



# Club Newsletter

## Membership update...

We are pleased to announce that membership numbers at the end of September 2009 have reached **record levels** and **grown by a further 5%** over the previous year and **building on the growth seen in 2007 and 2008**. Thanks to all our clubs and members for their continued support.

The new membership year for clubs started on 1st October and most clubs have already registered and provided their members' details. Please note that clubs have until the **end of October** to register for the coming year.

Membership is available through online registration or by submission of paperwork and our Member Services team is on hand to help you with this process if necessary. For further information please contact 0845 1297129 ext 2395. Please also reference article below concerning extended opening hours.

## Opening Hours extended to help Clubs and Members

As part of its commitment to providing clubs and members with **excellent customer service** BG is pleased to announce that from the 1st October 2009, for a pilot period of 3 months, the Member Services Department has extended its opening hours.

### Member Services new opening hours:

Monday to Thursday 8.30am to 5.30pm  
Friday 8.30am to 4.30pm  
Saturday 9.00am to 1.00pm

A decision will be taken at the end of the pilot as to whether to continue with or modify this initiative.

Please provide us with any **feedback** as to how useful these extended times are. To aid our deliberations, contact a member of the team on 0845 1297129 ext 2395, or email: [information@british-gymnastics.org](mailto:information@british-gymnastics.org).

## Coaching Bursary Scheme in England

**Gymnastics England** has announced coaching bursaries available to provide financial support for the education of coaches across all 10 English regions.

The bursaries support coaches seeking to gain their **UKCC Level 2 qualification**. This level was highlighted as a specific development need in the recently published coach workforce audit and is key to the long-term development of coaches, gymnasts and clubs.

Full details of the scheme can be found on **British Gymnastics** and **Gymnastics England** websites and includes an easy to complete application form, guidance notes, FAQs and additional information on how to obtain funding support for **UKCC Level 1**.

Applications are limited to 1 coach per club and must be endorsed by the club in order to make the scheme available to as many coaches as possible. Once a bursary has been awarded, the coach must commence their UKCC Level 2 course before end of March 2010. The bursary will be redeemable upon qualification.

The bursary scheme is one of a number of initiatives from **Gymnastics England** aimed at supporting development of all of those involved in gymnastics, whatever their activity and level within the sport.

For further information and advice on how to take advantage of this opportunity, speak to your Regional Coaching Bursary contacts, whose details can be downloaded at

[www.gymnasticsengland.org](http://www.gymnasticsengland.org) and [www.british-gymnastics.org](http://www.british-gymnastics.org)

## Playing Music in Public

**BG has been informed by PRS that it is in negotiations with the Intellectual Property Office and Sports Councils in order to find an equitable solution for the provision of PRS music licences for sports clubs.** It appears that the intention is to provide a more cost effective solution than is presently available. This initiative is being supported by sports NGB's. We have been advised that the outcome is unlikely to be known until the New Year.

For more information on playing music in public, please refer to the download entitled 'PPL & PRS Statement' on the BG website - under 'Membership', then 'Downloads'.

## Postal Strikes

Please be aware any proposed **postal strikes** by Royal Mail will result in the delay of Membership Pack delivery.

We apologise for this but unfortunately this is out of our control.

## Rules & Regulations

Please note that our **Rules and Regulations** for clubs and members have been reworked in a more simple to read format and are available to download from the BG website [www.british-gymnastics.org](http://www.british-gymnastics.org), under 'About BG', then 'Regulations'.

## CRB Reminder

Clubs should note that all **Coaches, Welfare Officers** and **Volunteers** working in a 'regulated activity' (as defined by the CRB) need to have an **up to date CRB Disclosure**. The CRB charge £36 for these disclosures.

For any non-BG member who is required to complete a CRB, the administration fee is £15. For BG members the cost is £10. These costs are irrespective of whether the applicant is in a voluntary or paid position.

### Summary

Paid positions:	£46.00	(Disclosure charge + BG member administration fee)
	£51.00	(Disclosure charge + non-BG member administration fee)
Volunteers*:	£10.00	(BG member administration fee only)
	£15.00	(non-BG member administration fee only)

The use of CRB plays a vital role in helping to protect young people and vulnerable adults in our sport.

\* The CRB define a volunteer as: "A person who performs any activity which involves spending time, unpaid (except for travelling and other out-of-pocket expenses), doing something which aims to benefit someone (individuals or groups) other than or in addition to close relatives".

## Club Employers' Liability Cover

We have received enquiries regarding **Club Employers' Liability Cover**.

The cover is continuous providing that the club has registered and paid for the Membership year 2009/10. We are now in the process of sending out the new certificates.



# Informing our clubs...

## 1st4sport Qualifications

British Gymnastics (BG) has enjoyed its status as an Ofqual recognised awarding body for the last 9 years. In that time BG has awarded many nationally recognised sport-specific coaching qualifications and gained **UKCC-endorsement** for Levels 1 and 2.

However, BG recognises a potential for a conflict of interest in that it is acting as both the development arm and awarding body of the qualifications.

Following a review of the growing challenges of Ofqual-recognition, the BG Board has decided to utilise **1st4sport Qualifications** as its awarding body function from 1 January 2010. This will lead to the migration of Levels 1, 2 and ultimately Level 3 of existing BG coaching qualifications and the responsibilities for certification of candidates to 1st4sport in late 2009.

**British Gymnastics** is the National Governing Body for the sport of gymnastics in the UK and a not for profit membership organisation charged with developing the sport from grass roots to elite level. **1st4sport Qualifications** is the largest and most experienced Ofqual-recognised awarding

body in the coaching sector, with a specialism in working in partnership with governing bodies of sport to award a variety of qualifications.

Following this change, BG aims to focus its attentions on the development of coach education and the coach educator workforce, and will look to the Home Countries and English Regions to focus on the delivery of the qualifications.

Further information on the above changes are available from:

**1st4sport Qualifications**  
Coachwise Ltd, Chelsea Close, Off Amberley Road, Armley, Leeds LS12 4HP  
Tel: 0113 290 7610 Fax: 0113 231 9606  
E-mail: [enquiries@1st4sportqualifications.com](mailto:enquiries@1st4sportqualifications.com)  
[www.1st4sportqualifications.com](http://www.1st4sportqualifications.com)

**British Gymnastics**  
Ford Hall, Lilleshall National Sports Centre, Nr Newport, Shropshire TF10 9NB  
Tel: 0845 1297129 Fax: 0845 1249089  
Email: [coaching@british-gymnastics.org](mailto:coaching@british-gymnastics.org)  
[www.british-gymnastics.org](http://www.british-gymnastics.org)



**NEW!**

## Cheerleading Resource & Awards

The new British Gymnastics **Cheerleading Spirit Resources and Awards** are now available! Developed in conjunction with cheerleading specialists from UKCA, the resources support Coaches and Teachers in Clubs, Schools and Leisure Centres and are suitable for both Primary and Secondary school aged children.

The scheme includes both "Cheer" and "Pom Dance" with model routines included at higher levels. Badges and Certificates are available to encourage, motivate and reward.



The official launch of the new Cheerleading scheme is taking place at the Youth Sport Trust School & Sports Partnership conference on the 14th October

For more information contact:  
Gymnastics Enterprises Ltd, Unit 1, Lilleshall Hall Farm, Newport, Shropshire TF10 9AS.  
Tel: 0845 1297129 ext:2355  
Fax: 01952 822456  
email: [awardschemes@british-gymnastics.org](mailto:awardschemes@british-gymnastics.org)  
[www.british-gymnastics.org](http://www.british-gymnastics.org)

## Gymnastics England to Invest £2.8m in Facility Development



**Gymnastics England** is delighted to announce that it is spending **£2.8m** on the development of gymnastic facilities in England over the next 3 years. The **Gymnastic England Facility Fund** aims to support clubs who are looking to develop existing facilities or create new ones.

The **strategy** aims to support clubs by helping to widen access to the sport, whilst providing further opportunities for gymnasts to excel. This scheme will support clubs able to demonstrate a complete pathway, i.e. from grass roots to elite.

**Mark Gannon**, CEO of Gymnastics England said, "Creating more and better places to participate in gymnastics is something that we are committed to. This fund allows us to make a significant impact throughout the country over the next 3 years. Gymnastics in England is currently at an exciting stage with the build up to the Olympics and extra investment from Sport England. It is important we capitalise on this opportunity and make a positive and sustained impact in our sport."

Further details about the funding will be released over the next month. All clubs that previously applied for funding through the CCPD programme will be invited to re-apply under this new scheme. For other clubs, the details will be shown on both the Gymnastics England and British Gymnastics websites with a downloadable application form and guidance. Successful clubs in the first round of funding will be informed towards the end of the year and funding made available from April 2010.

"We are anticipating a high level of demand for this fund, with many clubs wishing to develop and grow. Funding through this project will go to the clubs that can prove that they will make both a significant and sustained impact in their area. Our aim is to provide support to all our clubs in England and clubs who are unsuccessful in accessing this fund will be given assistance in achieving their targets through other means with the help of our development team," **Dave Marshall**, Club Development Manager Gymnastics England.

Gymnastics England is a wholly owned subsidiary of British Gymnastics implementing the Whole Sport Plan in England

## Gymnasts wanted for Britain's Got Talent!

'Britain's Got Talent', is back for a fourth series and claims to be bigger than ever! After recently winning Best Talent Show at the TV Quick Awards and capturing the attention of not only the nation last year, 20 million people tuned in to see **Diversity** crowned 2009 winners.

Hosted by Ant and Dec, the show is open to absolutely anyone, any talent, any age - and the past three years have seen a huge variety of acts. However, there have never been many **gymnasts** (of any discipline) enter the competition. With the **Olympics** coming up in 2012 it would be a great way of raising the profile of the sport and showing how talented our gymnasts are.

The grand prize is **£100,000** and the chance to perform at The Royal Variety Show in front of the Royal Family but probably more importantly gain support for the Olympics.

You can apply on-line at [www.itv.com/talent](http://www.itv.com/talent) or call us on **09018 801 010**. But you should apply soon to avoid disappointment.

# Education Supplement

Including Coaching, Judging, Child Protection,  
Club Management and Time to Listen Courses

## From October|09



Please refer to [www.british-gymnastics.org](http://www.british-gymnastics.org) for further details on the Coach Education course structure. Click onto the coaching section and into 'Qualifications'.

If there is not a course advertised in your region for the discipline or level you require, click on 'Coaching', then 'Contacts', to display contact details in your region.

### Coaching Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
SCOTLAND	Trampoline	Level 4	Craigwillow Sports Centre	Laura Irwin 01786 466232	24,31 October 21 November 5,12 December 2009
SCOTLAND	Trampoline	Level 1 - UKCC	Duncanrig High School, East Kilbride	Andrea Milligan 01786 466232	7,28,29 November 2010
SCOTLAND	General Gymnastics	Level 1 - UKCC	Bells Sports Centre ,Perthshire	Andrea Milligan 01786 466232	20 March, 10, 11 April 2010
SCOTLAND	General Gymnastics	Level 2 - UKCC	Meadowbank Sports Centre, Edinburgh	Laura Irwin 01786 466232	21 March, 10, 11 April, 15, 16 May 2010
SCOTLAND	Women's Artistic	Level 2 - UKCC	Auchterarder GC	Laura Irwin 01786 466232	7,28,29 November & 5,6 December 2009
SCOTLAND	Women's Artistic	Level 3	Auchterarder GC	Laura Irwin 01786 466232	7,28,29 November & 5,6 December 2009
SCOTLAND	Women's Artistic	Level 2 - UKCC	Spiers Ctr, Clackmannanshire	Laura Irwin 01786 466232	6,20,21 February & 7,14 March 2010
NORTH	Trampoline	Level 1 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October & 1 November 2009
NORTH	Trampoline	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	Trampoline	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	Trampoline	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Trampoline	Level 1 - UKCC	Billingham GC	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Trampoline	GMPD - AOM	Pennywell GC	Andrew Revell 0191 3347216	1,2 May 2010
NORTH	Trampoline	Level 1 - UKCC	Pennywell GC & Washington	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Trampoline	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5 June & ,19,20 June & 10 July,11 July 2010
NORTH	Trampoline	Level 2 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October 1,21,22 November 2009
NORTH	Trampoline	Level 4	Pennywell GC & Washington	Andrew Revell 0191 3347216	8,9,10,15,16,17 January 2010
NORTH	General Gymnastics	Level 1 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October & 1 November 2009
NORTH	General Gymnastics	Level 2 - UKCC	Ashington GC	Andrew Revell 0191 3347216	17,31 October & 1,21,22 November 2009
NORTH	General Gymnastics	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	General Gymnastics	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	General Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	General Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	General Gymnastics	Level 1 - UKCC	Pennywell Ctr & Biddick GC	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	General Gymnastics	Level 2 - UKCC	Pennywell Ctr & Biddick GC	Andrew Revell 0191 3347216	5 June & 11,19,20 June & 10 July 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	The Sands Centre, Carlisle, Cumbria	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	Womens Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Mens Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Tumbling Gymnastics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Acrobatics	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	Acrobatics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Acrobatics	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5 June & 11,19,20 June & 10 July 2010
NORTH	Pre School	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Pre School	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June & 10,11 July 2010
NORTH	Team Gym Gymnastics	Level 1 - UKCC	South Durham GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	Rhythmic Gymnastics	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Cycle 5 & cycle 6 update	Level 1 update-ukcc	Carlisle GC	Andrew Revell 0191 3347216	23 January 2010
NORTH	Cycle 5 & cycle 6 update	Level 1 update-ukcc	Pennywell GC	Andrew Revell 0191 3347216	22 May 2010
<b>(Application forms are available on <a href="http://northgymnastics.org.uk">northgymnastics.org.uk</a>)</b>					
NORTH WEST	General	Level 1 - UKCC	Wigan & Ashton, Wigan	George Newell 01942 861747	Day 1 & 18 October 2009
NORTH WEST	General	Level 1 - UKCC	Focus GC, Runcorn	George Newell 01942 861747	Day 1 & 22 & 29 November 2009
NORTH WEST	Acrobatics	Level 1 - UKCC	Wigan Seagulls, Wigan	Pete Daulby 01942 515338	Day 1 & 14,15 November 2009
NORTH WEST	Rhythmic	Level 1 - UKCC	TBC	Helen Wallis 07824 591562	Day 1 & 14,15 November 2009
NORTH WEST	Trampoline	GMPD Add On	TBC	Cathy Page 0151 201 2273	October 2009
NORTH WEST	Trampoline	Level 4	Grange Road West SC, Birkenhead	Cathy Page 0151 201 2273	17,18 October & 21,22 November 2009
NORTH WEST	Trampoline	Level 3	Roebuck Sports Centre Preston	Cathy Page 0151 201 2273	7,8 November 5,6 December 2009
NORTH WEST	Women's Artistic	Level 3	Wigan GC & Sandbach GC	Mike Lea 0775 4537991	14,15,21,29 November & 13 December 2009
NORTH WEST	Women's Artistic	Level 4	Wigan GC / Sandbach	Mike Lea 0775 4537991	November 2009
NORTH WEST	Generic	Day 1 - UKCC	Manc Met Uni, Didsbury Campus	Helen Wallis 07824 591562	25 October 2009
YORKSHIRE	General	Level 1 - UKCC	Wolds Gym Club, YO25 6QN	Carnegie Coaching 0113 812 7437	1, 14, 15 November 2009
YORKSHIRE	Artistic (including beam module)	Level 1 - UKCC	York Gym Centre, Hewarth Green	Carnegie Coaching 0113 812 7437	17,31 October & 1 November 2009
CANCELLED	Artistic	Level 1 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	7,21,22 November 2009
WALES	Women's Artistic	Level 2 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	21 November & 5,6 December 2009 & 9,10 January 2010
WALES	Trampoline	Level 1 - UKCC	Maes Glas Sports Hall, Bangor	Kerrie Warrington 02920 431240	14 November 9,17 January 2010
WALES	Artistic	Level 1 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	7,21,22 November 2009

WEST MIDLANDS	Artistic (inc beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	17, 31 October & 1 November 2009
WEST MIDLANDS	Artistic (inc beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	17 January & 6,7 February 2010
WEST MIDLANDS	Artistic (inc beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	16,29,30 May 2010
WEST MIDLANDS	Women's Artistic	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	14,27,28 February & 20,21 March 2010
WEST MIDLANDS	Women's Artistic	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	13,26,27 June & 17,18 July 2010
WEST MIDLANDS	Artistic (inc beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	31 October & 20,21 November 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Martin Cox 01827 53607	17, 31 October & 1 November 2009
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	Stoke on Trent G.C. Burslem	Martin Cox 01827 53607	29 November, 12, 13 December 2009
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	17 January, 6, 7 February 2010
WEST MIDLANDS	General Gymnastics	Level 2	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	14, 27, 28 February 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	16, 29, 30 May 2010
WEST MIDLANDS	General Gymnastics	Level 2	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	13,26,27 June 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	31 October & 20,21 November 2010
WEST MIDLANDS	Pre School	Level 1 - UKCC	Wyre Forest GC, Baxter College	Louise Hodges 07734 805128	31 January, 16, 17 February 2010
WEST MIDLANDS	Trampoline	Level 1 - UKCC	Heart Of England School SC, Balsall	Paul Coates 07809 883235	24 October 21,22 November 2009
WEST MIDLANDS	Trampoline	Level 1 - UKCC	Wilnecote High School, Tamworth	Paul Coates 07809 883235	9 January 2010, 20,21 February 2010
WEST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	Wood Green College, Wednesbury	Jae Chambers-Dowsing 07739512185	10 January 2010
WEST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	Wood Green College, Wednesbury	Jae Chambers-Dowsing 07739512185	9 May 2010
WEST MIDLANDS	Rhythmic	Level 1 - UKCC	Oldbury College of Sport, Oldbury	Amanda Scriven 07712 899682	18 October & 28,29 November 2009
EAST MIDLANDS	General Gymnastics	GMPD AOM	Coalville GC	Alan Price 07739 512166	TBC 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	Leicester	Alan Price 07739 512166	December 2009 / January 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	TBC	Alan Price 07739 512166	February / March 2010
EAST MIDLANDS	Womens Artistic	Level 3	Coalville GC	Alan Price 07739 512166	5,6,12,13 December 2009 & 9,10 January 2010
EAST MIDLANDS	Womens Artistic	Level 2 - UKCC	New College Leicester & Hinckley GC	Alan Price 07739 512166	24 Jan & 20,21 February & 13,14 March 2010
EAST MIDLANDS	Artistic (plus WA add on module)	Level 1 - UKCC	Leicester	Alan Price 07739 512166	May 2010
EAST MIDLANDS	Cycle 5 & 5 update	Level 1 update to UKCC	Derby GC, Chapel Street Car Park	Alan Price 07739 512166	10 January 2010
EAST MIDLANDS	Cycle 5 & 5 update	Level 1 update to UKCC	Lincoln GC, Sadler Road, Lincoln	Alan Price 07739 512166	10 January 2010

(Application forms are available at [emgymnastics.org.uk](http://emgymnastics.org.uk))

EAST	Trampoline	Level 3	Sawston Sports Centre	Fleur Harrower 01223 712555	18 October, 1, 8, 15 November 2009
EAST	Trampoline	GMPD	Bounceability, Colchester	Rosie Amoss 07776 275029	7,8,21,22 November 2009
CANCELLED	Womens Artistic Gymnastics	Level 2 - UKCC	Norwich GC, Sale Road	Glenys Halford 01603 502976	18,31 October, 1,21,22 November 2009
EAST	Womens Artistic Gymnastics	Level 3	Norwich GC, Sale Road	Glenys Halford 01603 502976	7,8,14,15 November 2009
EAST	General Gymnastics	Level 3	Norwich GC, Sale Road	Glenys Halford 01603 502976	28,29 November & 4,5 December 2009
EAST	General Gymnastics	Level 1 - UKCC	Marriotts School, Stevenage	Tracey Royle 07968 327701	23 November, 7, 8 December 2009
EAST	Pre School	Level 2 - UKCC	Bury Spectrum, Bury, St Edmunds	Michelle Ellis 07775 020870	29 Nov, 12,13 Dec 2009 10,17 January 2010
EAST	Acrobatics	Level 3	Kings Lynn GC, Lynnsport Leisure Park	Michelle Ellis 07775 020870	7, 8, 14, 15 November 2009
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park Sports Centre, Bristol	Carolyn Devereux 07771 374035	30 January & 20,21 February 2010
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park School, Bristol	Carolyn Devereux 07771 374035	20 March & 17,18 April 2010
SOUTH WEST	Trampoline	Level 2 - UKCC	Ashton Park School, Bristol	Carolyn Devereux 07771 374035	10 July & 14,15 August & 11,12 Sept 2010
SOUTH WEST	Trampoline	Level 3	Strode College, Somerset	Carolyn Devereux 07771 374035	17,18,31 July 1,7 August 2010
SOUTH WEST	Trampoline	Level 4	Strode College, Somerset	Carolyn Devereux 07771 374035	17,18,31 July 1,7 August 2010
SOUTH WEST	Trampoline	Level 5	Strode College, Somerset	Carolyn Devereux 07771 374035	29,30,31 July 1,7,8 August 2010
SOUTH WEST	Pre School	Level 1 - UKCC	Swindon TBC	Carolyn Devereux 07771 374035	8 November, 5, 6 December 2009
SOUTH WEST	General Gymnastics	Level 1 - UKCC	Dorcan RC & Esprit Academy	Carolyn Devereux 07771 374035	8, 21, 22 November 2009
SOUTH WEST	Tumbling	Level 1 - UKCC	Gemini GC Day 1 & City of Bristol	Carolyn Devereux 07771 374035	21 November, 12, 13 December 2009
SOUTH WEST	Acrobatics	Level 1 - UKCC	Gemini GC, Nailsea	Carolyn Devereux 07771 374035	21 November Day 1, Day 2 & 3 TBC

(Application forms are available at [southwestgym.org.uk](http://southwestgym.org.uk))

SOUTH	General Gymnastics	Level 1 - UKCC	Abingdon GC, Berinsfield, Oxfordshire	Katie Irwin 07771 374037	25 October & 8,15 November 2009
SOUTH	Team Gym	Level 1	Basingstoke GC	Katie Irwin 07771 374037	25 October & 5,6 December 2009
SOUTH	Pre-School	Level 1 - UKCC	Phoenix GC	Katie Irwin 07771 374037	25 October & 22,28 November 2009
SOUTH EAST	Trampoline	Level 4	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	17,18 October 7,8 November 2009
SOUTH EAST	Trampoline	Level 1 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	31 October 14,21 November 2009
SOUTH EAST	General Gymnastics	Level 1 - UKCC	Leatherhead & Tolworth GC	Andy Piekarski 0208 224 2037	1,22,29 November 2009
SOUTH EAST	Artistic (plus WA module)	Level 1 - UKCC	Leatherhead & Tolworth GC	Andy Piekarski 0208 224 2037	1,22,29 November 2009
SOUTH EAST	GMPD	AOM	Avondale G.C.	Andy Piekarski 0208 224 2037	1, 15 November 2009
SOUTH EAST	Pre School	Level 1 - UKCC	Gymnastics Factory	Andy Piekarski 0208 224 2037	1,22,29 November 2009
LONDON	Womens Artistic	Level 4	Heathrow GC, Green lane, Hounslow	Vince Walduck 0208 569 5069	20,21,22 November & 4,5,6 December 2009
LONDON	Cycle 5 & 6 update	Level 1 update to UKCC	Sportac Gym, Fletham, Middx	Liz Awde 07775 020868	29 November 2009
LONDON	Cycle 5 & 6 update	Level 1 update to UKCC	Heathrow GC, Green Lane, Hounslow	Liz Awde 07775 020868	12 December 2009

## National Courses

Pre-School	Level 3	Lilleshall NSC	Dee Readhead 01630 657363	13, 14, 15 November 2009
Pre-School update club coach	Cycle 5 & Cycle 6 Level 3	Lilleshall NSC	Dee Readhead 01630 657363	13, 14, 15 November 2009
DMT	Level 3	Salford, Near Manchester	Cathy Page 0151 201 227	3 December
DMT	Level 3 Add On	Kingston College, Surrey	Maxine O'Reilly 0208 841 0061	25,26 October 2009
Trampoline	Level 5	Bracknell Trampoline Centre	Cathy Page 0151 201 2273	27,28,29 November 12,13 December 2009
Trampoline	Level 5	Strode College, Somerset	Carolyn Devereux 07771 374035	29,30,31 July 1,7,8 August 2010

## Judging Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES
SCOTLAND	Trampoline	Regional	Bells Sports Centre Perth	Andrea Milligan 01786 466232	30,31 January 2010
NORTH	Trampoline	Club	House of Sport, Durham University	Andrew Revell 0191 3347216	22,28 November 2009
NORTH	Trampoline	Club	House of Sport, Durham University	Andrew Revell 0191 3347216	23,24 January 2010
NORTH	Trampoline	Club	Cumbria TBC	Andrew Revell 0191 3347216	14,15 May 2010
NORTH	Trampoline	County	House of Sport, Durham University	Andrew Revell 0191 3347216	10,11 April 2010
NORTH	Trampoline	Regional	House of Sport, Durham University	Andrew Revell 0191 3347216	3,4 July 2010
WEST MIDLANDS	Trampoline	Club	Harris School Rugby	Richard Ollerenshaw 07751 235565	7,8 November 2009
SOUTH WEST	Womens Artistic	Regional	Bristol School of Gym&Bristol Hawks	Shirley Clements 0117 9429620	16 & 17 January 2010
SOUTH WEST	Trampoline	Club & County	TBA	Carolyn Devereux 07771 374035	30,31 January 2010
SOUTH WEST	Trampoline	Club & County	TBA	Carolyn Devereux 07771 374035	17,18 July 2010

SOUTH	Trampoline	Club & County	Basingstoke Gym Club	Katie Irwin 07771 374037	18,25 October 2009
SOUTH EAST	Trampoline	Club	HCC Hailsham Sussex	Liz Laws 01634 855507	18,19 October 2009
LONDON	Introductory Judge	Introductory	Lea Valley High School, Enfield	John Ransley 07739 936137	21 October 2009
LONDON	Introductory Judge	Introductory	Allstarz, New Addington, Croydon	John Ransley 07739 936137	31 October 2009
LONDON	Introductory Judge	Introductory	Langdon School, Tower Hamlets	John Ransley 07739 936137	3 November 2009

## National Judging Courses

Acrobatics	National	Norton Canes High School, Cannock	Andy Farley a.farley@sky.com	17th & 18th October 2009
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## Teachers' Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER + TELEPHONE NO.	DATES are 2009 unless stated otherwise
NORTH WEST	Trampoline	Level 1 & 2	Runcorn	Gill McGough 0151 471 7545	21,22,29 Nov, 5 Dec
YORKSHIRE	Trampoline	Level 1 & 2	Yorkshire	07510 554795	December TBC
EAST MIDLANDS	Trampoline	Level 1	Sutton in Ashfield	Ursula Hammond 0115 915 1512	2, 3 Nov
EAST MIDLANDS	Trampoline	Level 1 & 2	Nottinghamshire Trampoline Central	07510 554795	2,3,9 Dec
EAST	Trampoline	Level 1 & 2	Southend	07510 554795	22,23 October, 12,13 November
EAST	Trampoline	Refresher	Colchester	07510 554795	November TBC
SOUTH	Trampoline	Refresher	Southampton	Nick Ainsworth 02380 665483	20 October
SOUTH EAST	Trampoline	Level 1	Northfleet	Julie Baker 01622 203800 ext 279	7 & 8 December
LONDON	Trampoline	Level 1 & 2	Eltham	John l'Anson 07880 796174	12 - 15 November

## Award Scheme Courses

REGION	DISCIPLINE	VENUE	ORGANISER + TELEPHONE NO.	DATES
WEST MIDLANDS	Core proficiency award scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07793 512185	13 February 2010
WEST MIDLANDS	Core proficiency award scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07793 512185	18 April 2010
WEST MIDLANDS	Core proficiency award scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07793 512185	11 July 2010
EAST	Core proficiency award scheme	Sapphire, Hemel Hempstead	Annie Price 07747 535487	1 November 2009
SOUTH WEST	Core proficiency award scheme	Blandford Forum GC, Blandford Forum, Dorset	Sharon Morgan 07855 548404	25 October 2009
SOUTH WEST	Core proficiency award scheme	Esprit, Swindon	Katy Trussell 01793 822262	27 October 2009
SOUTH WEST	Core proficiency award scheme	Ivybridge Community College, Ivybridge	Helen Naylor 01392 420488	20 November 2009
SOUTH	Core proficiency award scheme	Kidlington Gym Club, Kidlington, Oxon	Katie Irwin 07771 374037	31 October 2009
SOUTH	Core proficiency award scheme	Berinsfield Gym Centre, Oxfordshire	Neil Moulster 01235 202450	1 November 2009
SOUTH	Core proficiency award scheme	Winslow GC, The Winslow Ctr, Park Road	Katie Irwin 07771 374037	28 November 2009
SOUTH	Trampoline Award Scheme	Chipping Norton School Gym	Fiona Middleton 01993 881389	7 November 2009

## S & PC Awareness/Club Management/Time to Listen Courses

REGION	LEVEL	VENUE	ORGANISER	DATES
NORTH WEST	S & PC Awareness	Training Foyer Ltd, Walken, Manchester 9.00-1.00pm	Angela Robson 01772 735649	29 November 2009
NORTH WEST	Time to Listen	Training Foyer Ltd, Walken, Manchester 1.30- 5.00pm	Angela Robson 01772 735649	29 November 2009
YORKSHIRE	S & PC Awareness	John Charles Centre for Sport, Leeds	Judy Clark 01423 883131	21 October 2009
WALES	Time to Listen	Welsh Institute of Sport, Cardiff	Kerrie Warrington 02920 431244	08 November 2009
EAST MIDLANDS	S & PC Awareness	Hinckley Gym Club	Alan Price 07739 512166	18 October 2009
EAST MIDLANDS	Time to Listen	Loughborough University	Alan Price 07739 512166	01 November 2009
EAST	S & PC Awareness	Berkhamsted Gym Club, Hertfordshire	Lynsey Palframan 07739 512168	25 October 2009
EAST	S & PC Awareness	TBC	Lynsey Palframan 07739 512168	06 December 2009
SOUTH	S & PC Awareness	Oxford Road Community Centre, Reading	Katie Irwin 07771 374037	07 February 2010
SOUTH	Time to Listen	Oxford Road Community Centre, Reading	Katie Irwin 07771 374037	07 February 2010
LONDON	Time to Listen	Heathrow Gym Club, Hounslow 9.30 - 1.30	June Tatch 02085 291142	25 October 2009
LONDON	S & PC Awareness	Richmond Gym Association, Kew	Elizabeth Awde 07775 020868	27 October 2009
LONDON	S & PC Awareness	Falcon Spartak Gym Club, Kent	Elizabeth Awde 07775 020868	01 November 2009