

EDGBARROW TRAMPOLINE CLUB NEWSLETTER ~ FEBRUARY 2012

Dear Club Member,

Please take careful note of the following dates:-

Friday February 3rd	- Last day to sign for half term training
Saturday February 4th	- Super Regional Coach Education day – OLGA
Sunday February 5th	- Super Regional Squad - OLGA
Sat-Sun February 11th-19th	- Half term signed training
Sat/Sun February 18th/19th	- Second National Gala – South + European trial events
Sunday March 4th	- Regional Squad, Brakenhale
Saturday/Sunday March 3rd/4th	- European trials, Bath
Sunday March 11th	- 'First 100' Competition, Brakenhale
Sat/Sun March 17th/18th	- Northern Gala

SIGNED TRAINING – Because half term is so early in February, please note that you need to sign for half term training by Friday February 3rd. The definitive lists will be posted and sent out early next week. Please take careful note of any changes. New members should ask their coach to assist them in signing. If you don't sign you will be unable to train.

WELL DONE to everyone who competed in the Regional Assessments in Southampton on the 21st. The results were brilliant and reflected the hard work put in by the competitors and their coaches. Thanks to everyone who officiated at the event. Results are on the website.

SUPER REGIONAL SQUAD The Super Regional Squad is on Sunday February 5th at OLGA. Have fun all those attending, Jess H, Katie A, Ella Mae, Ben, Tom L, Alisha M and Elliot.

'PHIL THE BAG' thanks to everyone who donated so generously to 'Phil the Bag'. We should soon know how much we raised from the collection. **Mega thanks** to Jackie for arranging the whole operation.

GET FIT SOON Graham, Pip, Chloe and Elise, all of whom have undergone successful operations recently.

WELCOME BACK to training to Jess after several months recovering from her knee injury.

CONGRATULATIONS to everyone who competed in the first gala in Hatfield last weekend. In general the results were amazing with a record number of top 8 finalists at a gala. **THANKS** to everyone who coached and officiated for club. You all did a great job as usual.

MEGA CONGRATULATIONS to the following on qualifying first time out for the National Championships in July. FIG - SENIOR LADIES Amanda, Sophie. 19+ Grace, Amy, Emily M, Katie H. U19 Charlotte, Rhianna, Georgie, Ross, Tom L. U17 Megan, Georgia, Alice, Fiona, Ryan. NAT 'C' - 19+ Darryl. U19 Bethan. U17 Jamie, Lauren, Ellen, Sophie B. U15 Tom H, Liam P, Ella Mae, Sarah O, Kate S, Aoife. DMT - FIG - U15 Ella Mae. 15+ Alisha, Georgia, Emily. NAT C - 15+ Lauren, Elizabeth O.

CONGRATULATIONS too to Alisha, Georgia, Rhianna and Emily all of whom trialled in DMT for the Junior European Championships in Hatfield, also to Pete who trialled for the senior team.

CLOTHING AT NATIONAL GALAS Competitors please make sure that you wear your tracksuit. If you are hot you can obviously take your top off however if you are wearing a top please make sure it's a tracksuit top. Ladies/girls, you must not wear underwear (bra tops) that show when wearing your leotard, (generally seen at the back). Please make sure that by Bath you have acquired a top that cannot be seen outside of the leotard. Sorry we should have explained this ruling to all of our new competitors before Hatfield. Thank you for your co-operation.

DIARIES If you are now changing your routines for the galas or for Regional assessment please speak with your coach regarding upgrading your diary.

URGENT We need to buy a new competition 4x4 trampoline at great cost to give you equipment on which to train that more closely monitors the competition beds. We haven't actually got the money long term to buy it but will do so and pay back through fund raising. We need to raise about £6,000.00. Please put some thought into how we can raise this money. We will sell a trampoline to raise about half but we need to really get busy to raise the rest. Ideas please to me and Jackie asap. We'll put the 'Phil the Bag' money directly to this fund raising venture. Thank you for your generosity with this and thanks to those who have already given ideas. We will get moving on these next week.

GOOD LUCK to Amanda, Sophie, Charlotte, Megan, Rhianna, Katie A, Jess, Georgia, Alisha, Liam, Ross, Philip, Kips and Elliot all of whom are trialing for TRI and/or TRS in the European trials in Bath on February 18th/19th and again on March 3rd/4th.

GOOD LUCK to everyone competing in the National gala in Bath this month.

'FIRST 100' COMPETITION The 'First 100' competition is being held at Brakenhale on Sunday March 11th. Entries are due by Saturday 25th February. Everyone is eligible to enter and those attempting new routines in the next Regional assessments or in the galas should use the event prior to Regional or gala entry.

THANK YOU - Katie A and Jess H would like to thank everyone who helped their fund raising efforts by having their nails painted at the Club Championships before Christmas.

BABY NEWS Our 2004 Olympian, Kirsten gave birth at great speed on Sunday 29th January. The baby, a little girl has been named Lola. Mother and baby are doing well. **CONGRATULATIONS** to Kirsten and Nico!

Sue and the Coaches