

## EDGBARROW TRAMPOLINE CLUB DECEMBER NEWSLETTER 2012

Dear Club Member,

<b>Monday December 10<sup>th</sup></b>	- <b>LAST DAY TO SIGN</b> for Christmas training
<b>Saturday December 1<sup>st</sup></b>	- ATP sessions, amended time, see below
<b>Saturday December 15<sup>th</sup></b>	- <b>CLUB CHAMPIONSHIPS &amp; RACE NIGHT</b>
<b>Monday December 17<sup>th</sup></b>	- Signed training commences
<b>Fri-Sun December 28<sup>th</sup>-30<sup>th</sup></b>	- 'Winter Boot Camp' Trampoline & DMT
<b>Thursday January 3<sup>rd</sup></b>	- Entries due for 'First 100' competition/last date for entry to first gala
<b>Friday January 4<sup>th</sup></b>	- Trampoline 'Centre Clear Up Morning'
<b>Saturday January 5<sup>th</sup></b>	- ATP session – 2.00-4.00pm
<b>Monday January 7<sup>th</sup></b>	- Club Training returns to normal
<b>Sunday January 13<sup>th</sup></b>	- 'First 100' competition
<b>Sat/Sun January 26<sup>th</sup>/27<sup>th</sup></b>	- First National Gala – SE – Medway

**WELCOME** to all of our new club members. Please make sure that you check the information given in this newsletter and regularly check the website for updates.

**ATP SESSIONS Saturday January 5<sup>th</sup> and Saturday February 2nd (2.00-4.00pm)** – the sessions are listed on the back of the store cupboard now for all ATP members to sign. Please do so asap. Please meet at 1.55pm in the 'Time Out' Cafe at Bracknell Leisure Centre. The uptake of the new sessions has been terrific. Thanks to Jess for planning and running the sessions.

**DATE CHANGES AND CONFIRMATION OF REGIONAL DATES/VENUES** – Please look carefully at the amended dates list attached. The most recent changes to dates have been highlighted in bold. The venues for Regional competition have been confirmed and inserted in the list.

**REGIONAL ASSESSMENTS** – Please note, only those wishing to gain a promotional offer to progress from Regional D to National C will be entered into the February 3<sup>rd</sup> Regional Assessment. All Regional D competitors will be sent an entry form for the February event before Christmas. The Club will enter in full at the March Assessment on Sunday 3<sup>rd</sup>. However only those who are deemed ready to qualify will be entered. We will not be entering anyone in the Regional event for experience only. Please use the 'First 100' Competitions in order to gain valuable competitive experience.

**CONGRATULATIONS** to everyone who competed in the **David Ward Hunt** international competition last month. (See the website for full results). All of our competitors showed great form and most competed really well. Well done to all. Thanks to everyone who coached, officiated and supported. **A special mention to our medal winners – Junior TRI** – Rhianna 1<sup>st</sup> (Rhianna's team Wales 1<sup>st</sup>. EDG team 2<sup>nd</sup> – Megan, Georgia, Sally, Katie). Kameron 2<sup>nd</sup>, Michael 3<sup>rd</sup> (team 2<sup>nd</sup> Kameron, Michael, Elliot). **Youth TRI** – Jess H 3rd (team 1<sup>st</sup> Jess, Ella Mae, Kate S, Sarah O).

**Under 21 TRI** Ross 3<sup>rd</sup>. (Welsh team, Sophie, Emily, Rachel, Zara 1<sup>st</sup>, EDG team – Amy, Grace, Charlotte 3<sup>rd</sup>). **Senior TRI** - Liam 2<sup>nd</sup> (team 2<sup>nd</sup> Liam, Ray, Pete). **SYNCHRO Junior** – Megan/Rhianna 1<sup>st</sup>, Jess/Katie 2<sup>nd</sup>, Kameron/Elliot 3<sup>rd</sup>. **DMT Junior** – Elliot 3<sup>rd</sup>. **YOUTH DMT** – Liam P 3<sup>rd</sup>.

**ETC LOTTERY WINNERS NOVEMBER** - Congratulations to November's winners - Number 4, Sue Williams who wins £30.00 and Number 34, Tara Gartland who wins £20.00. The December draw will take place at the Club 'Race Night' on December 15<sup>th</sup>. As well as the usual monthly prizes there will be an Xmas bonus of £50.00 to the first number drawn. Thank you for your support in buying tickets for the Club Lottery. Once December's winners are paid we will have raised £234.00 for Club funds and paid out £350.00 in prizes. We plan to start the lottery again in March and hope we can rely on your support. More tickets sold will result in bigger cash prizes. Thanks to Alex for running our lottery.

**CONGRATULATIONS** to everyone who competed recently in the Flanders Cup International. **Well done to our medalists – Junior TRI** – Kips 2<sup>nd</sup>, **Under 21 TRI** – Liam 1<sup>st</sup>. **DMT – JUNIOR** Georgia 3<sup>rd</sup>. **SYNCHRO** – Pete/Luke 2<sup>nd</sup>. (Full results on the Edgbarrow website).

**CONGRATULATIONS** to Rhianna and Megan who competed last weekend in the GB v Germany Youth International. Germany just beat GB by 2.2 points on a total of 1060 points. It was a very close and exciting team event. **Well done to Rhianna** who took 3<sup>rd</sup> place individually in the under 18 category.

**SIGNED TRAINING** – You have until **December 10<sup>th</sup>** to sign for your Christmas training sessions.

**PRE SEASON BOOT CAMP** – This is now full for TRI but we do have DMT spaces. The DMT section of the Boot Camp is only half a day for three days (28<sup>th</sup>, 29<sup>th</sup>, 30<sup>th</sup> December) and half the price ie £45.00

for three days. You will receive technical DMT training, strength and conditioning and a presentation each day. Please contact Pip and Heather asap if you wish to take part in DMT at 'Boot Camp'. Thanks to Pip for running the 'Boot Camp'.

**CLUB CHAMPIONSHIPS AND 'RACE NIGHT'** the 2012 (December 15<sup>th</sup>) Club Championships timetable will be distributed before this weekend. Our major fund raiser of the year this year is a '**Race Night**' on the same evening. This will be a great evening for families and friends. Unfortunately we have only sold 50% of the tickets so far. The evening costs £6.00 per ticket which includes your food. You will be entertained, enjoy races and other activities during the evening, plus we will have our annual Club Presentations. **Please** support your club by buying tickets. Thank you. Please donate non perishable foods/drinks/confectionary for our annual hampers and raffle prizes. Thank you for your generosity. **ALGARVE CAMP** Second payments for Algarve Camp must be made in December - £90. Thanks to everyone for providing flight details.

**TRAMPOLINE CENTRE 'CLEAR UP' DAY** – We have deferred the 'Clear Up Day' to Friday morning of January 4<sup>th</sup> as many of you are still at school on the original date of December 21<sup>st</sup>. If you are able to help, please sign a new separate list on the board asap. You may train as soon as the clear up has concluded. Thank you for your help.

**NATIONAL GALA FORMS** – Every National competitor should now have received their gala forms for next season. (Please contact Sue W and me if you have not received one). You must return them asap to Sue Williams. Please confirm with your coach which galas you will be entering next season.

**NEW FEMALE LEOTARD** please contact Amanda or me asap if you have not received information for buying your new club training leotard. This was sent out last week. When you order from the website use your discount code - Discount Code = Edg12. Web Link - <https://www.elitegymwear.co.uk/Edgbarrow> . This takes you straight to the Edgbarrow Gym Link page.

**GOOD LUCK** to everyone competing in the Welsh Championships next weekend.

**CHARITY FUND RAISER** please help Jess in her quest to raise money for International Cancer Research and our Trampoline Centre. This is very close to Jess's heart as her brother is now in remission from cancer, having been given a poor prognosis two years ago. It is due to cancer research that he has a much improved outlook now. Jess is raffling a lovely snowman teddy which can be seen at the centre. She will split the proceeds between the centre and the charity. Please buy your raffle tickets asap.

**MERRY CHRISTMAS & A HAPPY NEW YEAR!** Thank you so much to everyone who has worked so hard to make 2012 such a successful year for Edgbarrow. Everyone's efforts are much appreciated. Have a great festive season.

Yours,

*Sue and the Coaches*