



# Club Newsletter



## Membership & Insurance

Tim Peake, Features Editor for The Gymnast magazine speaks to **Ian Fordham** - British Gymnastics' Marketing Director about membership and insurance...

**TP:** BG announced its Benefits and Fees for 2009/2010 back in June. What has been the reaction?

**IF:** We are pleased to report that the feedback has been overwhelmingly positive. I think members appreciate that we have listened to their views and taken them into account when designing the new offer.

**TP:** Most fees have been held or even reduced – how has that been possible?

**IF:** We have had to look hard at all our costs and reduce them as much as we can whilst continuing with our commitment to improve service. Some painful decisions have been necessary but ultimately we exist to support our members and understand that we must meet their expectations if we are to build on our success as a sport.

**TP:** What would be your key messages for clubs and members going into the new membership year?

**IF:** We have done our best to support members in terms of fees and we hope we have made a good start in responding to their needs.

The last few years have seen significant growth in numbers of clubs and members and we want to see that continue with more clubs joining BG and with more members registered in every club.

**TP:** Have you had to compromise on the levels of insurance offered to members?

**IF:** It would have been easy to go down that route, but we cannot act responsibly to our members by taking short cuts. I am sure that most members understand that we live in increasingly litigious times with higher costs of legal settlements. We have worked with our brokers, Perkins Slade, to ensure high limits to our insurance cover for good reason. Most of our members will just hope that they never have need of such cover.

**TP:** Can you tell us more about the BG Club and Members Insurances?

**IF:** The BG insurance policy is a civil liability policy that provides cover for up to £15 million in respect of a claim made against a BG club, coach or member.

The limit is high for good reason, as within our sport we have already seen multi-million pound claims and settlement levels seem to

be increasing. We have seen from our own claims experience that part of the reason for the increase in the size of claims is the inflation in legal fees, which can often be up to 40% of the overall settlement. The BG policy covers such costs in addition to the amount of compensation. If the insurance limit of cover is insufficient to pay the compensation, then the responsibility of any shortfall would rest with the member or the club (or its Committee). That is why having an appropriate amount of cover is vitally important.

One of the main areas of legal claims is against coaches who are deemed to have provided negligent 'advice' to a gymnast (e.g. coached them incorrectly, taught an incorrect technique, pushed them beyond their capabilities). The BG insurance policy protects coaches in this way.

Club Committee Members also have a personal liability in respect of any claim that is made against the club for a breach of duty, for example a Health & Safety breach resulting in injury or worse, mismanagement of club finances, breach of fire safety regulations, etc. The BG policy has a Directors and Officers insurance cover specifically to protect club officials and Committee Members in the event of such a claim.

The BG policy also includes Libel and Slander cover, which would provide protection to clubs and committees if they are sued by someone who feels that their reputation has been damaged, such as a coach who had been suspended following an allegation of inappropriate behaviour which is later unsubstantiated.

BG is committed to providing protection to members against any legal liability they may face as a result of their involvement in gymnastics and to try to ensure that they are not faced with legal bills that could, frankly, destroy their lives. Of course they have a responsibility to check that these covers are adequate for their requirements.

In addition, BG has purchased cover which will provide benefits to members who are involved in accidents whilst participating in our sport. The level of benefit varies according to the category of membership and includes loss of earnings for coaches.

**TP:** What about alternative insurances?

**IF:** BG has worked with its brokers, Perkins Slade, to arrange insurance specifically tailored to the needs of our members and, in our view, the levels of cover provided are entirely necessary.

## New Membership Year for Clubs and Club Members

Our new membership year starts on 1st October 2009 however you are able to go online or send in your paperwork with effect from 1st September 2009.

Please note that Registration of Clubs is conditional upon:

- Due payment (in cleared funds) by the Registered Club of the annual Registration Fee.
- The appointment by the club of one person as Club Secretary and at least one person qualifying as a Welfare Officer.
- The registration of and payment of Membership Fees for all members of the club (minimum of 10 gymnasts unless agreement has been given for less).

We have all seen in the media that the repercussions of having inadequate insurance can be dramatic. An individual can be pursued for damages and lose his or her personal assets: house, car, savings - the lot.

I have been disturbed by the number of people I meet who would seemingly be happy to 'wing it' with second-rate insurance or even none at all - on the assumption that nothing will ever go wrong. It's a ridiculous false economy for a few pounds a year.

### And what challenges do you see ahead?

I think a particular challenge for BG is that its role as a NGB brings with it formal obligations involved with governance of the sport in addition to the provision of advice and support to its members.

It's not always easy for these tasks to co-exist: on the one hand we exist to satisfy the needs of our members and on the other we have a formal obligation to ensure good practice and application of the law. Inevitably there will be the occasional ruffled feathers despite an overwhelmingly positive spirit.

Of course there will be those who prefer to go their own way, take short cuts and save themselves a little hassle and money along the way but most of the gymnastics community will understand the need for us to work together productively offering mutual support as required. That way we are all stronger.

**TP:** So, when does the new membership year start?

**IF:** The new membership year starts on 1st October and the registration process is well underway and many clubs are already registering (see panel above - Ed).



# Informing our clubs...

## Here to Help in England



**Gymnastics England**

**As we approach the new membership year we thought it would be a good idea to outline to you the various organisations that are here to help support the gymnastics community in England and more importantly where you need to go to for that advice and support.**

**British Gymnastics** is the UK wide governing body for gymnastics. BG has many functions but the main ones are UK wide and include:

- Developing a UK wide vision for gymnastics
- Providing a voice for and promote the sport
- Developing and disseminating information and best practice
- Development of the necessary policies and procedures to ensure gymnastics is a fun, friendly and safe sport for all those who participate
- Development of coach and judge education programmes
- Providing services for its members
- Development and delivery of the GB squad programmes

More about these functions can be found on the BG website [www.british-gymnastics.org](http://www.british-gymnastics.org) or you can phone membership services on 0845 1297129 ext 2395.

**Gymnastics England** is a subsidiary company of BG, set up to provide support at a local level and working directly with the England regions, the English Gymnastics Schools Association and clubs. Gymnastics England is dedicated to improving the provision of gymnastics in England. We aim to get more people involved in gymnastics and to help each of them to realise their aspirations. Our aim is to provide opportunity for people to become involved in gymnastics and want to stay involved. The website is [www.gymnasticsengland.org](http://www.gymnasticsengland.org)

For example, in the new membership year we will be offering a **coaching bursary** for coaches wishing to take their level 2 UKCC coaching qualifications to encourage more coaches to continue with their coaching career and ultimately to provide greater opportunity for our gymnasts at this level to benefit from their expertise. More information about this scheme and many others will follow on the BG and Gymnastics England websites from 1st October 2009.

Gymnastics England Development Officers are based in each of the 10 English regions and work directly with the 10 regional committees to support the delivery of the relevant regional development plans.

**The English Regions** are affiliates of British Gymnastics. The England Regional Committees are an essential part of gymnastics in England and provide the key elements of our sport at a regional level, such as coach and judge education, competition and festivals and much more. To find out more about how your region can help you, contact either your regional development officer or visit your region's website by visiting [www.gymnasticsengland.org](http://www.gymnasticsengland.org)

**The British and English Schools Gymnastics Associations** primary roles are to support schools based competition at a UK regional level and to support those gymnasts that represent England at school based competitions both nationally and internationally. The BSGA and ESGA also provide their expertise and support in assisting the development and implementation of schools based programmes such as Key Step and Next Step competitions. The BSGA is an affiliate of British Gymnastics. Schools can now register, for free, online at [www.british-gymnastics.org](http://www.british-gymnastics.org)



The English Championships run by EGA

**The English Gymnastics Association** is a volunteer body responsible for running the English Championships and is the English representative body for gymnastics at the Commonwealth Games. They are also the representative body for gymnasts competing as English gymnasts and they run the Women's English squad system. They to are an affiliate of British Gymnastics and act as an independent voice for the 10 English regions. For more information visit their website [www.englishgymnastics.org.uk](http://www.englishgymnastics.org.uk)

**Mark Gannon**  
Chief Executive Officer  
Gymnastics England



## Clubs Sponsoring & Endorsing Migrant Workers

In 2008 the Government revised its immigration policy and processes for individuals who live outside of the EEA and Switzerland (see full list of countries below).

In order to control immigration, if a non EU national (known as a migrant worker) wants to live/work in the UK they must apply to the UK Border Agency for a working visa under the new Points Based System - for further details refer to [www.ukba.homeoffice.gov.uk](http://www.ukba.homeoffice.gov.uk)

The Points Based System exists to restrict the number and type of migrant workers into the UK to those that are highly skilled or in categories where there is deemed to be a skills shortage. One of these categories is Sport, where highly skilled workers can apply to work in the UK subject to being sponsored by their UK employer (this will usually be a Club) and endorsement by the UK Governing Body for that sport.

On reviewing both the requirements of the sport and the code of practice issued by the UK Border Agency, BG has gained approval from the Home Office to endorse Coaches at High Performance level and above.

Any Club who cannot fill a Coaching vacancy from applications within the EU can look to recruit a migrant

worker. However, before entering into an employment contract the Club must gain Home Office approval to become a Sponsor. Approval of Sponsors is subject to BG endorsement - see requirements and application process in the Endorsement Requirements document available on the downloads section of the BG website.

Once a Club is approved as a Sponsor, they can apply to BG for endorsement of the migrant worker's immigration/work permit application - see requirements and application process in the Endorsement Requirements document. Please note both applications can be made to BG at the same time, BG will only endorse registered/member Clubs, and the charge for this process is £100 + VAT.

Applications should be made in writing to the BG HR Department.

The following countries are in the European Economic Area:

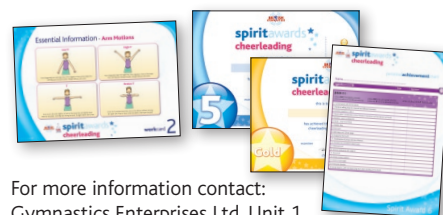
Austria	Belgium	Bulgaria
Cyprus	Czech Republic	Denmark
Estonia	Finland	France
Germany	Greece	Hungary
Iceland	Rep. of Ireland	Italy
Latvia	Liechtenstein	Lithuania
Luxembourg	Malta	Netherlands
Norway	Poland	Portugal
Romania	Slovakia	Slovenia
Spain	Sweden	UK

**NEW!**

## Cheerleading Resource & Awards

The new British Gymnastics **Cheerleading Spirit Resources and Awards** will be available from September. The resources have been developed for Coaches and Teachers in Clubs, Schools and Leisure Centres and are suitable for both Primary and Secondary school aged children.

The scheme includes both "Cheer" and "Pom Dance" with model routines included at higher levels. Badges and Certificates are available as rewards on completion of each level.



For more information contact:  
Gymnastics Enterprises Ltd, Unit 1,  
Lilleshall Hall Farm, Newport, Shropshire TF10 9AS.  
Tel: 0845 1297129 ext:2355  
Fax: 01952 822456  
email: [awardschemes@british-gymnastics.org](mailto:awardschemes@british-gymnastics.org)  
[www.british-gymnastics.org](http://www.british-gymnastics.org)



# Improving our sport...

## Independent Safeguarding Authority / Vetting and Barring Scheme (ISA/VBS)

### Vital information for your Club Welfare Officer...

**The launch of the ISA/VBS is on 12 October 09. From this date there will be some small changes to the way that you currently apply for CRB checks.**

This is the first phase of VBS and will provide increased safeguards that will further enhance the protection of children and vulnerable adults. The next phase, which will allow individuals to start applying for ISA – registration, will be introduced next year on 26 July 2010.

#### So what exactly will change on 12 October?

- The three current barred lists (POCA, POVA and List 99) will be replaced by two new barred lists administered by the Independent Safeguarding Authority: the 'Children's List' and the 'Vulnerable Adults List';
- Employers, social services and professional regulators will have a duty to refer information about individuals who may pose a risk to children and vulnerable adults to the ISA. This will ensure that any potential threats to vulnerable groups can be identified and dealt with effectively.
- There will be criminal penalties introduced for barred individuals who seek to undertake work with vulnerable groups and for any employers who knowingly take them on.
- The eligibility criteria for enhanced CRB checks will be extended to include anyone working in a regulated activity.
- The current POVAFirst will be renamed 'ISA Adult First' to reflect the replacement of the POVA list.

#### So what do the changes on 12 October mean for me?

- You will continue to use the current CRB application form. From July 2010, the CRB will introduce a new application form that will incorporate applications for ISA-registration.
- You should ensure that anyone applying to work in a regulated activity under the new eligibility criteria applies for an Enhanced CRB check.
- If you have requested a check of the barred lists with an Enhanced CRB check, the enhanced certificate will reveal the results of the check of the two new barred lists.
- You must refer any information about individuals who may pose a risk to children and vulnerable adult to the ISA. Information about your duty to refer and the criminal penalties in relation to employment with vulnerable groups can be found in Section 47 of the Safeguarding Vulnerable Groups Act 2006 and information on

how to refer can be found on the ISA website.

### Enhanced CRB checks

**How will I know if an activity is considered as Regulated Activity under the extended criteria and therefore eligible for an Enhanced CRB check?**

- The box below illustrates the principals of Regulated Activity and considerations that you should assess in relation to the post applied for.
- Additionally, you can find more information in the VBS Guidance that will be available soon to view or download from the CRB website. A section of the guidance 'Coverage of the Scheme' explains which people; settings and activities are covered by the scheme. It also provides details and examples of those activities that are regulated and controlled.
- **Sports specific guidance** is currently being devised and will be available in draft form before October for consultation. The guidance for the sports sector is being written in conjunction with some sport NGBs. The guidance will be published by the Government through the Independent Safeguarding Authority once it is available.

### Regulated Activities

Involve contact with children or vulnerable adults and are of a **specified nature**: (eg. Teaching, Training, Care, Supervision, Advice, Treatment or Transport); or In a **specified place** (eg. Schools, Children's Homes & Hospitals, Juvenile Detention Facilities, Adult Care Homes)

and

#### Frequently, Intensively and/or Overnight

(eg. Once a month, three or more occasions in a period of 30 days, or overnight between 2am-6am).

Note: No distinction is made between paid and voluntary work.



The latest news on the ISA/VBS, which comes into effect on 1st October 2009, can be found at [www.npscc.org.uk/inform/cpsu/NewsAndEvents/news\\_and\\_events\\_wda67379.html](http://www.npscc.org.uk/inform/cpsu/NewsAndEvents/news_and_events_wda67379.html)

This is important information for all clubs and especially those recruiting new staff, as **from 1st October 2009 it will be a criminal offence to employ persons who are barred from working with children and vulnerable adults.**

## CRB Administration Fees increasing from 1st October 2009

The new ISA/VBS service is being launched by the CRB on 12th October 2009. BG will work to ensure that clubs and members are prepared for the introduction of the new scheme and will assist clubs to meet their legal obligations under the Scheme. From this date it is a requirement for anyone in a regulated activity to have a BG CRB.

Costs associated with providing the CRB service and the introduction of the new ISA/VBS have forced a review of charges. In order to continue to provide this service it has become necessary to increase the administration fee payable for processing a disclosure from £6 to £10. This increase will apply from 1st October 2009.

The £10 charge remains one of the lowest in sport with most fees being offered at between £10 and £20.

#### Fees from 1st October 2009:

**Enhanced CRB check (charged by CRB)**  
£36.00

(This charge does not apply if the applicant is a volunteer\* in the position to which the disclosure applies)

**BG Administration Fee** £10.00

(All BG disclosures are subject to the £10.00 administration fee for BG members, irrespective of whether the applicant is in a voluntary or paid position).

For any non BG member who is required to complete a CRB the administration fee is charged at £15.

#### Summary:

**Paid positions:** £46.00  
(Disclosure charge + administration fee)

**Volunteers:\*** £10.00  
(Administration fee only)

\* The CRB define a volunteer as: "A person who performs any activity which involves spending time, unpaid (except for travelling and other out-of-pocket expenses), doing something which aims to benefit someone (individuals or groups) other than or in addition to close relatives."

**The use of CRB plays a vital role in helping to protect young people and vulnerable adults in our sport.**

# Education Supplement

Including Coaching, Judging, Child Protection,  
Club Management and Time to Listen Courses

## From September|09



Please refer to [www.british-gymnastics.org](http://www.british-gymnastics.org) for further details on the Coach Education course structure. Click onto the coaching section and into 'Qualifications'.

If there is not a course advertised in your region for the discipline or level you require, click on 'Coaching', then 'Contacts', to display contact details in your region.

### Coaching Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
SCOTLAND	Trampoline	Level 3	Craigwillow Sports Centre	Laura Irwin 01786 466232	12,13 September 3, 10 October 2009
SCOTLAND	Trampoline	Level 4	Craigwillow Sports Centre	Laura Irwin 01786 466232	24,31 October 21 November 5,12 December 2009
SCOTLAND	Cycle 5 & 6 Update-Trampoline	Level 1 update - UKCCR	Craigwillow Sports Centre	Laura Irwin 01786 466232	29th August 2009
SCOTLAND	General Gymnastics	Level 2 - UKCC	Falkirk School of Gymnastics	Laura Irwin 01786 466232	6, 19,20 September, 8, 15 November 2009
SCOTLAND	General Gymnastics	Level 1 update - UKCC	Falkirk School of Gymnastics	Laura Irwin 01786 466232	27 September & 10,11 October 2009
SCOTLAND	Artistic (plus MA modules)	Level 1 - UKCC	Auchterarder GC	Laura Irwin 01786 466232	20 September & 5,6 October 2009
SCOTLAND	Artistic (plus WA beam module)	Level 1 - UKCC	Falkirk School of Gymnastics	Laura Irwin 01786 466232	27 September & 10,11 October 2009
SCOTLAND	Artistic (plus MA modules)	Level 1 - UKCC	Falkirk School of Gymnastics	Laura Irwin 01786 466232	27 September & 10,11 October 2009
SCOTLAND	Women's Artistic	Level 2 - UKCC	Auchterarder GC	Laura Irwin 01786 466232	7,28,29 November & 5,6 December 2009
SCOTLAND	Women's Artistic	Level 3	Auchterarder GC	Laura Irwin 01786 466232	7,28,29 November & 5,6 December 2009
SCOTLAND	Women's Artistic	Level 2 - UKCC	Spiers Ctr, Clackmannanshire	Laura Irwin 01786 466232	6,20,21 February & 7,14 March 2010
NORTH	Trampoline	Level 1 - UKCC	Pennywell GC	Andrew Revell 0191 3347216	12,26,27 September 2009
NORTH	Trampoline	Level 3	Pennywell GC & Washington	Andrew Revell 0191 3347216	12,13,19,26,27 September 2009
NORTH	Trampoline	Level 1 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October & 1 November 2009
NORTH	Trampoline	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	Trampoline	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	Trampoline	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Trampoline	Level 1 - UKCC	Billingham GC	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Trampoline	GMPD - AOM	Pennywell GC	Andrew Revell 0191 3347216	1,2 May 2010
NORTH	Trampoline	Level 1 - UKCC	Pennywell GC & Washington	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Trampoline	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5 June & 19,20 June & 10 July,11 July 2010
NORTH	Trampoline	Level 2 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October 1,21,22 November 2009
NORTH	General Gymnastics	Level 1 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October & 1 November 2009
NORTH	General Gymnastics	Level 2 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October & 1,21,22 November 2009
NORTH	General Gymnastics	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	General Gymnastics	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	General Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	General Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	General Gymnastics	Level 1 - UKCC	Pennywell ctr & Biddick GC	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	General Gymnastics	Level 2 - UKCC	Pennywell Ctr & Biddick GC	Andrew Revell 0191 3347216	5 June & 11,19,20 June & 10 July 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	The Sands Centre, Carlisle, Cumbria	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	Womens Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Mens Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Tumbling Gymnastics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Acrobatics	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	Acrobatics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Acrobatics	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5 June & 11,19,20 June & 10 July 2010
NORTH	Pre School	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Pre School	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June & 10,11 July 2010
NORTH	Team Gym Gymnastics	Level 1 - UKCC	South Durham GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	Rhythmic Gymnastics	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Cycle 5 & Cycle 6 update	Level 1 update-ukcc	Ashington GC	Andrew Revell 0191 3347216	3 October 2009
NORTH	Cycle 5 & Cycle 6 update	Level 1 update-ukcc	Carlisle GC	Andrew Revell 0191 3347216	23 January 2010
NORTH	Cycle 5 & Cycle 6 update	Level 1 update-ukcc	Pennywell GC	Andrew Revell 0191 3347216	22 May 2010
NORTH WEST	General	Level 1 - UKCC	Wigan & Ashton, Wigan	George Newell 01942 861747	Day 1 & 11 & 18 October 2009
NORTH WEST	General	Level 2 - UKCC	Wigan & Ashton Gym Club	George Newell 01942 861747	October & November TBC
NORTH WEST	General	Level 1 - UKCC	Focus GC, Runcorn	George Newell 01942 861747	Day 1 & 22 & 29 November 2009
NORTH WEST	Acrobatics	Level 1 - UKCC	Wigan Seagulls, Wigan	Pete Daulby 01942 515338	Day 1 & 14,15 November 2009
NORTH WEST	UKCC Level 1	day 1 - Generic day	Blackburn College	Helen Wallis 07824 591562	27 September 2009 & 2days sports specific for course
NORTH WEST	Rhythmic	Level 1 - UKCC	Didsbury SC, Manchester	Helen Wallis 07824 591562	Day 1 & Autumn time for sports specific
YORKSHIRE	Tumbling	Level 1 - UKCC	Wakefield GC, Castleford, Wakefield	Carnegie Coaching 0113 812 7437	5 September, 3, 4 October 2009
YORKSHIRE	General	Level 1 - UKCC	Boston Spa School, LS23 6RW	Carnegie Coaching 0113 812 7437	27 September, 10, 11 October 2009
YORKSHIRE	General	Level 1 - UKCC	Wolds Gym Club, YO25 6QN	Carnegie Coaching 0113 812 7437	1, 14, 15 November 2009
WALES	Artistic	Level 1 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	7,21,22 November 2009
WALES	Women's Artistic	Level 2 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	21 Nov & 5,6 Dec 2009 & 9,10 Jan 2010

WALES	General Gymnastics	Level 1 - UKCC	Pencoed, Bridgend	Kerrie Warrington 02920 431240	5 September & 10,11 October 2009
WALES	General Gymnastics	Level 2 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	27 Sept & 17,18 Oct & 7,8 Nov 2009
CANCELLED	Trampoline	Level 3	Maesteg / Caerleon	Kerrie Warrington 02920 431240	12,13 Sept & 17,18 Oct & 1 Nov 2009
CANCELLED	Trampoline	Level 4	Maesteg / Caerleon	Kerrie Warrington 02920 431240	12,13 Sept & 17,18 Oct & 1 Nov 2009
WALES	Trampoline	Level 2 - UKCC	Pencoed, Bridgend	Kerrie Warrington 02920 431240	4,24,25 October & 14,15 November 2009
WALES	Trampoline	Level 1 - UKCC	Pencoed, Bridgend	Kerrie Warrington 02920 431240	27 September & 17,18 October 2009
WALES	Pre School	Level 1 - UKCC	Bishopston Sports Centre, Swansea	Kerrie Warrington 02920 431240	20 September 4, 5 October
WALES	Pre School	Level 1 - UKCC	Wrexham G.C. Wrexham	Kerrie Warrington 02920 431240	4, 25 October 1 November 2009
WALES	Acrobatics	Level 2 - UKCC	Saltney GC, North Wales	Kerrie Warrington 02920 431240	4,31 October & 1,14,15 November 2009
WALES	Acrobatics	Level 1 - UKCC	West Street GC, Swansea	Kerrie Warrington 02920 431240	10, 24, 25 October 2009
WALES	Rhythmic	Level 2 - UKCC	Barry YMCA, Barry	Kerrie Warrington 02920 431240	11,31 October & 1,28,29 November 2009
WALES	Artistic	Level 1 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	7,21,22 November 2009
WEST MIDLANDS	Artistic (inc beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Martin Cox 01827 53607	17,31 October & 1 November 2009
WEST MIDLANDS	Artistic (inc beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Martin Cox 01827 53607	dates TBC for 2010
WEST MIDLANDS	Women's Artistic	Level 2	GMAC Ctr, Birmingham	Martin Cox 01827 53607	dates TBC for 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Martin Cox 01827 53607	17, 31 October & 1 November 2009
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Martin Cox 01827 53607	dates TBC for 2010
WEST MIDLANDS	General Gymnastics	Level 2	GMAC Ctr, Birmingham	Martin Cox 01827 53607	dates TBC for 2010
WEST MIDLANDS	Acrobatics	Level 4	Stafford Leisure Centre, Stafford	Diane Hill 07707 194818	19, 20, 26, 27 Sept, 3 Oct 2009
WEST MIDLANDS	Pre School	Level 1 - UKCC	Wyre Forest Gym Club, Kidderminster	Louise Hodges 07734 805 128	31 January, 16, 17 February 2010
WEST MIDLANDS	Trampoline	GMPD AOM	Rugeley Leisure Centre, Rugeley	Paul Coates 07809 883235	5,6 September 2009
WEST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	TBC	Martin Cox 01827 53607	10 October 2009
EAST MIDLANDS	General Gymnastics	GMPD AOM	Coalville GC	Alan Price 07739 512166	3, 4 October 2009
EAST MIDLANDS	General Gymnastics	UKCC	Derby GC & Rushcliffe GC, Notts	Alan Price 07739 512166	11, 31 October 1 November 2009
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	Leicester	Alan Price 07739 512166	December 2009 / January 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	TBC	Alan Price 07739 512166	February / March 2010
EAST MIDLANDS	Artistic (plus WA add on module)	Level 1 - UKCC	Kettering	Alan Price 07739 512166	October / November 2009
EAST MIDLANDS	Womens Artistic	Level 3	Coalville GC	Alan Price 07739 512166	5,6,12,13 December 2009 & 9,10 January 2010
EAST MIDLANDS	Womens Artistic	Level 2 - UKCC	Coalville GC	Alan Price 07739 512166	January - March 2010
EAST MIDLANDS	Artistic (plus WA add on module)	Level 1 - UKCC	Leicester	Alan Price 07739 512166	May 2010
EAST MIDLANDS	Trampoline	Level 1 - UKCC	Derby	Alan Price 07739 512166	January / February 2010
EAST MIDLANDS	Acrobatics	Level 1 - UKCC	Leicester	Alan Price 07739 512166	13, 26, 27 September 2009
EAST MIDLANDS	Acrobatics	Level 2 - UKCC	Pemberton Ctr, Rushden, Northants	Alan Price 07739 512166	13,26,27 September & 1,8 November 2009
EAST MIDLANDS	Cycle 5 & 6 update to ukcc	Level 1	Pemberton Ctr, Rushden, Northants	Alan Price 07739 512166	6 September 2009
EAST MIDLANDS	Pre School	Level 1 - UKCC	Lincoln	Alan Price 07739 512166	November / December 2009
EAST	Trampoline	GMPD AOM	Bounceability, Colchester	Rosie Amoss 07776 275029	3,4 October 2009
EAST	Trampoline	Level 1 - UKCC	Sawston Sports Centre	Fleur Harrower 01223 712555	4, 24, 25 October 2009
EAST	Trampoline	Level 3	Sawston Sports Centre	Fleur Harrower 01223 712555	18 October, 1, 8, 15 November 2009
EAST	Trampoline	GMPD	Bounceability, Colchester	Rosie Amoss 07776 275029	7,8,21,22 November 2009
EAST	Trampoline	GMPD	Beacon Hill School, Essex	Tricia Johnson 07931 576974	1,2, 15,16 October 2009
EAST	Trampoline	Level 2 - UKCC	Sawston Sports Centre	Fleur Harrower 01223 712555	13,26,27 September 21,22 October 2009
EAST	Cycle 5&6 update	Level 1 update to UKCC	Sawston Sports Centre	Fleur Harrower 01223 712555	August 2009
EAST	Womens Artistic Gymnastics	Level 1 - UKCC	Norwich GC, Sale Road, Norwich	Glenys Halford 01603 502976	20 Sept, 3 & 4 October 2009
EAST	Womens Artistic Gymnastics	Level 2	Norwich GC, Sale Road, Norwich	Glenys Halford 01603 502976	18 & 31 Oct, 1, 21 & 22 November 2009
EAST	Womens Artistic Gymnastics	Level 3	Norwich GC, Sale Road, Norwich	Glenys Halford 01603 502976	7, 8, 14 & 15 November 2009
EAST	General Gymnastics	Level 3	Norwich GC, Sale Road, Norwich	Glenys Halford 01603 502976	28,29 November & 4,5 December 2009
SOUTH WEST	Trampoline	Level 1 - UKCC	Bridport LC	carolyn devereux 07771 374035	20 September & 3,4 October 2009
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park School, Bristol	carolyn.devereux 07771 374035	3,17,18 October 2009
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park Sports Centre, Bristol	carolyn devereux 07771 374035	10,24,25 October 2009
SOUTH WEST	Pre School	Level 1 - UKCC	Swindon TBC	carolyn devereux 07771 374035	November 2009
SOUTH WEST	General Gymnastics	Level 1 - UKCC	Swindon TBC	carolyn devereux 07771 374035	November 2009
(Application forms for South West courses are available at southwestgym.org.uk)					
SOUTH	General Gymnastics	Level 1 - UKCC	Salto centre, Andover	Katie Irwin 07771 374037	27 September & 17, 18 October 2009
SOUTH	Team Gym	Level 1	Basingstoke GC	Katie Irwin 07771 374037	25 October & 5,6 December 2009
SOUTH	GMPD	AOM	Basingstoke GC	Katie Irwin 07771 374037	4,11 October 2009
SOUTH	Pre-School	Level 1 - UKCC	Fort Regent Leisure Centre, Jersey	Katie Irwin 07771 374037	10, 24, 25 October 2009
SOUTH	Pre-School	Level 1 - UKCC	Phoenix GC	Katie Irwin 07771 374037	25 October & 22,28 November 2009
SOUTH	Trampoline	Level 1 - UKCC	Fareham Leisure Centre, Fareham	Katie Irwin 07771 374037	27 September & 27,28,29 October 2009
SOUTH	Aerobics	Level 1 - UKCC	Waterside GC, Noadswood School	Katie Irwin 07771 374037	27 September, 10 & 11 October 2009
SOUTH EAST	Trampoline	Level 1 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	5,19,20 September 2009
SOUTH EAST	Trampoline	Level 4	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	12,13 September & 3,4 October 2009
SOUTH EAST	Trampoline	Level 3	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	13,20 September & 4,10 October 2009
SOUTH EAST	Trampoline	Level 1 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	20 September 4,24 October 2009
SOUTH EAST	Trampoline	Level 4	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	17,18 October 7,8 November 2009
SOUTH EAST	Trampoline	Level 2- UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	26 Sept, 31 Oct, 14 Nov, 5 Dec, 9 Jan
SOUTH EAST	General Gymnastics	Level 1 - UKCC	K2 , Crawley	Andy Piekarski 0208 224 2037	6,20,27 September 2009
SOUTH EAST	General Gymnastics	Level 2 - UKCC	Pegasus GC & Jumpers Rebound Ctr	Andy Piekarski 0208 224 2037	3,18,25 October & 15,21 November 2009
SOUTH EAST	General Gymnastics	Level 1 - UKCC	Leatherhead & Dorking GC	Andy Piekarski 0208 224 2037	1,22,29 November 2009
SOUTH EAST	Artistic (plus WA module)	Level 1 - UKCC	Leatherhead & Dorking GC	Andy Piekarski 0208 224 2037	1,22,29 November 2009
SOUTH EAST	Women's Artistic Gymnastics	Level 2	Pegasus GC & Jumpers Rebound Ctr	Andy Piekarski 0208 224 2037	3,18,25 October & 15,21 November 2009
SOUTH EAST	Men's Artistic	Level 2	Pegasus GC & Jumpers Rebound Ctr	Andy Piekarski 0208 224 2037	3,18,25 October & 15,21 November 2009
SOUTH EAST	GMPD	AOM	Tolworth GC	Andy Piekarski 0208 224 2037	8,15 November 2009
SOUTH EAST	Pre School	Level 1 UKCC	Gymnastics Factory	Andy Piekarski 0208 224 2037	1,22,29 November 2009
LONDON	Womens Artistic	Level 4	Heathrow GC, Green Lane, Hounslow	Vince Walduck 0208 569 5069	20,21,22 November & 4,5,6 December 2009
LONDON	DMT	Level 2	Kingston College, Surrey	Maxine O'Reilly 0208 841 0061	25,26 October 2009
LONDON	Trampoline GMPD	Level 2	Newham Leisure Centre, London	Liz Awde 07775 020868	16,17 ,30 November 1 December 2009

## National Courses

CANCELLED	Pre-School	Level 3	Lilleshall NSC	Dee Readhead 01630 657363	13, 14, 15 November 2009
	Pre-School update club coach	Cycle 5 to Cycle 6 Level 3	Lilleshall NSC	Dee Readhead 01630 657363	13, 14, 15 November 2009
	General Gymnastics	Level 3	Derby Gym Club	Alan Price 07739 512166	5 Sept, 4 Oct, 7 Nov, 6 Dec & 16 Jan
	General Gymnastics	Level 4	Derby Gym Club	Alan Price 07739 512166	6 Sept, 3 Oct, 8 Nov, 5 Dec & 17 Jan

## Judging Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
SCOTLAND	Trampoline	Club & County Lasswade High School	Lasswade High School	Laura Irwin 01786 466232	TBC
SCOTLAND	Women's	Artistic Club & Regional	Lasswade High School	Laura Irwin 01786 466232	29,30 August & 5,6 September 2009
NORTH	Women's	Artistic Club	Durham / Newcastle	debra.baker@ntu.ac.uk	3,4 October & 10 October exam
NORTH	Trampoline	County	House of Sport, Durham University	Andrew Revell 0191 3347216	10,11 October 2009
NORTH	Trampoline	Club	House of Sport, Durham University	Andrew Revell 0191 3347216	22,28 November 2009
NORTH WEST	Acrobatics	Club & Regional	Wigan Seagulls, Wigan	Pete Daulby 01942 515338	19 & 20th September 2009
WALES	Rhythmic	Club	Welsh Unstitute of Sport	Kerrie Warrington 02920 431244	13 September 2009
WALES	Rhythmic	Club	Welsh Unstitute of Sport	Kerrie Warrington 02920 431244	13 & 27 September 2009
WEST MIDLANDS	Women's	Club	Warwick University	Betty Moss 0121 779 4511	26,27 September & 10,11 October 2009
EAST MIDS	Women's Artistic	Regional	Sports Technology Inst, Loughborough	debra.baker@ntu.ac.uk	5,6 September & exam 12th September 2009
EAST MIDS	Women's Artistic	Club	Sports Technology Inst, Loughborough	debra.baker@ntu.ac.uk	13,26 September & 10 October 2009
EAST MIDS	Trampoline	County	Harvey Haddon SC, Nottingham	Kevin Redgrift 07730 953125	4,18 October 2009
SOUTH WEST	Womens Artistic	Regional	Bristol School of Gym & Bristol Hawks	Shirley Clements 0117 9429620	16th & 17th Jan 2010
SOUTH WEST	Mens Artistic	Regional	Torbay OGC & Exeter GC	Mark Pocock 01803 317817	5,20,27 September 2009
SOUTH EAST	Trampoline	Club	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	12,13 September 2009
LONDON	Floor & Vault	Level 1	Meadow Primary School	Ted Maxey 0208 394 2102	13 September 2009
LONDON	Women's Artistic	Club	Heatrow GC	Sue Tredgold 0208 864 0665	12,26 September 2009 & exam 7 November
LONDON	Trampoline	Club	Shepperton, Middlesex	Linda Lawrie 01932 780313	1,2 September 2009
ISLE OF MAN	Men's	Regional	TBC	Graham Furner 07624 317487	5 & 6 September 2009

## Teachers' Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES are 2009 unless stated otherwise
YORKSHIRE	Trampoline	Level 1	Hull	Julie Williams 01482 849264	10, 11 September
YORKSHIRE	Trampoline	Level 1 & 2	Yorkshire	Trampoline Central 07510 554795 or courses@trampolinecentral.co.uk	December TBC
WEST MIDLANDS	Trampoline	Level 2	Stafford / Stone	Gina 01785 259380	10 & 11 September
WEST MIDLANDS	Trampoline	Level 1	Walsall / Wednesbury	Ian Lockett 01922 686825	29,30 October
WEST MIDLANDS	Trampoline	Level 2	Walsall / Wednesbury	Ian Lockett 01922 686825	TBC
EAST MIDLANDS	Trampoline	Level 1 & 2	Nottinghamshire	Trampoline Central 07510 554795 or courses@trampolinecentral.co.uk	23, 24 September, 7, 8 October
EAST MIDLANDS	Trampoline	Level 1 & 2	Nottinghamshire	Trampoline Central 07510 554795 or courses@trampolinecentral.co.uk	2,3,9 Dec
EAST	Trampoline	Level 1 & 2	Luton	Karen Abell 07876 034929	23 September, 1 October, 2 & 3 December
EAST	Trampoline	Level 1 & 2	Colchester	Trampoline Central 07510 554795 or courses@trampolinecentral.co.uk	13,14,15 October
EAST	Trampoline	Level 1 & 2	Southend	Trampoline Central 07510 554795 or courses@trampolinecentral.co.uk	22,23 October, 12,13 November
EAST	Trampoline	Refresher	Colchester	Trampoline Central 07510 554795 or courses@trampolinecentral.co.uk	November TBC
SOUTHWEST	Trampoline	Level 1 & 2	Yeovil	Rachel Holmes 01935 462617	25,26 September, 16,17 October
SOUTH	Trampoline	Refresher	Southampton	Nick Ainsworth 02380 665483	20 October
SOUTHEAST	Trampoline	Level 1 & 2	St Leonards	Clare Cornford 01723 481430	13,20 October & 2, 10 November
SOUTHEAST	Trampoline	Level 1	Northfleet	Julie Baker 01622 203800 ext 279	7 & 8 December
LONDON	Gymnastics	Secondary	London	Sarah Meredith 07515 199459	8,10 September
LONDON	Gymnastics	Secondary	Barnet	Kim Henderson 07803 131060	21,22 September
LONDON	Trampoline	Level 1 & 2	Middlesex	Trampoline Central 07510 554795 or courses@trampolinecentral.co.uk	28, 29 September 1,2 October

## Award Scheme Courses

REGION	DISCIPLINE	VENUE	ORGANISER + TELEPHONE NO.	DATES
NORTH	Trampoline award scheme	Crowtree LC	Andrew Revell 0191 334 7216	3 October 2009
NORTH	Core Proficiency award scheme	Acklam Gym Club	Katie Lawton 07739 512202	5 September 2009
NORTH WEST	Core Proficiency award scheme	KGV 6th Form College, Southport	Janet Hughes 07514 722145	20 September 2009
YORKS	Core Proficiency award scheme	Wakefield Gym Club	D Roberts 01264 333448	6 September 2009
WEST MIDLANDS	Core Proficiency award scheme	GMAC, Birmingham	Martin Cox 01827 53607	dates for 2010 TBC
EAST	Core Proficiency award scheme	King's Lynn Gym Club	Michelle Ellis 07775 020870	10 October 2009
SOUTH	Core Proficiency award scheme	Winslow Gymnastics Club	Katie Irwin 07771 374037	5 September 2009
SOUTH	Core Proficiency award scheme	Berinsfield Gym Centre, Oxfordshire	Neil Moulster 01235 202450	1 November 2009

## S &amp; PC Awareness/Club Management/Time to Listen Courses

REGION	LEVEL	VENUE	ORGANISER	DATES
NORTH WEST	S & PC Awareness	Roebuck Space for Sports & Art, Preston	Angela Robson 01772 735649	6 September 2009
NORTH WEST	Time to Listen	Roebuck Space for Sports & Art, Preston	Angela Robson 01772 735649	6 September 2009
NORTH WEST	S & PC Awareness	North Salford Centre of Excellence, Salford	Stephen Wood 01617 925969	20 September 2009
NORTH WEST	Time to Listen	North Salford Centre of Excellence, Salford	Stephen Wood 01617 925969	20 September 2009
NORTH WEST	S & PC Awareness	Training Foyer Ltd, Walken, Manchester 9.00-1.00pm	Angela Robson 01772 735649	4 October 2009
NORTH WEST	Time to Listen	Training Foyer Ltd, Walken, Manchester 1.30- 5.00pm	Angela Robson 01772 735649	4 October 2009
NORTH WEST	S & PC Awareness	Training Foyer Ltd, Walken, Manchester 9.00-1.00pm	Angela Robson 01772 735649	29 November 2009
NORTH WEST	Time to Listen	Training Foyer Ltd, Walken, Manchester 1.30- 5.00pm	Angela Robson 01772 735649	29 November 2009
YORKSHIRE	Time to Listen	TBC 1.30-5.00pm	Judy Clark 01423 883131	12 September 2009
WALES	Club Management	Deeside Leisure Centre, Deeside	Kerrie Warrington 02920 431244	6 September 2009
WALES	S & PC Awareness	Welsh Institute of Sport, Cardiff	Kerrie Warrington 02920 431244	20 September 2009
WALES	S & PC Awareness	Deeside Leisure Centre, Deeside	Kerrie Warrington 02920 431244	20 September 2009
WALES	Time to Listen	Welsh Institute of Sport, Cardiff	Kerrie Warrington 02920 431244	31 September 2009
EAST	S & PC Awareness	TBC	Lynsey Palframan 07739 512168	25 October 2009
EAST	S & PC Awareness	Saadi, Redbourn, Hertfordshire	Lynsey Palframan 07739 512168	4 October 2009
EAST	S & PC Awareness	TBC	Lynsey Palframan 07739 512168	6 October 2009
SOUTH	Club Management	Portsmouth Gym Centre, Hampshire	Katie Irwin 07771 374037	6 September 2009
SOUTH	S & PC Awareness	Portsmouth Gym Centre, Hampshire	Katie Irwin 07771 374037	13 September 2009
LONDON	S & PC Awareness	Tooting Gym Club, Greaves Place	June Tatch 02085 291142	24 September 2009
LONDON	Time to Listen	Heathrow Gym Club, Hounslow 9.30 - 1.30pm	June Tatch 02085 291142	25 October 2009