



# Club Newsletter

## Informing our clubs...

### GymMark

The introduction of Sport England's "Clubmark" has encouraged British Gymnastics to adopt set core criteria as its own, to enable gymnastics clubs to work towards nationally recognised accreditation. GymMark therefore is our club accreditation scheme that recognises a quality club. The key phrase for British Gymnastics is "safe, effective and child-friendly".

To date, 455 Clubs have obtained GymMark with 239 Clubs working towards it.

### Newly Accredited Clubs

Congratulations to clubs newly accredited with **GymMark**

**West Midlands**  
The Mill SoG

**Yorkshire**  
City of Leeds GC

**Wales**  
Freefallers TC  
West Street GC

**Scotland**  
Phoenix Forfar GC

Congratulations to clubs passing their annual **GymMark** assessment

**South**  
Fox GC  
MK Springers

**South East**  
Brighton & Hove GC

**West Midlands**  
Telford GC  
Rugby GC

**East**  
Falcon SAC  
Sapphire SoG Ltd

**Yorkshire**  
Sheffield Workshop  
Barnsley Premier GC

**North**  
Ingleby GC

Congratulations to clubs passing a "new round" of **GymMark** accreditation

Rowan GC



### CCPR Policy Updates

CCPR (Central Council of Physical Recreation) is the national alliance of governing and representative bodies of sport and recreation, and exists to protect, promote and provide for its members. On the British Gymnastics website is a link to all the latest CCPR Policy Updates. These can be accessed by clicking on 'Club Support'.

### Fund-raising opportunity for Gymnastics Clubs - Just Giving...

**T**here are around 50 gymnastics clubs registered as **Community Amateur Sports Clubs (CASCs)**, but there could be many more.

The main reason more aren't registered is because the scheme's main benefit is rate relief, and most gymnastics clubs don't own their facilities. but now a new opportunity has come along that will benefit every club, including yours!

Just Giving, the fundraising website, has contacted Sport England and CCPR with a fantastic opportunity to clubs to make much more of their money through Gift Aid. They are offering the same services to CASCs as they do to charities but – for the first time ever – free of charge. They process donations and all Gift Aid claims for you, so you don't have to do any administration, and send a cheque to your club every week. It really is that simple. As long as the club is a registered CASC, then all you have to do is sign up to their website. Each club gets its own page, which acts as a website for the club

### NEW BG New Resource & Awards

**spiritawards**  
**cheerleading**

The British Gymnastics **Cheerleading Spirit Resources and Awards** are now available. Developed in conjunction with cheerleading specialists from UKCA, the resources support Coaches and Teachers in Clubs, Schools and Leisure Centres and are suitable for both Primary and Secondary school aged children.

The scheme includes both "Cheer" and "Pom Dance" and model routines are included at higher levels. The resource includes workcards, DVD and wall charts. Badges and Certificates are available to encourage, motivate and reward.



### Next Step

Two additional **Next Step Competition** modules are now available from Gymnastics Enterprises - **Cheerleading** and **Acrobatic Gymnastics**.

These discipline specific resources provide specific routines and guidelines on how to set up and judge a competition and advice on developing skills and managing and running competitions. These modules form part of the Next Step range of resources that are appropriate for use in Schools, Clubs and Leisure Centres. They have been developed specifically to support the activities of Competition Managers, Partnership Development Managers, Secondary Schools, Clubs, Colleges and School Sports Partnerships.

For more information contact: Gymnastics Enterprises Ltd, Unit 1, Lilleshall Hall Farm, Newport, Shropshire TF10 9AS.  
Tel: 0845 1297129 ext: 2355 Fax: 01952 822456  
email: awardschemes@british-gymnastics.org

too. Charities have raised more than £500 million through the website, and sports clubs could raise millions too. For every donated pound, HMRC will give you 28p in Gift Aid.

This is a great opportunity for all sports clubs, but particularly for gymnastics clubs as it means the CASC scheme can benefit them. Visit <http://charities.justgiving.com/justgiving-for-casc/> to see how to get the best for your club. If your club isn't a CASC, CCPR run the [www.cascinfo.co.uk](http://www.cascinfo.co.uk) website with all the relevant information, and help is available all the way through the process.

If you have any questions about this initiative, or about the CASC scheme, get in touch with Dominic Goggins at CCPR through [dgoggins@ccpr.org.uk](mailto:dgoggins@ccpr.org.uk) or 0207 976 3903.

# Education Supplement

Including Coaching, Judging, Child Protection,  
Club Management and Time to Listen Courses

## From November|09



Please refer to [www.british-gymnastics.org](http://www.british-gymnastics.org) for further details on the Coach Education course structure. Click onto the coaching section and into 'Qualifications'.

If there is not a course advertised in your region for the discipline or level you require, click on 'Coaching', then 'Contacts', to display contact details in your region.

### Coaching Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER	DATES
SCOTLAND	Trampoline	Level 5	Craigwillow Sports Centre	Andrea Milligan 01786 466232	13 February, 13 March, 3,4 April, 19 June 2010
SCOTLAND	Trampoline	Level 2 - UKCC	The Playdrome, Clydebank	Andrea Milligan 01786 466232	20 February, 10,11 April, 1,2 May 2010
SCOTLAND	Trampoline	Level 2 - UKCC	Banks O'Dee Sports Centre, Aberdeen	Andrea Milligan 01786 466232	7,27,28 March, 17,18 April 2010
SCOTLAND	General Gymnastics	Level 1 - UKCC	Craig McLean Centre	Andrea Milligan 01786 466232	5 December 2009, 9, 10 January 2010
SCOTLAND	General Gymnastics	Level 1 - UKCC	Bellahouston Sports Centre	Laura Irwin 01786 466232	9, 23, 24 January 2010
SCOTLAND	General Gymnastics	Level 1 - UKCC	Bells Sports Centre, Perthshire	Andrea Milligan 01786 466232	20 March, 10, 11 April 2010
SCOTLAND	General Gymnastics	Level 2 - UKCC	Meadowbank Sports Centre, Edinburgh	Laura Irwin 01786 466232	21 March, 10, 11 April, 15, 16 May 2010
SCOTLAND	Women's Artistic	Level 4	Airthrey Castle, Stirling & Auchterarder GC & Bellahouston GC	Laura Irwin 01786 466232	15,16,17 Jan & 12,13,14 Feb 2010
SCOTLAND	Women's Artistic	Level 2 - UKCC	Spiers Ctr, Clackmannanshire	Laura Irwin 01786 466232	6,20,21 February & 7,14 March 2010
SCOTLAND	Gymnastics	GMPD Add on module	Jack Kane Sports Ctr, Edinburgh	Laura Irwin 01786 466232	19 & 20 December 2009
SCOTLAND	Pre School	Level 1 - UKCC	Zippy's GC, Thornbank	Laura Irwin 01786 466232	14, 28 November, 5 December 2009
SCOTLAND	Acrobatics	Level 1 - UKCC	Zippy's GC, Thornbank	Laura Irwin 01786 466232	22 Nov, 12, 13 Dec 2009
SCOTLAND	Cycle 5 & Cycle 6 update	Level 1 update - UKCC	Craigwillow Sports Centre	Laura Irwin 01786 466232	30 January 2010
N IRELAND	Trampoline	Level 1 - UKCC	Antrim Forum, Co Antrim	Ann Marie Barr 07762 021752	28 November, 12,13 December 2009
NORTH	Trampoline	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November, 12,13 December 2009
NORTH	Trampoline	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	30 January 2010
NORTH	Trampoline	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Trampoline	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15,16,17,18,19 February 2010
NORTH	Trampoline	Level 1 - UKCC	Billingham GC	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Trampoline	GMPD Add on module	Pennywell GC	Andrew Revell 0191 3347216	1,2 May 2010
NORTH	Trampoline	Level 1 - UKCC	Pennywell GC & Washington	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Trampoline	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5 June & 19,20 June & 10,11 July 2010
NORTH	Trampoline	Level 4	Pennywell GC & Washington	Andrew Revell 0191 3347216	8,9,10,15,16,17 January 2010
NORTH	General Gymnastics	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	General Gymnastics	Level 1 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	General Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	General Gymnastics	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15,16,17,18,19 February 2010
NORTH	General Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	General Gymnastics	Level 1 - UKCC	Pennywell Ctr & Biddick GC	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	General Gymnastics	Level 2 - UKCC	Pennywell Ctr & Biddick GC	Andrew Revell 0191 3347216	5 June & 11,19,20 June & 10 July 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	The Sands Centre, Carlisle, Cumbria	Andrew Revell 0191 3347216	6,20,21 February 2010
NORTH	Women's Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Women's Artistic	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15,16,17,18,19 February 2010
NORTH	Artistic Gymnastics	Level 1 - UKCC	Billingham, Hartlepool	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Mens Artistic Gymnastics	Level 2 - UKCC	Carlisle GC	Andrew Revell 0191 3347216	6,20,21 February & 13,14 March 2010
NORTH	Mens Artistic Gymnastics	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15,16,17,18,19 February 2010
NORTH	Tumbling Gymnastics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Acrobatics	Level 1 - UKCC	South Tyneside GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	General Gymnastics	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15,16,17,18,19 February 2010
NORTH	Acrobatics	Level 1 - UKCC	Billingham GC & Grangefield	Andrew Revell 0191 3347216	3,17,18 April 2010
NORTH	Acrobatics	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5 June & 11,19,20 June & 10 July 2010
NORTH	Pre-School	Level 3	House of Sport & venue TBC	Andrew Revell 0191 3347216	15,16,17,18,19 February 2010
NORTH	Pre-School	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Pre-School	Level 2 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June & 10,11 July 2010
NORTH	TeamGym Gymnastics	Level 1 - UKCC	South Durham GC	Andrew Revell 0191 3347216	29 November & 12,13 December 2009
NORTH	Rhythmic Gymnastics	Level 1 - UKCC	Pennywell GC & Biddick	Andrew Revell 0191 3347216	5,19,20 June 2010
NORTH	Cycle 5 & Cycle 6 update	Level 1 update - UKCC	Carlisle GC	Andrew Revell 0191 3347216	23 January 2010
NORTH	Cycle 5 & Cycle 6 update	Level 1 update - UKCC	Pennywell GC	Andrew Revell 0191 3347216	22 May 2010
<b>(Application forms for North courses are available at <a href="http://www.northgymnastics.org.uk">www.northgymnastics.org.uk</a>)</b>					
NORTH WEST	General Gymnastics	Level 1 - UKCC	Focus GC, Runcorn	George Newell 01942 861747	Day 1 & 22 & 29 November 2009
NORTH WEST	Acrobatics	Level 1 - UKCC	Wigan Seagulls, Wigan	Pete Daulby 01942 515338	Day 1 & 14,15 November 2009
NORTH WEST	Rhythmic	Level 1 - UKCC	TBC	Helen Wallis 07824 591562	Day 1 & 14,15 November 2009
NORTH WEST	Women's Artistic	Level 3	Wigan GC & Sandbach GC	Mike Lea 0775 4537991	14,15,21,29 November & 13 December 2009
YORKSHIRE	General Gymnastics	Level 2 - UKCC	Carnegie Gym Centre, Leeds	Carnegie Coaching 0113 812 7437	7, 20, 21 March, 17, 18 April 2010
YORKSHIRE	General Gymnastics	Level 1 - UKCC	Carnegie Gym Centre, Leeds	Carnegie Coaching 0113 812 7437	24 January 13, 14 February 2010
YORKSHIRE	Women's Artistic	Level 2 - UKCC	Carnegie Gym Centre, Leeds	Carnegie Coaching 0113 812 7437	30 January, 20, 21 February, 27, 28 March 2010

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER	DATES
YORKSHIRE	Women's Artistic	Level 3	Diamonds GC, Keith Whitaker, Halifax	Carnegie Coaching 0113 812 7437	28,29,30,31 March & 1 April 2010
YORKSHIRE	Women's Artistic	Level 4	Diamonds GC, Keith Whitaker, Halifax	Carnegie Coaching 0113 812 7437	28,29,30,31 March & 1 April 2010
YORKSHIRE	Tumbling	Level 2 - UKCC	Wakefield GC, Wakefield	Carnegie Coaching 0113 812 7437	6, 27, 28 Feb & 3, 4 April 2010
YORKSHIRE	TeamGym	Level 3	Diamonds GC, Keith Whitaker, Halifax	Carnegie Coaching 0113 812 7437	28, 29, 30, 31 March, 1 April 2010
CANCELLED	Women's Artistic	Level 2 - UKCC	South of region TBC	Kerrie Warrington 02920 431240	21 Nov & 5, 6 Dec 2009 & 9, 10 January 2010
WALES	Artistic	Level 1 - UKCC	Maes Glas Sports Hall, Bangor	Kerrie Warrington 02920 431240	10,23,24 January 2010
WALES	Trampoline	Level 1 - UKCC	Maes Glas Sports Hall, Bangor	Kerrie Warrington 02920 431240	14 November, 9,17 January 2010
WALES	Pre School	Level 2 - UKCC	Bishopston Sports Centre, Swansea	Kerrie Warrington 02920 431240	13 Dec 2009; 23, 24 Jan; 13, 14 Feb 2010
WEST MIDLANDS	Artistic Gymnastics (inc. beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	jae.chambers-dowsing@gymnasticsengland.org	16 January & 6,7 February 2010
WEST MIDLANDS	Artistic Gymnastics (inc. beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739 512185	16,29,30 May 2010
WEST MIDLANDS	Women's Artistic	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739 512185	14,27,28 February & 20,21 March 2010
WEST MIDLANDS	Women's Artistic	Level 2 - UKCC	GMAC Ctr, Birmingham	jae.chambers-dowsing@gymnasticsengland.org	13,26,27 June & 17,18 July 2010
WEST MIDLANDS	Artistic Gymnastics (including beam module)	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	31 October & 20,21 November 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	Stoke on Trent GC, Burslem	Martin Cox 01827 53607	29 November, 12, 13 December 2009
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	16 January & 6,7 February 2010
WEST MIDLANDS	General Gymnastics	Level 2 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	14, 27, 28 February & 20,21 March 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	Jae Chambers-Dowsing 07739512185	16, 29, 30 May 2010
WEST MIDLANDS	General Gymnastics	Level 2 - UKCC	GMAC Ctr, Birmingham	jae.chambers-dowsing@gymnasticsengland.org	13,26, 27 June, 17 & 18 July 2010
WEST MIDLANDS	General Gymnastics	Level 1 - UKCC	GMAC Ctr, Birmingham	jae.chambers-dowsing@gymnasticsengland.org	31 October, 20, 21 November 2010
WEST MIDLANDS	Pre School	Level 1 - UKCC	Wyre Forest Gym Club, Kidderminster	Louise Hodges 07734 805 128	31 January, 16, 17 February 2010
WEST MIDLANDS	Trampoline	Level 1 - UKCC	Wilnecote High School, Tamworth	Paul Coates 07809 883235	9 January 2010, 20,21 February 2010
WEST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	Wood Green College, Wednesbury	Jae Chambers-Dowsing 07739 512185	10 January 2010
WEST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	Wood Green College, Wednesbury	Jae Chambers-Dowsing 07739 512185	9 May 2010
EAST MIDLANDS	General Gymnastics	GMPD add on module	Coalville GC	Alan Price 07739 512166	TBC 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	Leicester	Alan Price 07739 512166	December 2009 / January 2010
EAST MIDLANDS	General Gymnastics	Level 1 - UKCC	TBC	Alan Price 07739 512166	February / March 2010
EAST MIDLANDS	Women's Artistic	Level 3	Coalville GC	Alan Price 07739 512166	5,6,12,13 December 2009 & 9,10 January 2010
EAST MIDLANDS	Women's Artistic	Level 2 - UKCC	New College, Leicester & Hinckley GC	Alan Price 07739 512166	24 Jan & 20,21 Feb & 13,14 March 2010
EAST MIDLANDS	Artistic (plus WA add on module)	Level 1 - UKCC	New College, Leicester & Hinckley GC	Alan Price 07739 512166	24 April & 22,23 May 2010
EAST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	Workshop College, Worksop, Notts	Alan Price 07739 512166	22 November 2009
EAST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	Workshop College, Worksop, Notts	Alan Price 07739 512166	29 November 2009
EAST MIDLANDS	Cycle 5 & 6 update	Level 1 update to UKCC	Workshop College, Worksop, Notts	Alan Price 07739 512166	6 December 2009
<b>(Application forms for East Midlands courses are available at www.emgymnastics.org.uk)</b>					
EAST	Trampoline	Level 1 - UKCC	Sawston Village SC, Cambridge	Michelle Ellis 07775 020870	17 January, 6,7 February 2010
EAST	Artistic	Level 1 - UKCC	Colchester School of Gym, Colchester	Michelle Ellis 07775 020870	30 December 2009 & 17,24 January 2010
CANCELLED	General Gymnastics	Level 3	Norwich GC, Sale Road, Norwich	Glenys Halford 01603 502976	28,29 November & 4,5 December 2009
EAST	General Gymnastics	Level 1 - UKCC	Marriotts School, Stevenage	Tracey Royl 07968 327701	23 November, 7, 8 December 2009
CANCELLED	Pre School	Level 2 - UKCC	Bury Spectrum, Bury, St Edmunds	Michelle Ellis 07775 020870	29 Nov, 12, 13 Dec 2009 10, 17 January 2010
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park Sports Centre, Bristol	Carolyn Devereux 07771 374035	30 January & 20,21 February 2010
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park School, Bristol	Carolyn Devereux 07771 374035	20 March & 17,18 April 2010
SOUTH WEST	Trampoline	Level 1 - UKCC	Ashton Park School, Bristol	Carolyn Devereux 07771 374035	18 April & 2,9 May 2010
SOUTH WEST	Trampoline	Level 2 - UKCC	Princess Royal Sports Complex, Somerset	Carolyn Devereux 07771 374035	31 Jan & 21,27,28 Feb & 3,4 April 2010
SOUTH WEST	Trampoline	Level 2 - UKCC	Ashton Park School, Bristol	carolyn.devereux@british-gymnastics.org	10 July & 14,15 August & 11,12 Sept 2010
SOUTH WEST	Trampoline	Level 3	Strode College, Somerset	Carolyn Devereux 07771 374035	17,18,31 July 1,7 August 2010
SOUTH WEST	Trampoline	Level 4	Strode College, Somerset	Carolyn Devereux 07771 374035	17/18,31 July 1,7,8 August 2010
SOUTH WEST	Trampoline	Level 5	Strode College, Somerset	Carolyn Devereux 07771 374035	29,30,31 July 1,7,8 August 2010
SOUTH WEST	Tumbling	Level 1 - UKCC	Gemini GC Day 1 & City of Bristol, Hartcliffe, Bristol Day 2 & 3	Carolyn Devereux 07771 374035	21 November, 12, 13 December 2009
SOUTH WEST	Acrobatics	Level 1 - UKCC	Gemini GC, Nailsea	Carolyn Devereux 07771 374035	21 November, 24, 30 January 2010
<b>(Application forms for South West courses are available at www.southwestgym.org.uk)</b>					
SOUTH	Acrobatics	Level 1 - UKCC	Oxford School of Gym	Katie Irwin 07771 374037	7,27,28 March 2010
SOUTH	Acrobatics	Level 2 - UKCC	Romsey GC	Katie Irwin 07771 374037	March - May 2010
SOUTH	Trampoline	Level 1 - UKCC	Carisbrooke High School, IOW	Katie Irwin 07771 374037	14,28,29 November 2009
SOUTH	Trampoline	Level 1 - UKCC	TBC	Katie Irwin 07771 374037	24 January & 20,21 February 2010
SOUTH	Trampoline	Level 1 - UKCC	Brockenhurst College,	Katie Irwin 07771 374037	March - June 2010
SOUTH	Trampoline	Level 1 - UKCC	Kingston GC, Milton Keynes	Katie Irwin 07771 374037	May - June 2010
SOUTH	Trampoline	Level 2 - UKCC	Cotswold SC, Tilehurst, Reading	Katie Irwin 07771 374037	20 March & 3,4 April & 8,9 May
SOUTH	General Gymnastics	Level 2 - UKCC	Cotswold SC, Tilehurst, Reading	Katie Irwin 07771 374037	9, 23,24 January & 13,14 February 2010
SOUTH	General Gymnastics	Level 1 - UKCC	Carisbrooke High School, IOW	Katie Irwin 07771 374037	29 March - July 2010
SOUTH	Cycle 5 & 6 update	Level 1 update to UKCC	Oxford Road Community Ctr	Katie Irwin 07771 374037	20 February 2009
SOUTH EAST	Trampoline	Level 1 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	17,31 January 14 February 2010
SOUTH EAST	Trampoline	Level 1 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	27 January 3,17 April 2010
SOUTH EAST	Trampoline	Level 2 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	31 January 14,20 February 14,20 March 2010
SOUTH EAST	Trampoline	Level 2 - UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	14 March 10,11 April 2,15 May 2010
SOUTH EAST	Trampoline	GMPD add on module	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	13,14 March 2010
SOUTH EAST	Trampoline	Level 3	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	17,31 January 13,14 February 2010
SOUTH EAST	Trampoline	Level 4	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	17,18 March 8,9 April 2010
SOUTH EAST	Cycle 5 & 6 update	Level 1 update to UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	30 January 2010
SOUTH EAST	Cycle 5 & 6 update	Level 1 update to UKCC	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	13 March 2010
LONDON	Women's Artistic	Level 4	Heathrow GC, Green Lane, Hounslow	Vince Walduck 0208 569 5069	20,21,22 November & 4,5,6 December 2009
LONDON	Cycle 5 & 6 update	Level 1 update to UKCC	Sportac Gym, Fletcham, Middx	Liz Awde 0777 5020868	29 November 2009
LONDON	Cycle 5 & 6 update	Level 1 update to UKCC	Heathrow GC, Green Lane, Hounslow	Liz Awde 0777 5020868	12 December 2009
LONDON	Trampoline	GMPD	Newham Leisure Centre, Plaistow	Liz Awde 0777 5020868 1	6,17,30 November 1 December 2009

### National Courses

Pre-School	Level 3	Lilleshall NSC	Dee Readhead 01630 657363	13, 14, 15 November 2009
Pre-School update club coach	Cycle 5 to 6 Level 3	Lilleshall NSC	Dee Readhead 01630 657363	13, 14, 15 November 2009
DMT	Level 3 Add On	Grange Road West SC, Birkenhead	Cathy Page 0151 201 2273	5,6 December 2009
DMT	Level 3 Add On	Banchory Sports Centre, Aberdeen	Andrea Milligan 01786 466232	6,7 February 2010
Trampoline	Level 5	Bracknell Trampoline Centre	Cathy Page 0151 201 2273	27,28,29 November 12,13 December 2009
Trampoline	Level 5	Strode College, Somerset	Carolyn Devereux 07771 374035	29,30,31 July 1,7,8 August 2010
Trampoline	Level 5	Craigwillow Sports Centre	Andrea Milligan 01786 466232	13 February 13 March 3,4 April 19 June 2010

## Judging Courses

REGION	DISCIPLINE	LEVEL	VENUE	ORGANISER	DATES
SCOTLAND	Trampoline	Regional	Bells Sports Centre, Perth	Andrea Milligan 01786 466232	30,31 January 2010
NORTH	Trampoline	Club	House of Sport, Durham University	Andrew Revell 0191 3347216	22,28 November 2009
NORTH	Trampoline	Club	House of Sport, Durham University	Andrew Revell 0191 3347216	23,24 January 2010
NORTH	Trampoline	Club	Cumbria TBC	Andrew Revell 0191 3347216	14,15 May 2010
NORTH	Trampoline	County	House of Sport, Durham University	Andrew Revell 0191 3347216	10,11 April 2010
NORTH	Trampoline	Regional	House of Sport, Durham University	Andrew Revell 0191 3347216	3,4 July 2010
YORKSHIRE	Introductory Judge	Introductory	Oasis Academy, Grimsby	Louise Warville 07825 621290	17 February 2010
EAST	Introductory Judge	Introductory	Marriots, Stevenage, Hertfordshire	Tracey Royle 07968 327701	6 January 2010
SOUTH WEST	Women's Artistic	Regional	Bristol School of Gym & Bristol Hawks	Shirley Clements 0117 9429620	16 & 17 January 2010
SOUTH WEST	Trampoline	Club & County	TBA	Carolyn Devereux 07771 374035	30,31 January 2010
SOUTH WEST	Trampoline	Club & County	TBA	Carolyn Devereux 07771 374035	17,18 July 2010
SOUTH WEST	Floor and Vault	Level 1	Crispin School, Street, Somerset	Hazel Yates 07941 245 156	13 December 2009
SOUTH	Introductory Judge	Introductory	Havant, Hampshire	Naomi Lewis 07854 772629	9 December 2009
SOUTH EAST	Trampoline	Club	Jumpers Rebound Centre Gillingham	Liz Laws 01634 855507	27,28 February 2010
SOUTH EAST	Trampoline	Club	Jumpers Rebound Centre Gillingham	Liz Laws 01634 855507	1,2 May 2010
SOUTH EAST	Introductory Judge	Introductory	Kent	Lynn Potter 07739 512206	19 November 2009
SOUTH EAST	Introductory Judge	Introductory	Kent	Lynn Potter 07739 512206	8 December 2009
SOUTH EAST	Introductory Judge	Introductory	Kent	Lynn Potter 07739 512206	20 & 27 January 2010
SOUTH EAST	Introductory Judge	Introductory	Kent	Lynn Potter 07739 512206	25 February 2010
LONDON	DMT	County	Shepperton, Middlesex	Linda Lawrie	12 December 2009

## Teachers' Courses

NORTH WEST	Trampoline	Level 1 & 2	Runcom	Gill McGough 0151 471 7545	21,22,29 Nov, 5 Dec
YORKSHIRE	Trampoline	Level 1 & 2	Yorkshire	Trampoline Central 07510 554795	16,17 Dec 2009 & 13, 14 Jan 2010
EAST MIDLANDS	Trampoline	Level 1 & 2	Nottinghamshire	Trampoline Central 07510 554795	2,3,9 December
EAST MIDLANDS	Trampoline	Level 1	Benham Arena, Northampton	Mandy Daybles 01536 512609	28,29 Jan 2010
EAST MIDLANDS	Trampoline	Refresher	Benham Arena, Northampton	Mandy Daybles 01536 512609	26 March 2010
EAST MIDLANDS	Trampoline	Level 1	Benham Arena, Northampton	Mandy Daybles 01536 512609	28 May, 7 June 2010
EAST MIDLANDS	Trampoline	Level 2	Benham Arena, Northampton	Mandy Daybles 01536 512609	15, 16 July 2010
EAST	Trampoline	Level 2	Luton	Karen Abell 07876 034929	2,3 December
EAST	Gymnastics	Introductory	Stevenage	Tracey Royle 07968 327701	4,5 January 2010
SOUTH WEST	Trampoline	Refresher	Callington, Cornwall	Michelle Roberts 01579 386120	2 December 09
SOUTH WEST	Trampoline	Level 1 & 2	Gloucester	Sam Kloos 01242 715204	7, 8 Dec 09 & 8, 9 Jan 2010
SOUTHWEST	Trampoline	Refresher	Gloucester	Sam Kloos 01242 715204	9 December 09
SOUTHWEST	Trampoline	Refresher	Gloucester	Sam Kloos 01242 715204	23 June 2010
SOUTHWEST	Trampoline	Level 1 & 2	Gloucester	Sam Kloos 01242 715204	24, 25 June & 9, 10 July 2010
SOUTHEAST	Trampoline	Level 1	Northfleet	Julie Baker 01622 203800 ext 279	7 & 8 December
SOUTHEAST	Gymnastics	Primary	Ashford	Lynn Potter 07739 512206	29 June, 6 July
LONDON	Trampoline	Level 1 & 2	Eltham	John l'Anson 07880 796174	12 - 15 November
LONDON	Trampoline	Level 1 & 2	Twickenham	Cindy Croucher-Wright 0208 240 4321	24, 31 Jan & 7 Feb 2010

## Award Scheme Courses

REGION	DISCIPLINE	VENUE	ORGANISER	DATES
NORTH WEST	Trampoline Award Scheme	Barlow RC High School, East Didsbury	Lynsey McIntosh 07727 013556	5 December 2009
WALES	Trampoline Award Scheme	Bishopston Comp School, Swansea	Elizabeth Vernon 01792 235396	15 November 2009
WEST MIDLANDS	Core Proficiency Award Scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07793 512185	13 February 2010
WEST MIDLANDS	Core Proficiency Award Scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07793 512185	18 April 2010
WEST MIDLANDS	Core Proficiency Award Scheme	GMAC, Birmingham	Jae Chambers-Dowsing 07793 512185	11 July 2010
SOUTH WEST	Core Proficiency Award Scheme	Ivybridge Com College, Ivybridge	Helen Naylor 01392 420488	20 November
SOUTH WEST	Trampoline Award Scheme	Princess Royal Sports Complex, Somerset	Carolyn Devereux 07771 374035	24 January 2010
SOUTH	Core Proficiency Award Scheme	Winslow GC, Winslow, Bucks	Katie Irwin 07771 374037	28 November 2009
SOUTH EAST	Trampoline Award Scheme	Jumpers Rebound Centre, Gillingham	Liz Laws 01634 855507	3 April 2010

## S &amp; PC Awareness/Club Management/Time To Listen

NORTH WEST	S & PC Awareness	Training Foyer Ltd, Walken, Manchester	9.00-1.00pm	Angela Robson 01772 735649	29 November 2009
	Time to Listen	Training Foyer Ltd, Walken, Manchester	1.30-5.00pm	Angela Robson 01772 735649	29 November 2009
WALES	Club Management	UWIC Cyncoed Campus, Cardiff		Kerrie Warrington 02920 431244	22 November 2009
WEST MIDLANDS	S & PC Awareness	Wood Green High School, Wednesbury		Jae Chambers-Dowsing 07739 512185	21 November 2010
	Time to Listen	Wood Green High School, Wednesbury		Jae Chambers-Dowsing 07739 512185	21 November 2010
	Club management	Wood Green High School, Wednesbury		Jae Chambers-Dowsing 07739 512185	16 January 2010
	S & PC Awareness	Wood Green High School, Wednesbury	9.00 - 1.00pm	Jae Chambers-Dowsing 07739 512185	16 January 2010
	Time to Listen	Wood Green High School, Wednesbury	1.30-5.00pm	Jae Chambers-Dowsing 07739 512185	16 January 2010
EAST MIDLANDS	S & PC Awareness	Witham Hill Gymnastics, Lincoln		Alan Price 07739 512166	28 November 2009
	S & PC Awareness	Wade Gymnastics Club, Banbury		Alan Price 07739 512166	16 January 2010
EAST	S & PC Awareness	Norwich Gym Club, Norfolk		Michelle Ellis 07775 020870	22 November 2009
	S & PC Awareness	TBC		Lynsey Palfaman 07739 512168	6 December 2009
	Time to Listen	Marriotts Gym Club, Hertfordshire		Michelle Ellis 07775 020870	13 December 2009
SOUTH	Club Management	Dovedale Sports Centre, Chelmsford		Michelle Ellis 07775 020870	24 January 2010
	S & PC Awareness	Oxford Road Community Centre, Reading		Katie Irwin 07771 374037	7 February 2010
LONDON	Time to Listen	Oxford Road Community Centre, Reading		Katie Irwin 07771 374037	7 February 2010
	S & PC Awareness	Haringay Club, Hornsey		Elizabeth Awde 07775 020868	28 November 2009
	S & PC Awareness	Dartford Tech College, Dartford	9.30 - 1.00pm	Linda Bellingham 01322 409312	29 November 2009
	Time to Listen	Dartford Tech College, Dartford	1.30 - 5.00pm	Linda Bellingham 01322 409312	29 November 2009
LONDON	S & PC Awareness	Heathrow Gym Club, Hounslow		Elizabeth Awde 07775 020868	9 January 2010
	S & PC Awareness	Heathrow Gym Club, Hounslow		Elizabeth Awde 07775 020868	9 January 2010