

EDGBARROW TRAMPOLINE CLUB NEWSLETTER – JANUARY 2015

Dear Club Member,

Sunday January 4th	- Coaches meeting (4.30pm) and staff meal
Monday January 5th	- Training returns to normal
Thursday January 8th	- Regional Entries due (see attached entry form)
Sunday February 1st	- Regional Grading Event – G to D & NDP6 – Farnborough Leisure Centre
Friday February 6th	- Half term signed training list removed from board
Sat-Sun Feb 14th-22nd	- Half term signed training
Sunday February 15th	- U15 'A' Squad session 9.30-12.00pm

HAPPY NEW YEAR to everyone and welcome back to club after the festive season. Thank you also for the lovely cards and gifts the coaches received from many of you.

WELCOME – to all of our new club members starting this week. You are very welcome and we hope you enjoy club training. Please ask your coach or me if you need anything clarified.

TRACKS 2000 FINALS – December 6th/7th - CONGRATULATIONS to everyone who competed in the Tracks 2000 League Finals. Please see the attached results from the weekend. Our competitors were superbly prepared by their coaches and this was evident from the results gained.

UNDER 15 'A' & ELITE SQUAD SESSION – Sunday December 21st – We held a special squad session on Sunday December 21st when the 2004 Olympian Kirsten Lawton shared her experiences of the Olympics and her Olympic scrap books and memorabilia. Kirsten explained her training from a young competitor through to Olympian and the positive experiences and friendships gained during her long trampolining career. Thanks to Kirsten for delivering such a special morning and to Hannah for initiating and planning the squad. The next squad day will be on Sunday February 15th.

DATES FOR 2015 – We are still compiling the dates for the year as some are still not confirmed. As soon as the last ones are confirmed you will receive the list for 2015. Changes still may happen throughout the year so keep checking the newsletters for dates.

CLUB CHAMPIONSHIPS & BARN DANCE – Congratulations to everyone who competed in the annual Club Championships. The club championship and community results are on the website – www.edgbarrow.co.uk.

EDGBARROW'S 30th ANNIVERSARY BARN DANCE – Thank you to everyone who attended the Barn Dance in December to celebrate Edgbarrow's 30 years as a club. A great time was had by all. **THANK YOU** to Jackie and her fundraising team for putting together the annual hampers, raffle, tombola and refreshments during the day. Including money raised through entries, the entire day raised a well needed £1000 for club. Thanks to everyone for your generosity and for making it such a great day.

CENTRE CLEAR UP DAY – In order to keep our members safe we are obliged to empty the pit annually, remove rubbish, debris and destroyed foam. We also needed to give the centre a thorough cleaning of trampoline frames, carpets etc. Unfortunately the numbers who turned out to help on the 30th December were very low and the clean up took a lot longer than in previous years. However the small number who did attend did a magnificent job in great spirit and we are very grateful to you all for helping, so thank you very much for giving your time and working so hard. Next year we will give you more notice of the day and will send out reminders.

HALF TERM SIGNED TRAINING – Saturday 14th to Sunday 22nd February. Because this is a very short half term you will need to sign for February half term training by Friday February 6th. The lists will be placed on the red board in reception next week. New members please take careful note – we train through all holiday periods but you must sign the list to let us know which of your sessions you will be attending. If you fail to sign you will not be permitted to train. Each training day and session is listed so the process is self explanatory once you look at the lists. Please ask your coach or me if you need any help with signed training.

REGIONAL GRADED EVENT – Sunday February 1st – The first graded event of 2015 is on February 1st for grades G to D and where applicable NDP6, at Farnborough Leisure Centre. Only those wishing to progress to NDP7 in 2015 should enter NDP6. Please find attached the entry form. You must enter by January 8th with your coach's consent.

EDGBARROW LOTTERY - The December draw took place on Wednesday 10th. The lucky winners were - £50 - Number 88 - Rosemarie Bramble. £25 - Number 79 - Hannah Lawton and £25 - Number 76 - Frances Stevens. Congratulations to the winners. December was the last month in this six month cycle. **£600** was paid out in prizes and almost **£500** raised for club funds. Thanks to you all for taking part. It was great to see a good spread of prize winners across the six months. We hope to continue the lottery straight in to January without a break but understand December was a busy time so Alex will arrange for the draw to be done right at the end of January and make the final date for payment **Monday 26th January**. Thanks to those of you who have already confirmed you would like to renew your numbers. Unless you let Alex know in December you wished to withdraw from the Lottery your numbers have been automatically renewed. Each ticket costs £12 for 6 months and if you need a reminder of your numbers please have a look at the attached list. The Edgbarrow bank details in to which payment should be made are - Sort Code **30-91-11** and Account Number **00676304**. Please put the word 'Lottery' in the reference field and let Alex know the date when payment has been made. Thank you to everyone for your generosity and to Alex and Alison for running our lottery.

UPDATE ON LIAM – Liam unfortunately won't be back to coaching for another three weeks as he is still unable to weight bear on his leg. We will continue with the cover we have recently had for Liam's group. If anyone from Liam's group needs advice regarding entering the Regional event please come and speak to me or your cover coach.

COACHES MEETING – The Coaches meeting is at 4.30pm on Sunday January 4th at the Trampoline Centre. The meeting will be followed by the staff meal. Please place your meal order asap with Heather if you haven't already done so. Thank you.

HAPPY NEWS – **Congratulations** to Amanda who recently got engaged to James and Pip to Hayley.

Sue and the Coaches