of the sessions and they will only last two hours. We have postponed the last part of the session ie the physical testing for the time being. So please meet at 1.55pm in the 'Time Out' Cafe at Bracknell Leisure Centre and you will now finish at 4.00pm. We will rearrange the physical testing to another time to be confirmed.

CONGRATULATIONS to Amanda who competed for **GB** in the Senior Bulgaria World Cup last month taking 6th place individually and 3rd in synchro with partner Kat Driscoll. **CONGRATULATIONS** too to Rhianna, Megan and Jess all of whom represented **GB** in the junior section at the Sofia Cup at the same event. Jess took 4th place in the U16 event and 1st in synchro with partner Isabel. Megan and Rhianna took 13th and 6th places respectively in the U18 group and 3rd in synchro. Great results for all. **Well done.**

ETC LOTTERY WINNERS OCTOBER - Congratulations to October's winners - number 39 John Thompson who wins £30.00 and number 2, Tim France who wins £20.00.

CONGRATULATIONS to everyone who competed in the English Championships and in the Home Nations International last weekend. The results are too numerous to list here so please see the list attached for full results. But a special mention must be made of the current **English Champions**, Georgia TRI, Katie & Jess TRS (Junior) and Philip & Liam TRS (Senior). Also for those who represented England and Wales in the Home Nations event – Competing for **England**, Megan, Georgia, Ben, Kips, Elliot, Emily D (Junior). Charlotte, Amy, Philip, Ross and Liam (Senior). Competing for **Wales** – Sophie, Rhianna, Emily M and Zara (Senior). It was a great weekend with wonderful results. Thanks to everyone who officiated for the region. **Congratulations** to our selected coaches for the two events - Pip, Nick and Kylie (Regional Squad Coaches), Nick (England Coach) and Kylie (Welsh coach).

GOOD LUCK to everyone competing for Edgbarrow and those in the Welsh team (Emily M, Rachel, Zara, Sophie & Rhianna) in the David Ward Hunt International November 3rd/4th.

GOOD LUCK to everyone representing **England** in the Flanders Cup Nov 8th to 12th – Megan, Georgia, Ben, Kips, Elliot, Emily, Grace, Ross, Liam and Philip.

SIGNED TRAINING PROCEDURE Please note that the process is designed to ensure that you receive training all year round and that we allocate the relevant coaches to your training groups. Numbers reduce in holiday time so by you signing we know which and how many staff to bring in. Please make sure that you sign for Christmas in time. I will not be adding people to lists next time. The lists will be up mid November and will be removed on December 10th and signed training will commence from Monday December 17th.

PRE SEASON BOOT CAMP open to all national competitors from Friday 28th to Sunday 30th December inclusive. There will be 20 trampoline places and 10 DMT (DMT may be regional level to attend). The purpose of the camp is to steal a march on our rivals and get a head start in fitness for the season. The emphasis will be on technical perfection and conditioning. Your application form is attached and is also available from the web site. Priority will be given to those who have competed nationally. Those intending to compete in 2013 with a PO from Regional 'D' will be permitted to take places after those listed latterly have been placed. If any spaces remain after November 18th they will be sold to members of other clubs, so apply early to avoid disappointment.

CLUB CHAMPIONSHIPS AND RACE NIGHT the Club Championships will be held on Saturday December 15th and our major fund raiser of the year will be a '**Race Night**' the same evening. Please find attached the Club Championship form. Details of the '**Race Night**' will follow by mid November. We expect everyone to take part in the Club Championships. There will be a 'First 100' competition in January so unless you are planning to compete in the first gala at the end of January with a new routine, which you must be ready to compete on Dec 15th, you can do what routines you like at the Club Championships.

ALGARVE CAMP First payments for Algarve Camp must be made in November £100. Flights also should be booked asap.

GOOD LUCK to Jess, Megan and Rhianna who have been selected to compete for **GB** in the GB v Germany Youth International on December 2nd in Poole.

Yours,

Sue and the Coaches