

EDGBARROW TRAMPOLINE CLUB JANUARY NEWSLETTER 2013

Dear Club Member,

Friday January 4th	- Trampoline 'Centre Clear Up Morning'
Saturday January 5th	- ATP session – 2.00-4.00pm
Monday January 7th	- Club Training returns to normal
Sunday January 13th	- 'First 100' competition
Sat/Sun January 26th/27th	- First National Gala – SE – Medway
Saturday February 2nd	- ATP session 2.00-4.00pm
Sunday February 3rd	- Regional Assessments, Isle of Wight
Sunday February 10th	- 'First 100' Competition
Sat/Sun February 16th/17th	- SW Gala, Bath

HAPPY NEW YEAR TO EVERYONE & THANK YOU for all of the lovely cards and gifts received by the coaches.

ATP SESSIONS - Saturday January 5th and Saturday February 2nd – the sessions are listed on the back of the store cupboard now for all ATP members to sign. You should all have received the information for this Saturday's ATP sessions. Please let me know if you haven't. Meet in the 'Time Out' Cafe, Bracknell LC at 1.55pm

REGIONAL ASSESSMENTS – Last call for entries for the 'First 100' Competition on January 13th. Please contact Sue W immediately if you want to enter. You may use this for National gala practice, Regional and Novice practice plus synchro practise (if you wish to try out before the National season). Apologies, the DMT section is not available at this event as Kylie will be attending the Zonal Schools competition. We will transfer DMT entries from this 'First 100' to the next one. The entry forms for the next 'First 100' on February 10th and next Regional on March 3rd will be distributed next week.

GOOD LUCK to everyone competing in the Zonal Schools Championships on January 13th.

ETC LOTTERY WINNERS DECEMBER - The Edgbarrow Trampoline Club lottery draw took place last week. December included an additional special Xmas bonus prize of £50 and the first number drawn and winning this amount was Sue Williams. The second number drawn and winning £30 was held by Diana Small. Jane Delaney was drawn third and wins £20. Well done to all. Thank you all for buying tickets for the 2012 club lottery and helping us raise money for Club funds. We'll be restarting the lottery in March for a further six months at a cost of £2.00 a month and hope we can count on your continued support and a few more of you will sign up. Alex will be back in touch in the New Year with more details about the next Lottery.

PRE SEASON BOOT CAMP – The 'Boot Camp' was fully attended and great fun. Thanks to Pip for his hard work in putting together the camp and running it and thanks to everyone who coached.

CLUB CHAMPIONSHIPS AND 'RACE NIGHT' – Thank you to everyone who made the event such a success, our officials, fund raisers and coaches. The 'Race Night' was a great success and raised a lot of money. Thanks to Jackie and her team for organizing it all and helping to run it on the night. The results are on the website.

NEW WEBSITE after months of hard work the fabulous new website has finally gone live. **Mega thanks** to Liam, Philip and their team for all of their hard work. The team would appreciate any feedback you may like to give them on the website.

ALGARVE CAMP Third payments for Algarve Camp must be made in January - £90. Thank you.

TRAMPOLINE CENTRE 'CLEAR UP' DAY – Thank you to those who have offered to help. Please arrive at 9.30am on Friday 4th January. We will give you refreshments during the morning but suggest that if training straight away after the mornings work concludes you bring some lunch with you. Thank you for your help.

NATIONAL GALA FORMS – Thank you to everyone for returning your entry forms and **GOOD LUCK** to everyone competing in Gillingham at the end of the month at the first gala of 2013.

NEW FEMALE LEOTARD please see me at Club if you wish to try on an Elite leotard to check sizes before you order. When you order from the website use your discount code - Discount Code = Edg12. Web Link - <https://www.elitegymwear.co.uk/Edgbarrow> . This takes you straight to the Edgbarrow Gym Link page.

WELSH CHAMPIONSHIPS – CONGRATULATIONS to Sophie, Rachel and Rhianna all of whom competed in the Welsh Championships last month. Sophie won her age group and came 2nd in the Ladies. Rhianna took 2nd in her age group and 3rd in the Ladies and Rachel was 2nd in her age group. The Edgbarrow Ladies team won the Welsh team title. If anyone (Regional D to FIG A competitor) in the club has a Welsh parent and wishes to be considered for the Welsh Squad please let me know asap.

NEW CENTRE RULE There has been an increase in people pushing others into the pit in fun. Please note that if you do this you will be excluded from the session.

GOOD LUCK to Megan who will be travelling shortly to Australia to compete for GB in the Australian Youth Olympic Festival. Megan was selected from all of the current FIG B Under 17 competitors for this event. Have a great time Megan and enjoy the experience. We are all very proud of you.

COMPETITION ATTIRE 2013 – A reminder to our female competitors this season not to wear coloured nail varnish and the aptly named 'pineapple' for a hairstyle. Long hair must be in a bun or plaited only.

'PHIL THE BAG' The bags will be available from club this week for this latest fundraising activity. Please bring in your unwanted linens, clothes, shoes, bags, belts etc to club asap. The final collection date will be posted shortly. Thanks to Jackie for organising the initiative.

CHARITY FUND RAISER you all helped raise £108 on the 'Snowman' raffle, half of which goes to club and half to Cancer Research. Sue W won the raffle so a great month of wins for Sue! Thank you all for your generosity.

SAD NEWS Jess has hung up her leotard after nearly 20 years of trampolining. Jess has had a terrific career including representing England. Following a serious knee injury in 2011 Jess made a comeback in 2012 and took her first individual National title (Over 19 FIG A) last year aged 26. Jess has represented Edgbarrow since 1999. She is testimony that hard work and dedication pays off and we shall all miss her quirky ways in training. Jess will qualify as a teacher this year and though she will continue coaching she will focus on her new career too. Thanks Jess for being a great role model for Edgbarrow and proving that continued hard work and determination pays off.

Sue and the Coaches

