



Club Newsletter

> REDUCTION IN REGISTRATION FEES FOR THE BG AWARD SCHEME COACHING COURSES

British Gymnastics has been reviewing the registration fees for all its courses. A decision has been taken to reduce the registration fee for all Award Scheme Coaching Courses from £25 per candidate to £15 per candidate. The Regions and Home Nations set the other costs associated with these courses. For details of how to enrol please contact your Regional Workforce Coordinator or Home Nation Organiser.

These courses are 1 day long and can be arranged in any venue that is a recognised BG course venue. Courses are available to learn how to deliver the Core Proficiency Award Scheme, the Trampoline Award Scheme and the Pre School Proficiency Award Scheme. Any tutor in the relevant disciplines can deliver them.

The courses are targeted at anyone over the age of 14 years old and they have been designed to introduce volunteers to coaching. The holders of this Award can help deliver classes based around the relevant Award Schemes under the direct supervision of a minimum Level 2 coach. It allows candidates to take the first step on the coaching ladder without having to commit themselves to the cost and time allocation of a UKCC Level 1 course. It is hoped that candidates will start as Award Scheme Coaching volunteers and that those who enjoy coaching will in the future enter the formal coaching structure of BG.

Candidates do not have to be members of BG but as soon as they start to volunteer and use the Award to coach in a BG registered club they must become a minimum Bronze Member and complete a CRB check. This is a great opportunity for clubs and volunteers to increase and improve their workforce before entering the formal coach education structure.

New Developments

As the membership requirement to enrol on all BG courses has been removed, the Core Proficiency Award Scheme Coaching course is now available to teachers. The course is ideal to help teachers with the introduction of gymnastics as an extended school activity. The course gives technical guidance on how to teach children basic gymnastics movement on the floor, using hand apparatus and on apparatus available in schools. Partnership Development

Managers, School Sport Partnerships, Local Education Authorities, individual schools and teachers should contact their local organisers from the attached list if they are interested in the course. BG Teachers Award tutors can deliver this course as well as mainstream BG tutors. School venues can be considered for the delivery of courses to teachers.

BG will also be introducing an Award Scheme Coaching Course along the same lines as the other disciplines for the Spirit Award Scheme for Cheerleading. This will be available for BG clubs and schools after April 2010 after BG has identified and trained a tutor workforce. It introduces volunteers and teachers to Cheerleading as an activity and shows how to use the Spirit Award Scheme to deliver a structured and progressive programme in this exciting and innovative sport.

Enquiries about any of the above courses should be made to the relevant Regional/Home Nation contacts listed below. General enquiries about all Award Scheme Coaching courses should be directed to Ann Parry in the BG Education Department on 01952 822365.

Scotland	Scottish Gymnastics	01786 466232
Northern Ireland	Rachael Stewart	02893 369391
North	Andi Revell	0191 334 7216
North West	Helen Wallis	07824 591562
Yorkshire	Jo Talbot-Paterson	07825 313217
Wales	Welsh Gymnastics	02920 431240
West Midlands	Jae Chambers Dowsing	07739 512185
East Midlands	Alan Price	07739 512166
East	Michelle Ellis	07775 020870
South West	Shelley Gonsalves	07825 343294
South	Emily Sanderson	07739 990143
South East	Andy Piekarski	07739 512209
London	Elizabeth Awde	07775 020868



New look website launched...

The **British Gymnastics website** has had a make-over for the New Year! The new look is to emphasise a cleaner, more patriotic feel. Visit www.british-gymnastics.org to see for yourself. **BGtv**, the **Online Shop** and the **British Gymnastics England website** will also undergo similar transformations soon!

Information for Clubs -

ONLINE EVENT ENTRY

In response to feedback received by British Gymnastics, a new feature is now in place on **GymNet** which will allow Club Secretaries to delegate the Event Entry function to other members of their Club.

This feature is hoped to reduce the Club Secretaries workload as often it is a Coach within the Club that would submit the entries.

To access this facility the Club Secretary should :

- login to **GymNet**
- select '**About My Club**', and choose the '**Access Levels**' option.



They can then select any member of their Club, choose the permission they would like to grant (currently only Event Entry is available, but this will be expanded in future), and click 'Add'.

Once access has been granted the member can then log into their own GymNet screen where they will see the 'Event Entry' option in the menu. Permissions can be removed by ticking the box next to the relevant person and clicking 'Remove'.



Informing our clubs...

Cheerleading update...

How **BG** and **UKCA** work to provide high quality opportunities

British Gymnastics and the **UK Cheerleading Association** joined forces in September 2006 to provide high quality Cheerleading activity in the UK and at all levels. Great progress has been made to date and many successful Programmes and Competitions are now running across the UK.

As ever, the structure of sport moves with the political landscape and the various funding streams and conditions attached to them. As such we are pleased to provide an update as to how our two organisations are working together to provide the best possible experience for all those already involved or those who want to become involved.

As of January 2010, **UKCA** will continue to have full responsibility for all National and International competitions. In order to enter a UKCA National competition, please visit www.ukca.org.uk.

British Gymnastics, through its regional structure, will develop the competition structures below this level, involving clubs and schools, which ultimately feed into the National competitions. For more information about Cheerleading within your region contact your Regional Development Officer (details can be found by visiting www.british-gymnastics.org).

Resources have been developed jointly for the support of Cheerleading Programmes for schools and clubs. **The Spirit Awards**, and a complementary competition structure **Next Step**, provide the development programme and competition structure for young Cheerleaders. Details of the Spirit and Next Step Resources and Awards can be found on the BG website.

UKCA will continue to provide their Coach Education Programme for Cheerleading coaching qualifications. **UKCA** qualified coaches will be able to access BG Tumbling courses for the technical gymnastics elements of Cheerleading.

As many of you will already be aware, we have always planned to bring the membership offer for Cheerleading into line with that of other activities under the gymnastics umbrella and we plan to do this from October 2010. Between January and September 2010, the membership fee for Cheerleaders will be £10. Please note that the insurance aspect of this membership covers you for activities within BG Registered Clubs and Proficiency Centres and at UKCA/BG endorsed events. Please note that the Cheerleading club registration fee will be waived for the period January 2010 to September 2010.

For further information visit the **BG** or **UKCA** websites or call Membership Services on **0845 1297 129 ext 2395** or **UKCA** on **01625 838557**.

Transfer of Gymnasts - change of procedure

As of 1st February 2010 **Bronze members** do not need to complete a 'Gymnast Transfer Form' as British Gymnasts will require notification from the new club only. Member Services can be informed via email to membership@british-gymnastics.org or through completion of the online 'Change of Club' form which is located on our website under Membership.



GymMark

GymMark is our club accreditation scheme that provides special recognition for a quality club. The key phrase is "safe, effective and child-friendly".



Newly Accredited Clubs

Congratulations to clubs newly accredited with **GymMark** from 25 November 2009

South
Gang Warily GC

South West
Avonbourne GC

London
Tooting GC

Wales
Carmarthen GC
Maldwyn Dragons
Abbey Road SA & TC

Congratulations to clubs passing their annual **GymMark** assessment

South
Southampton TC
Bracknell GC
Edgbarrow TC
Portsmouth SoG

South West
Rebound GC

East Midlands
Notts Bigwood GC

Yorkshire
The City of Leeds YMCA

London
Sutton SoG

Wales
Deeside GC



FEBRUARY DISCOUNT OFFER!

Limited period only - offer ends 28.02.2010

UP TO £20 OFF!

Prices incl. VAT plus P&P
Bulk discounts available.



proficiency pre-school

£10 OFF!

Pre-School Proficiency Resource Pack
(Reduced from £44.50 to £34.50)



proficiency trampoline

£15 OFF!

Trampoline Proficiency Resource Pack
(Reduced from £54.50 to £39.50)



proficiency advanced

£20 OFF!

Advanced Proficiency Resource Pack
(Reduced from £84.50 to £64.50)

Gymnastics Enterprises Ltd, Unit 1, Lilleshall Hall Farm,
Newport, Shropshire. TF10 9AS. Tel: 0845 1297129 ext: 2355.
Order online: www.british-gymnastics.org

Education Supplement

Including Coaching, Judging, Child Protection,
Club Management and Time to Listen Courses

From February | 10



Please refer to
www.british-gymnastics.org
for further details on the Coach
Education course structure. Click
onto the coaching section and into
'Qualifications'.

If there is not a course advertised in your
region for the discipline or level you
require, click on 'Coaching', then 'Contacts',
to display contact details in your region.

Coaching Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
SCOTLAND	Trampoline	Level 5	Craigwillow Sports Centre	Andrea Milligan 01786 466232	1, 3 February, 13 March, 3, 4 April & 19 June 2010
SCOTLAND	Trampoline	Level 2 - UKCC	Banks O'Dee Sports Centre, Aberdeen	Andrea Milligan 01786 466232	7, 27, 28 March & 17, 18 April 2010
SCOTLAND	General Gymnastics	Level 1 - UKCC	Bells Sports Centre, Perthshire	Andrea Milligan 01786 466232	20 March & 10, 11 April 2010
SCOTLAND	General Gymnastics	Level 2 - UKCC	Meadowbank Sports Ctr, Edinburgh	Laura Irwin 01786 466232	21 March, 10, 11 April & 15, 16 May 2010
SCOTLAND	General Gymnastics	Level 1 - UKCC	Bellahouston Sports Centre	Laura Irwin 01786 466232	8 May & 19, 20 June 2010
SCOTLAND	Women's Artistic	Level 2 - UKCC	Spiers Ctr, Clackmannanshire	Laura Irwin 01786 466232	6, 20, 21 February & 7, 14 March 2010
SCOTLAND	Women's Artistic	Level 1 - UKCC	Banchory SC	Laura Irwin 01786 466232	9 May & 12, 13 June 2010
SCOTLAND	Women's Artistic	Level 1 - UKCC	Kirkintilloch LC	Laura Irwin 01786 466232	26 June & 10, 11 July 2010
SCOTLAND	Gymnastics - GMPD	Add on module	Jack Kane Sports Ctr, Edinburgh	Laura Irwin 01786 466232	14, 21 February 2010
CANCELLED	Cycle 5 & cycle 6 update	Level 1 update - UKCC	Craigwillow Sports Centre	Laura Irwin 01786 466232	30 January 2010
N IRELAND	Trampoline	Level 1 - UKCC	Antrim Forum, Co Antrim	Rachael Stewart 02893 369391	6, 20, 21 February 2010
NORTH	Trampoline	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6, 20, 21 February 2010
NORTH	Trampoline	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6, 20, 21 February & 13, 14 March 2010
NORTH	Trampoline	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15, 16, 17, 18, 19 February 2010
NORTH	Trampoline	Level 1 - UKCC	Billingham GC	Andrew Revell 0191 3347216	3, 17, 18 April 2010
NORTH	Trampoline	GMPD - AOM	Pennywell GC	Andrew Revell 0191 3347216	1, 2 May 2010
NORTH	Trampoline	Level 1 - UKCC	Pennywell GC & Washington	Andrew Revell 0191 3347216	5, 19, 20 June 2010
NORTH	Trampoline	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5, 19, 20 June & 10, 11 July 2010
NORTH	Trampoline	Level 4	Pennywell GC & Washington	Andrew Revell 0191 3347216	8, 9, 10, 15, 16, 17 January 2010
NORTH	General Gymnastics	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6, 20, 21 February 2010
NORTH	General Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6, 20, 21 February & 13, 14 March 2010
NORTH	General Gymnastics	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15, 16, 17, 18, 19 February 2010
NORTH	General Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3, 17, 18 April 2010
NORTH	General Gymnastics	Level 1 - UKCC	Pennywell ctr & Biddick GC	Andrew Revell 0191 3347216	5, 19, 20 June 2010
NORTH	General Gymnastics	Level 2 - UKCC	Pennywell Ctr & Biddick GC	Andrew Revell 0191 3347216	5, 19, 20 June & 10, 11 July 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	The Sands Centre, Carlisle, Cumbria	Andrew Revell 0191 3347216	6, 20, 21 February 2010
NORTH	Womens Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6, 20, 21 February & 13, 14 March 2010
NORTH	Women's Artistic	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15, 16, 17, 18, 19 February 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3, 17, 18 April 2010
NORTH	Mens Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6, 20, 21 February & 13, 14 March 2010
NORTH	Mens Artistic Gymnastics	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15, 16, 17, 18, 19 February 2010
NORTH	Tumbling Gymnastics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3, 17, 18 April 2010
NORTH	General Gymnastics	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15, 16, 17, 18, 19 February 2010
NORTH	Acrobatics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3, 17, 18 April 2010
NORTH	Acrobatics	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5 June & 11, 19, 20 June & 10 July 2010
NORTH	Pre School	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15, 16, 17, 18, 19 February 2010
NORTH	Pre School	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5, 19, 20 June 2010
NORTH	Pre School	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5, 19, 20 June & 10, 11 July 2010
NORTH	Rhythmic Gymnastics	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5, 19, 20 June 2010
NORTH	Cycle 5 & cycle 6 update	Level 1 update - UKCC	Pennywell GC	Andrew Revell 0191 3347216	22 May 2010
Application forms are available on northgymnastics.org.uk					
NORTH WEST	Acrobatics	Level 3	Wigan Seagulls, Wigan	Pete Daulby 01942 515338	13, 14, 20, 21 February 2010
NORTH WEST	Trampoline	Level 1	Manchester MU & Park High School	Helen Wallis 07824 591562	6, 7 February 2010
NORTH WEST	Trampoline	Level 1	Manchester MU & George Carnell LC	Helen Wallis 07824 591562	27, 28 February 2010
NORTH WEST	Artistic including Mens & Women	Level 1	Manchester MU & Central Manc GC	Helen Wallis 07824 591562	14, 21 February 2010
NORTH WEST	Pre School	Level 1	Manchester MU & Fit City, Salford	Helen Wallis 07824 591562	7, 14 March 2010
NORTH WEST	Cycle 5 & 6	Level 1 update - UKCC	Focus Institute of Gymnastics	Helen Wallis 07824 591562	7 March 2010
YORKSHIRE	General Gymnastics	Level 2 - UKCC	Carnegie Gym Centre, Leeds	Carnegie Coaching 0113 812 7437	7, 20, 21 March & 17, 18 April 2010
YORKSHIRE	General Gymnastics	Level 1 - UKCC	Carnegie Gym Centre, Leeds	Carnegie Coaching 0113 812 7437	13, 14 February 2010
YORKSHIRE	General Gymnastics	GMPD - AOM	Gemtec Arena, Hull	Carnegie Coaching 0113 812 7437	15, 16 February 2010
YORKSHIRE	Women's Artistic	Level 2 - UKCC	York Gym Club, York	Carnegie Coaching 0113 812 7437	30 January, 20, 21 February & 27, 28 March 2010

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
YORKSHIRE	Women's Artistic	Level 3	Diamonds GC, Keith Whittaker	Carnegie Coaching 0113 812 7437	28, 29, 30, 31 March & 1 April 2010
YORKSHIRE	Women's Artistic	Level 4	Diamonds GC, Keith Whittaker	Carnegie Coaching 0113 812 7437	28, 29, 30, 31 March & 1 April 2010
YORKSHIRE	Tumbling	Level 2 - UKCC	Wakefield GC, Horbury Road	Carnegie Coaching 0113 812 7437	6, 27, 28 February & 3, 4 April 2010
YORKSHIRE	Team Gym	Level 3	Diamonds GC, Keith Whittaker	Carnegie Coaching 0113 812 7437	28, 29, 30, 31 March & 1 April 2010
YORKSHIRE	Pre School	Level 2 - UKCC	Stokesley Leisure Centre, North Yorks	Carnegie Coaching 0113 812 7437	13, 14 February & 27, 28 Feb 2010
WEST MIDLANDS	Artistic Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	2, 22, 23 May 2010
WEST MIDLANDS	Women's Artistic	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	14, 27, 28 February & 20, 21 March 2010
WEST MIDLANDS	Women's Artistic	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	13, 26, 27 June & 17, 18 July 2010
WEST MIDLANDS	Artistic Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	31 October & 20, 21 November 2010
WEST MIDLANDS	General Gymnastics	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	14, 27, 28 February & 20, 21 March 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	2, 22, 23 May 2010
WEST MIDLANDS	General Gymnastics	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	13, 26, 27 June, 17 & 18 July 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	31 October & 20, 21 November 2010
WEST MIDLANDS	Pre School	Level 1 - UKCC	Wyre Forest GC, Baxter College,	Louise Hodges 07734 805128	31 January, 16, 17 February 2010
WEST MIDLANDS	Cycle 5 & 6 update	Level 1 update - UKCC	Wood Green College, Wednesbury	Jae Chambers-Dowsing 07739512185	9 May 2010
Application forms for West Midland courses are available on www.wmgymnastics.org.uk					
EAST MIDLANDS	General Gymnastics	GMPD - AOM	Coalville GC	Alan Price 07739 512166	TBC 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	Leicester	Alan Price 07739 512166	TBC 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	TBC	Alan Price 07739 512166	February/March 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	The Phoenix Centre, Daventry	Alan Price 07739 512166	11, 25 April 2 May 2010
EAST MIDLANDS	Womens Artistic	Level 2 - UKCC	New College Leicester & Hinckley GC	Alan Price 07739 512166	20, 21 February & 13, 14 March 2010
EAST MIDLANDS	Artistic (plus WA add on module)	Level 1 - UKCC	New College Leicester & Hinckley GC	Alan Price 07739 512166	24 April & 22, 23 May 2010
Application forms for East Midland courses are available on www.emgymnastics.org.uk					
EAST	Trampoline	Level 2 - UKCC	Sawston Village Sports Ctr, Cambridge	Michelle Ellis 07775 020870	28 March, 17, 18 April & 9, 16 May 2010
EAST	Trampoline	Level 2 - UKCC	Sawston Village Sports Ctr, Cambridge	Michelle Ellis 07775 020870	27 June, 10, 11 July & 12, 19 September 2010
EAST	Trampoline	GMPD	Bounceability, Essex	Michelle Ellis 07775 020870	6, 7, 20, 21 March 2010
EAST	Trampoline	GMPD Add On Module	Bounceability, Essex	Michelle Ellis 07775 020870	10, 11 April 2010
EAST	Trampoline	GMPD	Bounceability, Essex	Michelle Ellis 07775 020870	19, 20 June & 10, 11 July 2010
EAST	Trampoline	GMPD Add On Module	Bounceability, Essex	Michelle Ellis 07775 020870	3, 4 July 2010
EAST	Trampoline	GMPD	Bounceability, Essex	Michelle Ellis 07775 020870	11, 12, 25, 26 September 2010
EAST	Trampoline	GMPD Add On Module	Bounceability, Essex	Michelle Ellis 07775 020870	18, 19 September 2010
EAST	Trampoline	GMPD	Bounceability, Essex	Michelle Ellis 07775 020870	6, 7, 20, 21 November 2010
EAST	Trampoline	GMPD Add On Module	Bounceability, Essex	Michelle Ellis 07775 020870	13, 14 November 2010
CANCELLED	Trampoline	Level 4	Sawston Village Sports Ctr, Cambridge	Michelle Ellis 07775 020870	31 January, 14, 28 February & 11 April 2010
EAST	Artistic	Level 1 - UKCC	Waveney GC, Lowestoft, Suffolk	Michelle Ellis 07775 020870	31 January & 13, 14 February 2010
EAST	Cycle 5 & 6 update	Level 1 update - UKCC	Sawston Village College, Cambridge	Michelle Ellis 07775 020870	7 March 2010
EAST	Cycle 5 & 6 update	Level 1 update - UKCC	Sawston Village College, Cambridge	Michelle Ellis 07775 020870	13 June 2010
EAST	Acrobatics	Level 2 - UKCC	Kings Lynn GC, Lynnsport & Leisure Pk	Michelle Ellis 07775 020870	20, 21 February & 13, 14th March
EAST	General Gymnastics	Level 1 - UKCC	City of Peterborough GC, Jack H Sch	Michelle Ellis 07775 020870	6, 20, 21 February 2010
SOUTH WEST	General Gymnastics	GMPD - AOM	Falcons Academy, Barnstaple	Carolyn Devereux 07771 374035	31 January & 7 February 2010
SOUTH WEST	General Gymnastics	Club Coach to Level 3	Rowan Gymnastics Club, Cheltenham	Shelley Gonsalves 07825 343294	February 2010
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park Sports Centre, Bristol	Carolyn Devereux 07771 374035	30 January & 20, 21 February 2010
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park School, Bristol	Carolyn Devereux 07771 374035	20 March & 17, 18 April 2010
SOUTH WEST	Trampoline	Level 1 - UKCC	Princess Royal Spts Complex	Carolyn Devereux 07771 374035	18 April & 2, 9 May 2010
SOUTH WEST	Trampoline	Level 2 - UKCC	Princess Royal Spts Complex	Carolyn Devereux 07771 374035	31 January, 21, 27, 28 February & 3, 4 April 2010
SOUTH WEST	Trampoline	Level 2 - UKCC	Ashton Park School, Bristol	Carolyn Devereux 07771 374035	10 July, 14, 15 August & 11, 12 September 2010
SOUTH WEST	Trampoline	Level 3	Strode College, Somerset	Carolyn Devereux 07771 374035	20, 21, 27, 28 February 2010
SOUTH WEST	Trampoline	Level 4	Strode College, Somerset	Carolyn Devereux 07771 374035	17, 18, 31 July & 1, 7, 8 August 2010
SOUTH WEST	Trampoline	Level 5	Strode College, Somerset	Carolyn Devereux 07771 374035	29, 30, 31 July & 1, 7, 8 August 2010
SOUTH WEST	Women/Mens	Level 2 - UKCC	Exeter GC, Bull Meadow Road, Exeter	Carolyn Devereux 07771 374035	31 Jan, 20, 28 February & 14 March 2010
Application forms for South West courses are available on southwestgym.org.uk					
SOUTH	Acrobatics	Level 1 - UKCC	Oxford School of Gym	Emily Sanderson 07739 990143	14, 27, 28 March
SOUTH	Acrobatics	Level 2 - UKCC	Southampton GC, Hampshire	Emily Sanderson 07739 990143	28 March, 10, 11 April & 9 May
SOUTH	Trampoline	Level 1 - UKCC	Cotswold SC, Tilehurst, Reading	Emily Sanderson 07739 990143	20, 21 February 2010
SOUTH	Trampoline	Level 2 - UKCC	Cotswold SC, Tilehurst, Reading	Emily Sanderson 07739 990143	20 March, 3, 4 April & 8, 9 May 2010
SOUTH	General Gymnastics	Level 1 - UKCC	Kingston GC, Milton Keynes	Emily Sanderson 07739 990143	2, 16, 30 May 2010
SOUTH	General Gymnastics	Level 2 - UKCC	Pinewood Gymnastics Club, Berkshire	Emily Sanderson 07739 990143	6, 27, 28 February & 3, 4 April 2010
SOUTH	Cycle 5 & 6 update	Level 1 update - UKCC	Phoenix GC, Maidenhead Road, Berks	Emily Sanderson 07739 990143	14 February 2010
SOUTH EAST	Trampoline	Level 1 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	27 February & 3, 17 April 2010
SOUTH EAST	Trampoline	Level 2 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	14 March, 10, 11 April & 2, 15 May 2010
SOUTH EAST	Trampoline	GMPD - AOM	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	13, 14 March 2010
SOUTH EAST	Trampoline	Level 4	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	17, 18 March & 8, 9 April 2010
SOUTH EAST	Cycle 5 & 6 update	Level 1 update - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	13 March 2010
SOUTH EAST	General Gymnastics	Level 1 - UKCC	Hawth GC, K2, Crawley	Sally Anne Warner 07812 384073	7, 21, 28 March 2010
SOUTH EAST	General Gymnastics	Level 1 - UKCC	Leatherhead & Dorking GC	Andy Piekarski 0208 224 2037	6, 20, 27 June 2010
SOUTH EAST	General Gymnastics	Level 1 - UKCC	Jumpers Rebound Ctr & Pegasus GC	Andy Piekarski 0208 224 2037	26 June & 11, 18 July 2010
SOUTH EAST	General Gymnastics	Level 1 - UKCC	Hawth GC, K2, Crawley	Sally Anne Warner 07812 384073	5, 19, 26 September 2010
SOUTH EAST	General Gymnastics	Level 1 - UKCC	Leatherhead & Dorking GC	Andy Piekarski 0208 224 2037	7, 21, 28 November 2010
SOUTH EAST	General Gymnastics	Level 2 - UKCC	Arun LC, Bognor Regis	Andy Piekarski 0208 224 2037	14, 28 March, 11 April & 2, 9 May 2010
SOUTH EAST	General Gymnastics	Level 2 - UKCC	Jumpers Rebound Ctr & Pegasus GC	Andy Piekarski 0208 224 2037	2, 17, 24 October & 14, 20 November 2010
SOUTH EAST	Pre School	Level 2 - UKCC	Gymnastics Factory	Andy Piekarski 0208 224 2037	21 March, 18, 25 April & 16, 23 May 2010
SOUTH EAST	Pre School	Level 1 - UKCC	Gymnastics Factory	Sine Rance 01483 489890	31 October & 21, 28 November 2010
SOUTH EAST	Artistic (with Women's Add on)	Level 1 - UKCC	Leatherhead & Dorking GC	Andy Piekarski 0208 224 2037	6, 20, 27 June 2010
SOUTH EAST	Women's Artistic	Level 2 - UKCC	Jumpers Rebound Ctr & Pegasus GC	Andy Piekarski 0208 224 2037	2, 17, 24 October & 14, 20 November 2010
SOUTH EAST	Men's Artistic	Level 2 - UKCC	Jumpers Rebound Ctr & Pegasus GC	Andy Piekarski 0208 224 2037	2, 17, 24 October & 14, 20 November 2010
SOUTH EAST	Acrobatics	Level 2 - UKCC	Chelsea College, Eastbourne	Andy Piekarski 0208 224 2037	21 March & further dates TBC 2010
Application forms for gymnastics courses are available on www.segymnastics.org.uk					
LONDON	Pre School	Level 2 - UKCC	North East London Gym Club	Elizabeth Awde 0777 502 0868	31 January, 20, 21 Feb & 14, 21 March 2010
LONDON	Pre School	Level 1 - UKCC	North East London Gym Club	Elizabeth Awde 0777 502 0868	7 March & 17 April 2010
LONDON	General Gymnastics	Level 2 - UKCC	North East London Gym Club	Elizabeth Awde 0777 502 0868	31 January, 14, 15 February & 10, 11 April 2010
LONDON	General Gymnastics	Level 1 - UKCC	Allstarz Gym Club, Croydon	Elizabeth Awde 0777 502 0868	31 January & 15, 16 February 2010

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
LONDON	General Gymnastics	Level 3	North East London Gym Club	Elizabeth Awde 0777 502 0868	16, 17, 18, 19 February 2010
LONDON	General Gymnastics	GMPD - AOM	Falcon Spartak, Didcup, Kent	Elizabeth Awde 0777 502 0868	20, 21 February 2010
LONDON	General Gymnastics	Level 1 - UKCC	North East London Gym Club	Elizabeth Awde 0777 502 0868	7 March & 12, 13 April 2010
LONDON	Tumbling	Level 1 - UKCC	Bromley Valley GC, Orpington	Elizabeth Awde 0777 502 0868	9, 29, 30 May 2010
LONDON	Trampoline	Level 1 - UKCC	Kingston Trampoline Academy	Elizabeth Awde 0777 502 0868	31 January & 14, 21 February 2010
LONDON	Women's Artistic	Level 3	Heathrow Gym Club, Hounslow	Elizabeth Awde 0777 502 0868	12, 13, 14, 26, 27, 28 March 2010
NATIONAL COURSES					
CANCELLED	DMT	Level 3 Add On	Banchory Sports Centre, Aberdeen	Andrea Milligan 01786 466232	6, 7 February 2010
	Trampoline	Level 5	Strode College, Somerset	Carolyn Devereux 07771 374035	29, 30, 31 July & 1, 7, 8 August 2010
	Trampoline	Level 5	Craigwillow Sports Centre	Andrea Milligan 01786 466232	13 February, 13 March, 3, 4 April & 19 June 2010

Judging Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
NORTH	Trampoline	Club	Cumbria TBC	Andrew Revell 0191 3347216	14, 15 May 2010
NORTH	Trampoline	County	House of Sport, Durham University	Andrew Revell 0191 3347216	10, 11 April 2010
NORTH	Trampoline	Regional	House of Sport, Durham University	Andrew Revell 0191 3347216	3, 4 July 2010
NORTH WEST	Rhythmic	Club 1 & 2	Lapwing Centre, Stockport	Helen Wallis/Kerry Martin 07824 591562	13, 14 February 2010
YORKSHIRE	Introductory Judge	Introductory	Oasis Academy, Grimsby	Louise Warvile 07825 621290	17 February 2010
WALES	Men's Artistic	Club Judge	City of Swansea, Swansea	Kerrie Warrington 02920 431244	5, 6, 7 February 2010
EAST	Womens Artistic	Club Judge	Marriotts, Stevenage, Hertfordshire	Michelle Ellis 07775 020870	30, 31 January 2010
EAST	Trampoline	Club	The Leys School Sports Ctr, Cambridge	Michelle Ellis 07775 020870	21, 28 February 2010
SOUTH WEST	Trampoline	Club & County	TBA	Carolyn Devereux 07771 374035	30, 31 January 2010
SOUTH WEST	Trampoline	Club & County	TBA	Carolyn Devereux 07771 374035	17, 18 July 2010
SOUTH EAST	Trampoline	Club	Jumpers Rebound Centre Gillingham	Liz Laws 01634 855507	27, 28 February 2010
SOUTH EAST	Trampoline	Club	Jumpers Rebound Centre Gillingham	Liz Laws 01634 855507	1, 2 May 2010
SOUTH EAST	Introductory Judge	Introductory	Kent	Lynn Potter 07739 512206	27 January 2010
SOUTH EAST	Introductory Judge	Introductory	Kent	Lynn Potter 07739 512206	25 February 2010
LONDON	Introductory Judge	Introductory	Barnet	John Ransley 07739 396137	27 January 2010
LONDON	Introductory Judge	Introductory	Hillingdon	John Ransley 07739 396137	2 February 2010
LONDON	Floor and Vault	Level 1	Meadow Primary School	Ted Maxey	21 March 2010
LONDON	Women's Artistic	Club	East London GC	Sue Tredgold 0208 864 0665	31 January 2010
LONDON	Trampolining	Club	Shepperton GC	Linda Lawrie 01932 780313	13, 20 February 2010
LONDON	Trampolining	County	Shepperton GC	Linda Lawrie 01932 780313	10, 24 April 2010
LONDON	Trampolining	Club	Shepperton GC	Linda Lawrie 01932 780313	19, 26 June 2010

Teaching Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
NORTH	Trampoline	Level 1 & 2	Northumberland Trampoline Central	01623 706440	February/March 2010
NORTH WEST	Trampoline	Level 2	TBA	Jan Turley	4, 25 February 2010
YORKSHIRE	Trampoline	Level 1 & 2	Doncaster	07510 554795	24, 25 June & 15, 16 July 2010
WEST MIDLANDS	Trampoline	Level 1	Birmingham	Kim Wheeler 0121 303 4992	3, 4 February 2010
WEST MIDLANDS	Trampoline	Level 1	Shifnal	Mike Douch 01952 200000	19, 20 February 2010
WEST MIDLANDS	Trampoline	Level 1 & 2	Herefordshire Trampoline Central	01623 706440	May 2010
WEST MIDLANDS	Trampoline	Level 1 & 2	Staffordshire Trampoline Central	01623 706440	May/June 2010
WEST MIDLANDS	Trampoline	Level 1 & 2	Herefordshire Trampoline Central	01623 706440	November 2010
EAST MIDLANDS	Trampoline	Level 1	Benham Arena, Northampton	Mandy Daybles 01536 512609	28, 29 January 2010
EAST MIDLANDS	Trampoline	Refresher	Benham Arena, Northampton	Mandy Daybles 01536 512609	26 March 2010
EAST MIDLANDS	Trampoline	Level 1	Benham Arena, Northampton	Mandy Daybles 01536 512609	28 May & 7 June 2010
EAST MIDLANDS	Trampoline	Level 2	Benham Arena, Northampton	Mandy Daybles 01536 512609	15, 16 July 2010
EAST	Trampoline	Level 2	Shenfield	Jane Wiles 01277 219131	1, 2 February 2010
EAST	Trampoline	Level 1 & 2	Colchester Trampoline Central	07510 554795	25, 26 March & 22, 23 April 2010
EAST	Trampoline	Level 1 & 2	Southend Trampoline Central	07510 554795	29, 30, 31 March & 1 April 2010
EAST	Trampoline	Level 1 & 2	Colchester Trampoline Central	01623 706440	March/April 2010
SOUTH WEST	Trampoline	Refresher	Gloucester	Sam Kloos 01242 715204	23 June 2010
SOUTH WEST	Trampoline	Level 1 & 2	Gloucester	Sam Kloos 01242 715204	24, 25 June & 9, 10 July 2010
SOUTH WEST	Trampoline	Level 1 & 2	Exeter Trampoline Central	01623 706440	June/July 2010
SOUTH EAST	Trampoline	Level 1	Tonbridge	Julie Baker 01622 203800 ext 279	1, 8 February 2010
SOUTH EAST	Gymnastics	Secondary	Canterbury	Lynn Potter 07739 512206	6, 7 March 2010
SOUTH EAST	Trampoline	Level 2	Canterbury	Julie Baker 01622 203800 ext 279	12, 19 March 2010
SOUTH EAST	Trampoline	Refresher	Tonbridge	Julie Baker 01622 203800 ext 279	26 March 2010
SOUTH EAST	Trampoline	Refresher	Canterbury	Julie Baker 01622 203800 ext 279	23 April 2010
SOUTH EAST	Gymnastics	Primary	Canterbury	Lynn Potter 07739 512206	1, 2 May 2010
SOUTH EAST	Gymnastics	Primary	Ashford	Lynn Potter 07739 512206	29 June & 6 July 2010

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
LONDON	Gymnastics	Introductory	Barnet	Nicky Hammond 0208 351 5213	26 January 2010
LONDON	Gymnastics	Primary	Barnet	Nicky Hammond 0208 351 5213	2, 9 February 2010
LONDON	Trampoline	Level 2	Eltham	John l'Anson 07880 796174	5, 6, 7 March 2010
LONDON	Trampoline	Level 1 & 2	Middlesex	07510 554795	14, 15 June & 1, 2 July 2010
LONDON	Trampoline	Level 1 & 2	Middlesex	07510 554795	7, 8, 25, 26 October 2010
LONDON	Trampoline	Level 1 & 2	Middlesex Trampoline Central	01623 706440	22, 23 March & 27, 28 May 2010
LONDON	Trampoline	Level 1 & 2	Middlesex Trampoline Central	01623 706440	28, 29, 30 June 2010
LONDON	Trampoline	Level 1 & 2	Middlesex Trampoline Central	01623 706440	September/October 2010

Award Scheme Courses

REGION	DISCIPLINE	VENUE	ORGANISER + TELEPHONE NO.	DATES
NORTH WEST	Core proficiency award scheme	Wigan and Ashton Gym Club, Wigan	Elizabeth Cunliffe 07908 059065	31st January 2010
WEST MIDLANDS	Core proficiency award scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07739 512185	13 February 2010
WEST MIDLANDS	Trampoline award scheme	Abbey Stadium Redditch	Jae Chambers-Dowsing 07739 512185	15 February 2010
WEST MIDLANDS	Core proficiency award scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07739 512185	18 April 2010
WEST MIDLANDS	Core proficiency award scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07739 512185	11 July 2010
SOUTH WEST	Core proficiency award scheme	Torbay Olympic Gym Club, Torquay	Shelley Gonsalves 07825 343294	15 February 2010
SOUTH WEST	Core proficiency award scheme	Rowan Gym Club, Cheltenham	Shelley Gonsalves 07825 343294	18 February 2010
SOUTH EAST	Trampoline award Scheme	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	3 April 2010
SOUTH EAST	Core proficiency award scheme	Horsham Gym Club, Horsham	Andy Piekarski 0208 224 2037	30 January 2010
LONDON	Core proficiency award scheme	Cheam Gym Club, Cheam	Elizabeth Adwe 07775 020868	30 January 2010
LONDON	Core proficiency award scheme	Allstarz Gym Club, Croydon	Elizabeth Adwe 07775 020868	9th April 2010

S & PC Awareness/Club Management/Time to Listen

REGION	DISCIPLINE	VENUE	ORGANISER + TELEPHONE NO.	DATES
YORKSHIRE	Time to Listen	Rotherham School of Gymnastics, Rotherham	Jo Talbot-Paterson 07825 313217	27 February 2010
EAST MIDLANDS	S & PC Awareness	Coalville Gym Club	Alan Price 07739 512166	6 February 2010
SOUTH WEST	Time to Listen	Gemini Gym Club, Nailsea	Shelley Gonsalves 07825 343293	14 February 2010
SOUTH	S & PC Awareness	Oxford Road Community Centre, Reading	Katie Irwin 07771 374037	07 February 2010
SOUTH	Time to Listen	Oxford Road Community Centre, Reading	Katie Irwin 07771 374037	07 February 2010