

EDGBARROW TRAMPOLINE CLUB NEWSLETTER JULY 2016

Dear Club Member,

Friday-Sunday July 1-3rd

Saturday/Sunday July 9-10th

Sunday July 17th

Saturday July 23rd

Tues-Tues July 26th - Aug 2nd

Saturday August 13th

Tues-Friday August 16th to 19th

Monday September 5th

Saturday September 10th

Sunday September 11th

- British Championships - Liverpool
- NDP Finals - Telford
- Welsh Squad - Midlands
- The Summer Training Schedule commences
- Algarve Camp - Loule – Portugal
- Last date to enter South Shields League Event
- Edgbarrow Summer Camp
- Training returns to normal
- Psychology lecture/nutrition 2-4pm - TBC
- Under 15 Squad – 9-2pm - BTC

GOOD LUCK to everyone competing in the BG NDP Finals this weekend in Telford.

CONGRATULATIONS to **everyone** who competed in the League event in Cardiff last month. **Mega-congratulations** to our medal winners – TRI - L1 – Charlotte V 1st, Jess H 1st, Ella Mae 2nd, Ben W 1st, Sally 1st, Charlotte M 3rd, Tom L 2nd, Ben C 3rd. Super League – Sally 1st, Zara 2nd, Ben W 1st, Tom L 3rd. TRI – L2 – Rachel T 1st, Sophie D 3rd, Toby 3rd, Leah 1st, Lucy 2nd, Sarah D 3rd. TRI – L3 – Megan 2nd, Phoenix 1st, Abby S 2nd, Freddie 3rd. TRS – Caitlin M/Rachel 2nd, Leah/Lucy 3rd, Lucas/Toby 2nd, Kate/Caitlin T 1st, Asha/Georgie 2nd, Paige/Milly D 3rd, Zara/Charlotte 1st, Katie A/Jess 3rd, Ross/Tom L 1st. DMT – Charlotte V 1st, Rachel 2nd, Branner 1st. **Great results!**

CONGRATULATIONS to all who competed in the British Elite Championships last weekend in Liverpool. (Apologies to Asha for omitting her name from the newsletter last month). Edgbarrow had terrific results at this very highest level of domestic competition. In TRI Ella Mae took the 17/18 GB title with Caitlin T in 2nd. Ben W was 3rd and in 15/16 Asha was 7th.

DMT – Charlotte V 3rd, Rachel T 4th. In the Senior event and final Olympic trial Amanda took 4th place.

SUMMER CAMP – Please find attached the application form for this year's Summer Camp. There are only three spaces left so hurry to apply. This is a great opportunity to spend time trampolining, socialising and taking part in other related activities such as diving and DMT. Applications will be accepted from those eight years and older. There is no upper age limit.

EDGBARROW LOTTERY – The lucky June winners are Alan Chapman - £50.00, Katie Abrahams - £25.00 and Richard Abrahams £15.00. Congratulations to all.

SOUTH SHIELDS LEAGUE ENTRY – Please confirm or enter by Saturday August 13th. Please check with your coach or me asap whether you need to enter South Shields in order to have an opportunity to compete at the League Finals now the correct up to date League points have been published.

ALGARVE CAMP Everyone attending the Algarve Camp in July must submit to me on a single A4 sheet with the following information on it by Thursday July 21st – 1) a photocopy of the photo page of the passport. 2) a photocopy of the European Health Card. 3) the insurance company and policy number & 4) emergency contact numbers. Under 15's will also need a full letter of consent on their person in order to travel out of the country with the chaperones. You will shortly be advised about the letter. **ENJOY** the camp!

SEPTEMBER – We are introducing an Edgbarrow Elite section to club in order raise standards. Those invited are those currently deemed capable of aspiring to BG Elite competition level within two years. If not invited, please work hard to gain access. We are closely monitoring all club members and have high hopes of more achieving this level. Your training forms for September will be sent to you by the end of the month.

ADDITIONAL SUMMER SESSIONS – Mon 8th to Wednesday 10th & Mon 22nd to Wednesday 24th August. Please contact Emily M at emilymulcahy@hotmail.com for details. Great camps for beginner and intermediate trampolinists!

SUMMER HOLIDAY CLUB TRAINING – Please find attached the Summer Holiday Training Schedule. All daytime trampolinists must sign the daytime schedule for summer sessions by Monday 11th July.

WELSH SQUAD – Good luck and enjoy Welsh Squad training on July 17th – Zara, Lucy, Grace, Lara and Caitlin M.

SAD NEWS – We have a few great club members to say goodbye to this month starting with Charlotte V who is leaving to live in Colombia at the end of the month. We also will be saying goodbye to Ross (GB Youth International) who has just finished university and will be concentrating on his professional career. We also say goodbye this month to Kylie who has been both an Edgbarrow competitor in TRI and a great DMT coach for us for many years. As three times World Champion in DMT Kylie created the club's DMT squad from scratch six years ago and has inspired many Edgbarrow competitors in DMT. Kylie's coaching success wasn't just due to her phenomenal DMT knowledge which is undisputed, but also her gentle and calm coaching style. Kylie will be moving to Wales this summer. Thank you Kylie for being a great Edgbarrow competitor and coach. And last but not least we say goodbye to Amanda who is retiring from the sport after a phenomenal career of 26 years. Amanda started trampolining at 4 years old. Until age 16 she managed gymnastic and trampoline training in tandem and then focussed on trampolining. Amanda entered the GB Senior Squad aged 22 and went on to specialise in synchronised trampoline. Amanda won three world titles in synchro – the World Cup title, the World Games title and became World Champion in 2013. Amanda and partner Kat Driscoll medalled in every single international event they entered in synchro. Amanda was also a world class individual trampolinist achieving her highest level taking 4th place in Europe plus many other high placings plus she also holds the 2016 European team title in individual trampolining. Amanda has coached for Edgbarrow for many years too. I know you will all agree that Amanda is a great role model for everyone, a kind, generous and lovely person and we are so proud and honoured to have had Amanda as member of Edgbarrow for the last 12 years. Thanks to everyone who has worked so hard supporting Amanda's incredible international career. Good luck to Charlotte, Ross, Kylie and Amanda, we will miss all of you very much.

Have a great summer break.

Yours,

Sue and the Coaches

