

EDGBARROW TRAMPOLINE CLUB NEWSLETTER ~ JANUARY 2012

Dear Club Member,

Please take careful note of the following dates:-

Tuesday January 3rd	- Training returns back to normal
Thursday January 5th	- Half term signed training lists
Sunday January 8th	- Community & Club Coach training + social
Wednesday January 11th	- School Parents Evening – restricted parking
Friday January 13th	- Olympic Trial Event – O2 London (tickets available, see below)
Wednesday January 18th	- School Parents Evening – restricted parking
Saturday January 21st	- Regional Assessments – Southampton
Sat/Sun January 28th/29th	- First National Gala – Hatfield
Friday February 3rd	- Last day to sign for half term training
Saturday February 4th	- Super Regional Coach Education day – OLGA
Sunday February 5th	- Super Regional Squad - OLGA
Sat-Sun February 11th-19th	- Half term signed training
Sat/Sun February 18th/19th	- Second National Gala – South + European trial events

HAPPY NEW YEAR TO EVERYONE Thanks to all for the lovely cards and gifts received by our staff. We hope you all had a great time during the festivities.

CENTRE CLEAR UP DAY – Thank you to everyone who helped at the ‘Centre Clear Up Day’ before Christmas. You were all so generous with your time. Special thanks to Jackie for organising the lunches and refreshments, and to John for doing a tremendous job with his team of helpers in clearing out the pit which is an unenviable job. Thanks to all.

SIGNED TRAINING – Because half term is so early in February, please note that you need to sign for half term training by Friday February 3rd. The lists to sign will be on the board this week. Thank you for being so vigilant regarding signing for the Christmas break. In order to keep Club open for training for fifty two weeks a year it is important that our coaches have a break. We allocate coaches according to the numbers who sign. Unfortunately on a few dates over Christmas we had a large numbers of those who signed not turn up, which meant we had over booked coaches who could have had essential time off. If you sign, please attend or give us 24 hours notice so we can adjust our coaching numbers if relevant.

CLUB CHAMPIONSHIPS & BARN DANCE – Thank you for supporting the Club Championships and Barn Dance on December 17th. In total we raised almost £1,000.00 towards club funds. Thanks to you all for your generosity and to everyone who worked so hard on the day to make it so successful including the coaches, officials, fundraising team and everyone who gave so generously.

WINTER BOOT CAMP – This was the first time we have run a winter camp and it was a great success. Thanks to Pip for organising and running the camp and doing such a great job and the coaches who worked so hard to make it a success. The analysis work reviewed by all combined with the hard physical work undertaken by the campers we believe has helped give many of our National competitors a fitness edge before the season starts. We intend to make these types of camp a permanent feature in the future.

NATIONAL COMPETITORS - Anyone eligible to compete in the National Galas **MUST** fill in your form and return to Sue W immediately. The first gala entries are due in any day now. Anyone failing to return their form will not be entered in the galas.

ATP CONDITIONING APPRAISALS Please sign asap for your Conditioning Appraisals. The dates are listed on the store cupboard door. All ATP members should sign. All diaries of ATP members must be up to date with the new season’s goals listed. Please see your coach for help.

SCHOOL OPEN EVENINGS – Please note that the School have two forthcoming parents evenings on Wednesday 11th and 18th January. On these dates please park outside of the school premises after 6pm. Apologies for the inconvenience and thank you for your co-operation.

GOOD LUCK TO EVERYBODY competing in the Regional Assessments in Southampton on the 21st and at the first National Gala at the end of the month at Hatfield. The Gala weekend is also a European trial weekend. **Good luck** to those trialling. NB the club will be registering all those trialling for Europeans with BG so please do not apply independently.

OLYMPIC TRIAL EVENT We still have six tickets available for the Olympic test event. The event is on Friday January 13th during the day at the O2 in London. Tickets cost £10.50 which is a fraction of the actual Olympic ticket cost. This event will be run exactly as the Olympics. It is not only the trial event to fill the 16 places, but also the trial event for the actual day in July. The bonus is that the Men’s and Ladies events are on the same day and if you didn’t get Olympic tickets for July, this is the next best thing. It is well worth any aspiring trampolinists making the effort to attend. Please email me immediately if you want to buy a ticket. First come, first served. We can chaperone and return your children if you wish them to come with us.

SUPER REGIONAL SQUAD The Super Regional Squad is on Sunday February 5th at OLGA. All Super Regional Squad members are expected to attend. Please confirm your attendance to me asap.

STAFF TRAINING AND SOCIAL All staff should attend the Staff training afternoon on Sunday January 8th. Please contact me immediately if you have not yet confirmed attendance.

‘PHIL THE BAG’ bags are available now from the centre. Please fill your bag and return asap. You can fill your bag with old clothes, curtains, shoes etc. The bags are weighed and club will receive more money the greater the weight. Please off load all your old stuff on us!

GOOD LUCK to Graham who is having an operation on his shoulder this month and get fit soon to both Graham and Elise who recently underwent an operation on her ankle but is up and moving again. It is also good to see Jess having a ‘little jump’ following her knee op!

Sue and the Coaches

