

EDGBARROW TRAMPOLINE CLUB NEWSLETTER JULY 2012

Dear Club Member,

Please take careful note of the following dates:-

Saturday June 30th

Fri-Sun July 6th/7th/8th

Monday July 23rd

Mon-Mon July 23rd-30th

Friday/Saturday August 3rd/4th

- Pre Nationals preparation competition – Brakenhale
- British National Finals – Birmingham – training changes, see below
- Summer Training Schedule commences
- Signed training for one week only. **Algarve Camp**
- **OLYMPIC TRAMPOLINING events!**

CONGRATULATIONS to everyone who competed in the Regional Assessments last month. The results were outstanding as usual. Thanks too to everyone who attended to officiate and coach.

2012 SUMMER CAMP FORMS Open to all abilities, 'first come, first served'. We still have a few spaces left. See attached.

NATIONAL FINALS WEEKEND due to all of the coaches being involved at the Nationals regrettably we will have to cancel training on Saturday 7th and Sunday 8th July. Jess will be running alternative sessions for her groups TBA and anyone else not involved in Nationals please check the summer schedule when it comes out and attend your missed sessions with your Coach during the summer. We are very sorry to cause any inconvenience.

PRE NATIONALS COMPETITION Thanks to everyone who officiated at the Pre National last weekend. Well done to everyone who took part. Please enjoy this week and next weekend at the Nationals, you have done the hard work now and this week is about 'ticking over' and resting. Please make sure that if you are not meeting at the hotel at 4pm on Friday but meeting us at the NIA for 5pm orientation you let me know asap, so we know not to wait for you. Thank you. There is yet another updated startlist and timetable posted (July 1st). Please check carefully in case you have a changed flight number. Check your competition number against the flight numbers. If anyone is holding a Super team trophy from last year, please clean it and either take it to Nationals with you or bring it into club.

GOOD LUCK TO EVERYONE COMPETING IN THE BRITISH NATIONAL FINALS 6th, 7th, 8th July. You have had a terrific season and we are very proud of all of you. Can everyone take photos at the weekend please? Film podium, action, casual etc. We want to make a collage for the board. Thanks.

2012/2013 CLUB UPDATE DETAILS FORMS & OTHER INFO Your times/days/fees form plus contract update sheets will be distributed this month. Please make sure you return them by the date stated in order to secure your training spaces for September 2012 – 2013. You may also request changes of sessions using a new form (those for September have already been placed). You must complete the form available from reception and allow six weeks for us to process it. Changes will no longer be made by email.

DONATIONS TO CLUB if anyone wishes to make a donation to Club you can now access an online donation form from our website www.edgbarrow.co.uk. Donations are now gift aided. For more info please contact Heather. **Thanks very much** to those who have made donations, your help has been much appreciated.

CLUB COMMUNICATION Please note that you do not receive all club information necessarily by email and occasionally this technology fails us. You are advised to check the board and the website as well at least once a week. We now have twitter (@EdgbarrowTC) and facebook (@ Edgbarrow Trampoline Club). The sites are monitored.

FLOOR MENDING! You may have noticed that the red plastic strip across the entry doors is disintegrating and needs repair. If anyone has the skills to replace and repair the strip can you contact me please? We will obviously pay for bits required to mend it but hope you could donate your time to do it. Thank you for your generosity.

THANK YOU SO MUCH to Philip, Liam and Emily for spending copious amounts of hours constructing a new state of the art website for club, creating links and sponsorship packages, uploading video clips etc. Your help and hard work is very much appreciated. The site is really well constructed artistically with more info updates available etc than the current one and will be launched shortly.

REGIONAL SQUAD thanks to Pip and his team for leading another very successful Regional Squad last month. Congratulations to Toni, Sophie B, Georgia, Ellen, Kips, Fiona, Tom H, Izzy, Jamie, Lauren, Elizabeth O, Sarah, Ryan, Liam, Alisha, Alice, Kate S, Zoe and Emily all of whom attended and constitute 95% of those who have hit the scores in the Region to attend.

OLYMPIC TRAMPOLINING EVENTS the Mens and Ladies events are on Friday 3rd and Saturday 4th August. It should be televised so please watch if you have not been lucky enough to get tickets. Club will run as usual these days but with a skeleton crew as many coaches will be attending. Watch the Opening and Closing ceremonies too and see if you can identify Hannah L and Kylie!

CONGRATULATIONS TO AMANDA Subsequent to the Olympic trials Amanda has competed in two World Cups taking 13th place last month in Spain and then the following week was ranked the top European contender in Switzerland. She was beaten only by two Chinese and two Canadian trampolinists in the preliminary event. In the final Amanda finished in 6th dropping one place to Petrenia of Belarus, the current European Champion and 2008 Olympic bronze medallist. Amanda has broken three GB records this year, she is the first British lady to compete with a 'full in rudi out straight', a very complex double somersault with 2.5 twists in a straight body position, she is the highest GB ladies scorer ever internationally and domestically and has broken the GB synchronised score record.

SUMMER TRAINING SCHEDULE Please find attached the Summer Training Schedule. For most of Club, apart from the week of Monday 23rd July to Monday 30th July when many of the Club are in Portugal for a camp, you do not have to sign for training (sign for 23rd to 30th by Friday 13th July). Most sessions will run as usual and exceptions are listed. Please note that you may not be coached by your own coach during the holiday period as this is time while numbers are reduced for Coaches to take a holiday too, but you will be coached by a relevantly qualified coach. NB For those that undertake daytime training ie before 4.00pm on weekdays, you **will** need to sign for all of your summer training. The lists are on the board now. We will cancel any daytime sessions not signed for by July 13th. Anyone attending Loule Cup at the beginning of September must arrange sufficient training in the lead up to the event from mid August.

ALGARVE CAMP All attendees should now have received a flight list and their Chaperone's details from me. Please let me know if you haven't had this. In addition, you have been asked to submit information sheets before the 17th July. Thank you to those who have already done this and are waiting to submit the information. A file will be provided at Club for your information to be put in from today. Please give your information to your Coach in a sealed envelope who will then place it in the file for you. Please also add to the info your child's mobile number too if you intend them bringing their phone with them, though they will not be able to access their phones at camp (unless there is an emergency). Re insurance, if trampolining is covered under the sports section of your existing policy you do not need to buy the Perkins Slade one but you must give full details and confirmation of this on your information sheet. Confirmation must specify 'trampolining'. Apologies for not informing you of this sooner.

HAVE A GREAT SUMMER Hopefully we may get some summer weather soon!

Sue and the Coaches

