

## EDGBARROW TRAMPOLINE CLUB FEBRUARY NEWSLETTER 2013

Dear Club Member,

<b>Saturday February 2<sup>nd</sup></b>	- ATP session
<b>Sunday February 3<sup>rd</sup></b>	- Regional Assessments, Isle of Wight
<b>Sunday February 10<sup>th</sup></b>	- 'First 100' Competition
<b>Sat/Sun February 16<sup>th</sup>/17<sup>th</sup></b>	- SW Gala, Bath
<b>Monday February 18<sup>th</sup></b>	- Coaches Meeting 7.00am. Venue TBC
<b>Sunday March 3<sup>rd</sup></b>	- Regional Assessments - Southampton
<b>Saturday March 9<sup>th</sup></b>	- ATP session
<b>Sunday March 24<sup>th</sup></b>	- '1 <sup>st</sup> 100' Competition
<b>Sat/Sun March 30<sup>th</sup>/31<sup>st</sup></b>	- Yorkshire Gala, Hull
<b>Saturday April 6<sup>th</sup></b>	- ATP+ Programme begins
<b>Sat/Sun April 13<sup>th</sup>/14<sup>th</sup></b>	- Welsh Gala, Cardiff

**APOLOGIES** for the lateness of the newsletter, I've been delayed in Manila (joke). The hacking of my account has delayed normal procedures. I have also temporarily lost all of my contacts which BT seem to be in the process of returning to me. So in the meanwhile Heather may be sending out any information on my behalf that you require from club.

**CONGRATULATIONS** to everyone who competed in the first National gala of the season last month in Gillingham. 34 club members qualified for the National Championships in July at their first attempt. These were great results. The form and height shown by our competitors was in a class above many other club standards. **Mega-congratulations** to our medal winners, **TRI** - Tom H, Liam P, Sarah, Elliot, Fiona, Tom L, Kamera, Emily M, Zara, Philip, Michael, Sophie B. **DMT** - Liam P, Tom H. **TRS** - Pete/ Michael, Jess/Katie, Ben/Ryan, Tom/Liam P and Sarah/Kate. Results on the website

**ATP SESSIONS** – **Thanks** to Jess and Amanda on delivering yet another thought provoking session last weekend. The next session is on Saturday March 9<sup>th</sup>. Please sign the list on the store cupboard door to confirm attendance.

**ATP+ APPLICATIONS** thanks to everyone who has applied for join this initiative. We will shortly be distributing your tests and targets. The new programme will start after Easter. Details to be posted shortly.

**'FIRST 100' & REGIONAL ASSESSMENTS** – Good luck to everyone who is competing on Sunday in the 'First 100' and to those then competing on March 3<sup>rd</sup> in the Regional Assessment. The timetable for Sunday is on the board.

**TRAMPOLINE CENTRE 'CLEAR UP' DAY** – Thank you to everyone who helped at the 'clear up' day in January. You were great and we did an excellent job getting the Centre clean and tidy. **Thanks** to John for leading the assault on the pit with military precision and giving it its annual clean. New foam will be arriving any day now to top up our depleted stocks. Thanks too to Jackie for organising refreshments .

**GOOD LUCK** to everyone competing in Bath on 16<sup>th</sup> / 17<sup>th</sup> February. All tariff sheets must be submitted by the Wednesday before. Anyone competing in the WAG Group doing the WAG set must write an additional tariff sheet. Please make sure that you comply with all competition requirements as stated in the competition info posted last month.

**NEW FEMALE LEOTARD** it's nice to see so many of you now wearing the new training leotard. Please note that any Club member may buy one for training, it's not just for National competitors. See the website for the link.

**MEGA-CONGRATULATIONS** to Megan who represented GB in the Australian Youth Olympic Festival (AYOF) last month. Megan took 5<sup>th</sup> place individually and 2<sup>nd</sup> in synchro with partner Izzy. Megan had the 3<sup>rd</sup> highest set score (after two Chinese) scoring 9's amongst her scores. She also scored personal best scores in her set and final routine and had a great time down under. **Well done** Megan, we are so proud of you.

**'PHIL THE BAG'** Thank you to everyone for your generosity. We will shortly know how much you raised for our Club.

**THANKS** to Jackie for organising this and to the Abrahams family who took the bags daily back to their garage in order not to junk up the reception at the centre.

**CONGRATULATIONS** to Megan who has been selected to be a member of the new GB National Youth Squad.

**CONGRATULATIONS** too to Hannah who has been selected to coach at the GB National Youth Squad this weekend at Lilleshall. We are very proud of your selections Megan and Hannah.

**SIGNED TRAINING** commences on Friday 15<sup>th</sup> February. The definitive list will be posted over the weekend. Please check carefully for any changes to times.

**GOOD LUCK** to everyone competing in the Regional Assessments on March 3<sup>rd</sup> in Southampton.

**COACHES MEETING** There is a Coaches meeting for all at 7.00pm on Monday 18<sup>th</sup> February. The main coaching team, cover coaches and conditioning coaches should all attend. Agenda items to me by Friday 15<sup>th</sup> February please.

**MARCH 24<sup>th</sup> 'FIRST 100' COMPETITION** the entry forms for this event will be distributed shortly. Please make sure you enter by the date specified on the form. Please submit your form on line to **Sue Williams** and not me and to the email address listed on the form. New members should ask their coach for advice on whether to enter and for help with the procedure.

**SAINSBURY'S VOUCHERS (ACTIVE KIDS)** we are collecting these again so please post your vouchers into Carol's blue post box at the centre. Thank you for your generosity.

**CONGRATULATIONS** to Amanda who has had her place in the Senior GB Squad assured for the next year and Liam who was invited to train with the Senior GB Squad this week. Unfortunately Liam is recovering from injury and was unable to attend but once back to fitness has been assured a further invite.

**LOTTERY & OTHER FUNDRAISING INITIATIVES** please support our Edgbarrow Lottery, details and form on the website we are looking to run a quiz evening for families early in April. Details to be distributed shortly.

**GET WELL SOON** to Ellen who has been poorly for some time. We hope you return to training soon Ellen.

*Sue and the Coaches*

